

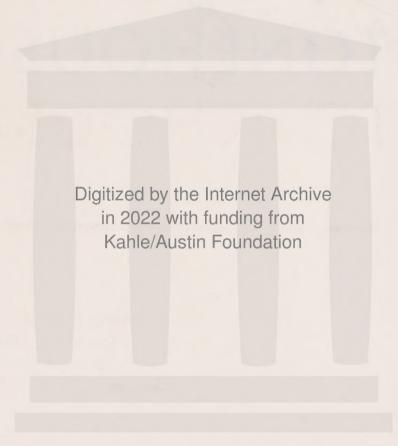
The Zen Works of Stonehouse

Poems and Talks of a 14th-Century Chinese Hermit

translated by RED PINE



the ZEN PUBLIC LIBRARY OF STONEHOLDSE



the ZEN WORKS of STONEHOUSE

Poems and Talks of a Fourteenth-Century Chinese Hermit, Translated by Red Pine

> COUNTERPOINT BERKELEY

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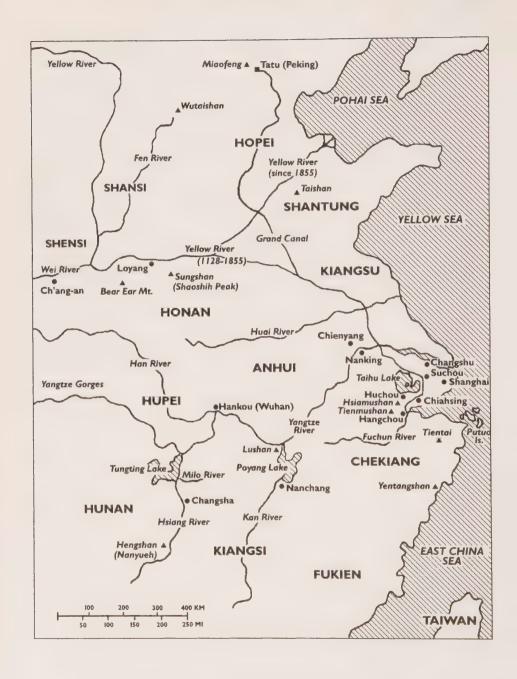
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More than a decade ago, while I was working on a translation of the poems of Cold Mountain, I carried around an edition published by Taipei's Hsinwenfeng Publishing House that included the poems of several other Chinese Buddhist poets. When I finished Cold Mountain's last poem, I turned the page and found the Mountain Poems of Stonehouse. I liked them so much I translated them as well, and in 1986 I published a limited edition of hand-bound copies with my friends at Empty Bowl. While I was preparing an introduction for that edition, I came across a second volume of Stonehouse's poems entitled Gathas, as well as a record of his Zen Talks in the archives of Taiwan's Central Library. With the help of a grant from the National Endowment for the Arts. I was able to devote most of 1987 to translating the Gathas but have delayed their separate publication, hoping to publish all three of Stonehouse's surviving works in one volume. Having finally found the opportunity to do so, I have revised my earlier work, added additional notes, and have also revised the introduction that follows. I have included the Chinese text of the poems as well so that others might make use of this book in their study of classical Chinese or Yuan-dynasty vernacular.

> Red Pine Port Townsend, Washington Thanksgiving, Year of the Rat



INTRODUCTION

Stonehouse AB was born in 1272 in the town of Changshu, not far from where the Yangtze empties into the East China Sea. He took his name from a cave at the edge of town. The cave was on Yushan, which was named for Yu Chung-wei, whose nephew founded the Chou dynasty in North China around 1100 BC. This is where the uncle was buried. Yushan is also known for its pine trees, its rock formations, and its springs, in particular a spring that flows out of a cave as big as a house. Locals call the cave Shihwutung, or "Stonehouse Cave." This part of the mountain was also frequented by the painter Huang Kung-wang, whose work appears on the cover. Huang was born in Changshu three years before Stonehouse, and by the time he died, four years after Stonehouse, he was regarded as one of the greatest painters of the Yuan dynasty. Among Huang's favorite subjects were the scenes of Yushan, and he was buried just beyond the cave that also impressed a young Buddhist novice, if not with its beauty then perhaps with its serenity.

The cave was located at the western end of Yushan. At the eastern end was Hsingfu Temple. First built at the end of the fifth century, Hsingfu was one of the great monastic centers south of the Yangtze. Buddhist historians liken it to Hangchou's Lingyen Temple, Chenchiang's Chinshan Temple, and Changchou's Tienning Temple. In 1292, Stonehouse became a novice there under Master Yungwei, and three years later, he was formally ordained and given the Buddhist name Ch'ing-hung 清珠.

One day not long after his ordination, Stonehouse saw a monk walk past his door wearing a straw hat and carrying a hiking staff. Stonehouse asked the monk where he was going. The monk said he was going to the Tienmu Mountains to see Master Kao-feng, who was one of the great Zen masters of the age, and he asked Stonehouse to join him. Stonehouse agreed, and the two monks journeyed by boat along the Grand Canal past Suchou to the provincial capital of Hangchou. From Hangchou, the two monks continued overland to Kao-feng's hermitage on Tienmu's West Peak.

Following their arrival, Kao-feng asked Stonehouse his reason for coming. Stonehouse said, "I've come for the Dharma." Kao-feng answered, "The Dharma isn't so easy to find. You've got to burn your fingers for incense." To this Stonehouse replied, "But I see the Master before me with my own eyes. How could the Dharma be hidden?" Kao-feng nodded his approval and suggested he study the koan "All things return to one."*

Stonehouse stayed with Kao-feng for three years serving him with diligence

^{*}During the preceding Sung dynasty, the koans, or recorded conversations, of previous Zen masters were compiled into books and used as subjects for meditation and aids to enlightenment.

but without deepening his understanding of the Dharma. When Stonehouse finally said he was leaving, Kao-feng told him, "You're still a blind mule. In the Huai region north of the Yangtze, there's a master named Chi-an. Why don't you go see him?" So Stonehouse crossed the Yangtze at Nanking and found Chi-an at West Peak Temple near Chienyang.

Chi-an asked Stonehouse where he had come from, and Stonehouse told him, "From Tienmu." Chi-an asked, "What instruction did you receive?" Stonehouse said, "All things return to one." Chi-an asked, "And what does that mean?" Stonehouse didn't answer. Chi-an said, "Those words are dead. Where did you pick up such rot?" Stonehouse bowed and asked to be instructed. Chi-an said, "Tell me what this means: "Where buddhas dwell, don't stop. Where buddhas don't dwell, hurry past." Stonehouse answered, "I don't understand." Chi-an replied, "More dead words." Stonehouse still didn't understand, but he decided to stay with Chi-an.

One day Chi-an asked him again what the koan meant, and Stonehouse answered, "When you mount the horse, you see the road." Chi-an said, "You've been here now for six years. Is this all it amounts to?" Exasperated, Stonehouse turned and left. But on his way down the mountain, he looked up and saw a pavilion.* Suddenly he understood. He hurried back and told Chi-an, ""Where buddhas dwell, don't stop.' Those are dead words. 'Where buddhas don't dwell, hurry past.' Those are dead words too. Now I understand living words." Chi-an asked, "And what do you understand?" Stonehouse answered, "When the rain finally stops in late spring, the oriole appears on a branch."** Chi-an nodded his approval. Later, when Stonehouse decided to leave, Chi-an told him, "In the future, we will both share the same niche."

Not long afterward, Chi-an was asked to take over as abbot of Huchou's Taochang Temple, and Stonehouse joined him there. Chi-an told the assembly, "Here is a rare fish that slipped through the net and entered the Dharma Sea."

The Buddhists of his day viewed Stonehouse with great respect. And after several years with Chi-an, Stonehouse was invited to become the meditation master of Hangchou's famous Lingyin Temple. But after a short stay, he decided he preferred the mountains. And in 1312, at the age of forty, he moved to Hsiamushan, twenty-five kilometers southwest of Huchou, and he built a hut just below its 450-

^{*}West Peak Temple was located on Langyashan, three kilometers southwest of the county seat of Chienyang, which is now called Chuchou. Halfway up Langyashan stands Tsuiweng Pavilion, which still bears the name given to it by Ou-yang Hsiu during his tenure as magistrate of Chienyang in 1046. It remains the area's most famous sight and was, I presume, the pavilion that prompted Stonehouse's insight into Zen. Its name means "Pavilion of the Old Drunkard" and is taken from Ou-yang Hsiu's inscription of the same name, which Stonehouse would have known by heart. It ends, "Birds know the joys of the mountains and forests, but they don't know the joys of people. And people know the joys of accompanying the Magistrate on his hikes, but they don't know the joy that their joy gives the Magistrate. He who can share their joy while drunk and can describe it while sober, this is the Magistrate. And who is the Magistrate? Ou-yang Hsiu of Luling."

^{**} Confucius says, "When the oriole rests, it knows where to rest. Is it possible man isn't equal to this bird?" (Tahsueh: 3.2)

meter summit. A contemporary wrote that Stonehouse lived a hard life, refusing to beg for food in nearby villages as was the custom among other monks. When he ran out of food, he survived on water. He was hard on himself but kind and generous to others.

Stonehouse enjoyed the seclusion of the mountains for nearly twenty years. Then, in 1330, Emperor Wen ordered Fuyuan Temple in neighboring Chiahsing Prefecture rebuilt. The temple was originally built by Emperor Wen's father in 1312, and because of his reputation Stonehouse was asked to take over as the temple's second abbot. Stonehouse at first declined but was admonished, "If monks are supposed to work for the benefit of the Dharma, how can they succeed while living in idleness and isolation." In the spring of the following year, Stonehouse left Hsiamushan and took up his post as abbot of Fuyuan Temple, one hundred kilometers to the east.

However, temple life did not suit Stonehouse. After eight years as abbot, he pleaded old age and in 1339 returned to his former mountain home. He was sixty-seven. During this second stay on Hsiamushan, he compiled his *Mountain Poems*, completing them shortly before his death.

In the spring of 1352, in recognition of his reputation as one of the age's great Dharma masters, the empress presented Stonehouse with a golden robe. His disciples were in awe, but Stonehouse remained unmoved. In autumn of the same year, on the twenty-first day of the seventh moon, he told his disciples he was feeling ill. And on the night of the twenty-second, his disciples gathered around to say goodbye. One of them asked him if he had any parting words. Stonehouse picked up his writing brush and wrote:

corpses don't stink in the mountains there's no need to bury them deep I might not have the fire of samadhi but enough wood to end this family line

He threw the brush down and died. He was eighty-one. Mindful of Chi-an's premonition that someday he and Stonehouse would share the same niche, Stonehouse's disciples put his cremated remains next to those of Chi-an, which had already been interred on Hsiamushan. A portion of Stonehouse's relics was also sent to the Korean monk, Taego, who in turn presented them to his ruler, King Kongmin. Taego first visited China in 1347 and impressed Stonehouse enough to be called his true Dharma heir. Taego is still revered in Korea as the founding patriarch of the Chogye Order, which united the various schools of Zen in his country.

Three hundred years after Stonehouse's cremation, a seventeenth-century official is reported to have opened Stonehouse's relic pagoda. The relics emitted such an intense golden light the official was unable to move. Only after others had re-interred the relics and repaired the pagoda did the light stop and the official recover. Thus ends Stonehouse's grave inscription.

In the fall of 1991, I had the opportunity to visit the places where Stonehouse once lived while I was gathering material for a series of radio programs on the re-

gion south of the Yangtze. I was joined by my friends Steve Johnson and Finn Wilcox, and we began with Stonehouse's hometown of Changshu and Hsingfu Temple at the foot of Yushan. On the road leading to the temple's front gate, we passed a cemetery containing the graves of its most famous monks. I didn't recognize any of their names, but their nicknames were colorful enough: Yen-jan, Subduer of Tigers; Ch'ang-ta, Conqueror of Dragons; Huai-shu, Patched Robe Monk Who Sits in the Sun; and Wu-en, Reader of Sutras in the Moonlight. The temple had undergone a certain amount of renovation and was flourishing once again, though more as a center of local tourism than Buddhist practice. I talked with several monks, including the abbot. But no one at the temple had heard of Stonehouse. We left Changshu and headed south for the town of Huchou and Hsiamushan.

In Taiwan I had located Hsiamushan on a declassified military map, but I had neglected to bring the adjoining map sections with me and had no idea how to reach the mountain from Huchou. I looked at the route map on the bus station wall and picked Teching, a town about thirty kilometers to the south. The Sha River flowed past Teching, and I remembered that Stonehouse's *Mountain Poems* began with the line: "Built my hut west of the Sha." I figured if we hiked into the mountains west of Teching, sooner or later we would stumble onto Hsiamushan. I went to the ticket window and asked for three tickets on the next bus to Teching. Not many foreigners pass through Huchou, and when the ticket seller saw us, she left and returned a few minutes later with the station master. I told him we wanted three tickets to Teching. He nodded and sold us tickets on a bus due to leave in another thirty minutes.

Meanwhile, a crowd of onlookers had gathered, and he suggested we would be more comfortable waiting in his office. We gladly accepted. After exchanging introductions, I asked the station master if he had ever heard of Hsiamushan. But neither he nor anyone else at the station recognized the name. Perhaps the name had changed. While our host left to get us some tea, I gazed around his office. On the wall behind me was a detailed topographic map of the entire county. It took me about thirty seconds to find Hsiamushan. It actually existed, and after six hundred years the name was still the same. When the station master returned, we told him to forget Teching, we wanted to go to Hsiamushan, and I pointed to it on the map. He not only refunded our tickets, he went to hire a car to take us there. While we were waiting, I continued to pore over the map and found Taochangshan. Mount Taochang was where Stonehouse lived with Chi-an before moving to Hsiamushan.

A few minutes later, we were headed for Taochangshan. Two kilometers south of town, we turned off the main road and drove as far as we could up a rutted side road. A trail led us the rest of the way to Wanshou Temple, which was located about halfway up the mountain. A thousand years ago, Taochangshan's Wanshou Temple was considered one of the ten greatest Zen centers in all of China. It had since fallen on hard times.

Inside the main hall, we met Abbot Hsiang-sheng. He said the Red Guards destroyed just about everything except the main hall's T'ang-dynasty pillars, a T'ang-dynasty well, and the Sung-dynasty pagoda on the ridge behind the temple. Then

he invited us to join him for tea and a dessert of fried rice pudding. I showed him some of Stonehouse's poems and asked him if he had heard of Stonehouse or his teacher, Chi-an. But he just shook his head. We chatted for a while, and as soon as we finished our dessert, we said good-bye. The day was half over, and we were anxious to find Hsiamushan and the scene of Stonehouse's *Mountain Poems*.

We returned to the main road and headed south again. I should have borrowed the station master's map, or at least traced the major roads and landmarks. We spent the next hour stopping every few kilometers to ask villagers if we were headed in the right direction. Everyone shrugged, and we continued on in ignorance. Finally, we crossed a set of railroad tracks and headed off on a dirt road just wide enough for a single car. The road led several kilometers to a small village at the base of a mountain. As luck would have it, the villagers called their mountain Hsiamushan.

Just beyond the village, we turned off on an even narrower track that led up the west side of the mountain. It was slow going, but our driver managed to keep his battered blue Polish sedan going far beyond where sense would have suggested he stop. A few hundred meters below the summit, a chain barred our way, and we had no choice but to park next to a set of blockhouse buildings. Before anyone inside had time to come out, we jumped over the chain and started up a trail that led the rest of the way to the top of the mountain.

A few minutes later we arrived at the summit, but there wasn't much to see. First of all, the bamboo was so high it was impossible to see the surrounding countryside. Second of all, there was something other than bamboo at the summit. There was a big metal dish for relaying electronic signals. There was also a bunker from which several soldiers came running with rifles pointed in our direction.

But once again the gods smiled. Just then, the base commander came puffing up the trail. I explained that we were looking for traces of a monk who had lived on the mountain six hundred years ago. I showed him a copy of Stonehouse's poems that I had published several years earlier with the Chinese text and my English translations. His eyes opened wide, and he smiled. He waved the soldiers away and then led us straight into the bamboo. It was a variety known as arrow bamboo, which produces the tenderest shoots but which grows incredibly thick.

The commander and his machete disappeared. We tried to follow. But even following his path as best we could, the bamboo was so dense, we sometimes found ourselves stuck, unable to move either arms or legs. Somehow we always got loose and managed to find the path again, such as it was. After twenty minutes and maybe two hundred meters, we finally emerged at a small farmstead and open vistas.

The commander said that before the telecommunications base was built, the farmhouse was the only structure on the mountain. A farmer appeared in the doorway and waved for us to come inside. He said the place had been a small Buddhist temple, but the monks had been forced to leave during the Cultural Revolution.

According to his contemporaries, Stonehouse attracted so many disciples toward the end of his life, his hut had expanded into a small temple. In the intervening six hundred years, the place hadn't changed much. His thatched roof was now tiled and the walls were made of rock, but it still had a dirt floor, and the



Current incarnation of Stonehouse's hut on Hsiamushan. Photo © Bill Porter.

spring he called Sky Lake still flowed from the rocks in back, and the slopes were still covered with valley-mist tea and arrow bamboo, and a couple of pines were still holding on.

The farmer invited us inside for a cup of tea. Like Stonehouse, he lived there alone. His children had grown up, and his wife lived in the village at the foot of the mountain. He had been living at the summit by himself for twenty years. Like Stonehouse, he didn't have much to say:

I built my hut on Hsiamushan ploughing and hoeing make up my day half a dozen terraced fields two or three men of the Way I made a pool for the moon I sell wood to buy grain an old man with few schemes I've told you all about me.

the ZEN WORKS of STONEHOUSE

為歌詠之助當須參意則有激焉然知我山中趣向於是靜思隨意走筆欲知我山中趣向於是靜思隨意走筆

福源石屋珙禪師山居詩

渭海天精舍學人校 邓多學門人至柔編

Stonehouse's preface to the Mountain Poems: Here in the woods I have lots of free time. When I don't spend it sleeping, I enjoy composing gathas. But with paper and ink so scarce, I haven't thought about writing them down. Now some Zen monks have asked me to record what I find of interest on this mountain. I've sat here quietly and let my brush fly. Suddenly this volume is full. I close it and send it back down with the admonition not to try singing these poems. Only if you sit on them will they do you any good.

貪餌 蝸涎 未到 山 閒 吾家住 紙窗竹屋槿 有求莫若無 盡說上方兜率好 看經移案就 多見清貧長 翁不管紅 璧易求千丈石 閉柴門春畫永 金鱗終落 累累沒 |焼幛 素壁 盡 設未 驚 在響溪西 聞 粘 山 求好 (快樂 寒瀑 1.枯穀 [險峻 明 羅笛 野 關 月 少聞 昔 供 出 進 黄 閒 虎 水滿天湖月滿 客到蒿湯 自種青麻織布 青桐花發 曾來方識路 如何及得老僧家 葉落秋林見遠 步 非 金 佛 籠 過 人 看 未 潘富 何 簪 幽 新 不到白雲閒 [禽自 瓶 如 買 韶 退 折 便 便 盡 印 不 沖 金 生 當 步 往 胡 雨 閒 茶 Ш 泥

- 1. Stonehouse's hut was west of the East Fork of the Sha River. §Sky Lake was the name Stonehouse gave to the small spring next to his hut. During the Yuan dynasty, it was also the name of a temple near the summit of Mokanshan, the next highest mountain to the south. §Hermits in China still report seeing the South China tiger, which, fortunately for them, is much smaller than its Siberian and Bengali cousins. §The paulownia is the only tree on which the phoenix will alight. Here the bird that is China's emblem of virtue is replaced by the insect that symbolizes rebirth and immortality and whose distinctive rhythmic drone announces the end of spring and the beginning of summer.
- 2. The second line suggests there was so little going on in Stonehouse's hut that birds that normally avoided humans were building nests under his eaves. §The fourth-century Buddhist monk Chih Tun became the butt of jokes when he tried to buy a mountain from the hermit who lived on it (Shihshuo-Hsinyu: 25.28). §The peaks were those of the Tienmu Mountains to the south.
- 3. Gold seals were the perogative of royalty and high-ranking officials. §The graves of the elite of the preceding Southern Sung dynasty were east of Hangchou along the Chientang Waterway and beyond the city of Shaohsing. They were not only abandoned to weeds but desecrated in 1278 by the Central Asian monk-official Yang-lien Chen-chia, who reportedly dug up more than a hundred royal graves and pillaged the surrounding area in the years immediately after the founding of the Yuan dynasty.
- 4. The paper used for window panes was treated with oil to make it waterproof. §The hibiscus is often used to form hedges in the warmer regions of South China. §Wormwood, or Artemisia annua, is used as an antipyretic and in chronic dysentary. §Sutras are the sermons of the Buddha. §The bookstand was used to hold texts that were being studied or chanted. I am indebted to Burton Watson for his correction of my earlier reading of this line. §Tushita is the name of the highest heaven in the realm of desire. It is also where bodhisattvas are reborn before their final rebirth.

BOOK ONE: MOUNTAIN POEMS

- I. I made my home west of the Sha where water fills Sky Lake and the moon fills the river people are frightened when they see the heights but once they arrive they know the trail dried snail shells on rock walls fresh tiger tracks in the mud my door stays open when spring days grow long when paulownias bloom and cicadas call
- 2. Outside the door I made but don't close
 I glimpse the movements of unfamiliar birds
 a handful of jade is worth a whole mountain
 but gold can't buy a lifetime of freedom
 the sound of icy falls on a dawnlit snowy ridge
 the sight of distant peaks through leafless autumn woods
 mist lifts from ancient cedars and days last forever
 right and wrong don't get past the clouds
- 3. Grave upon grave buried beneath weeds before their funerals they carried gold seals but desire is no match for detachment ambition can't compete with restraint lured by bait fish end up in kettles uncaged a bird flies high worldly affairs don't concern a hermit I weave my robe from homegrown hemp
- 4. Paper windows bamboo walls hedge of hibiscus when guests arrive wormwood soup serves as tea the poor people I meet are mostly content rare is the rich man who isn't vain or wasteful I move my bookstand to read sutras by moonlight I honor the buddhas with a vase of wild flowers everyone says Tushita Heaven is fine but how can it match this old hut of mine

道在 矮屋 無心 白雲曳曳方拖 貧心似海 得意看 松下雙扉冷 幾樹梅花 **唐交多在名場裡** 山頂月明長 則 今隨例菴居者 雲 園 朝 乖 未合祖 春 餘 不 野 陽 真 宏 7 鹿驚 年 ·向門 色熟茶 山 寒氣少 靜 何 住 山 時 師 【嘯夜 不局 則 繭 轉 可 H 意 差 足 憑 夢 好 两 疏籬 竹戶 落澗 有念 非 見道忘山似不 妄念如苗逐日 發言須與行 數 钁 蘚葉苔花積幾層 無心合道道 水邊雲煖獨行 樹 龕 思 園芋子樂閒 頭 風吹 盡為 種 量 長開 秋 邊 獼 金 風老 猴墜 像照 菊 處 事 煩惱 晚 更 待 不 香 涌 柏 相 青 吾 折 阿 魔 增 訛 應 胡 欺 銷

- 5. Confucius said, "A man can glorify the Way, but the Way does not glorify a man" (Lunyu: 15.28). When Tzu-chang asked how he should act, Confucius replied, "To your words be true, in your conduct be sincere" (15.5). §The plum blossom's association with purity and seclusion was immortalized in the poems of Lin Ho-ching, a Sung-dynasty recluse who lived outside Hangchou. §Zen masters often summarize the Buddhist path with the saying, "When I first entered the Way, I saw mountains. After a while, I saw that mountains were not mountains. Now I see that mountains are just mountains."
- 6. Movement is the practice of mortals, and stillness is the practice of monks. §Bodhidharma says, "While ordinary people keep giving birth to the mind, claiming it exists, disciples of the Hinayana keep wiping out the mind, claiming it doesn't exist. But bodhisattvas and buddhas neither create nor annihilate the mind" (*The Zen Teaching of Bodhidharma:* 53). §The Patriarch of Zen is often pictured meditating while facing a wall. Meanwhile, T'ao Ch'ien, the poet of recluses, entered samadhi while picking chrysanthemums along his fence (see his *Drinking Poems:* 5). §Clouds are often used as metaphors for thoughts, while vines represent the convoluted logic of the mind.
- 7. The blue light suggests the dying flame of an oil lamp. The scene that comes to mind is that of a small forest shrine, perhaps imagined, perhaps seen through Stonehouse's window. According to the farmer who occupies the current incarnation of Stonehouse's hut, an adjacent structure is all that remains of a small temple that was destroyed during the Cultural Revolution.
- 8. According to China's oldest book of geography, the sun is said to set behind Mount Yen (Shanhaiching: Hsishan.4). Hence to live west of Mount Yen is to live in the wilderness. The realm of Amida Buddha is also west of the setting sun, the contemplation of which constitutes the first of sixteen visualizations used in Pure Land meditation. §The best tea leaves are those picked in spring. The same is true for bamboo shoots. §Civil service exams were discontinued in North China during most of the Yuan dynasty, but they were still held periodically in the provincial capital of Hangchou, which was sixty kilometers, or a two-day journey, south of Hsiamushan.

- 5. To glorify the Way what should people turn to to words and deeds that agree but oceans of greed never fill up and sprouts of delusion keep growing a plum tree in bloom purifies a recluse a patch of potatoes cheers a lone monk but those who follow rules in their huts never see the Way or get past the mountains
- 6. Movement isn't right and stillness is wrong and the realm of no-thought is confusion instead the Patriarch didn't have no-mind in mind any thought at all means trouble a hut facing south isn't so cold chrysanthemums along a fence perfume the dusk as soon as drifting clouds start to linger the wind blows them past the vines
- 7. Under the pines its doors are frozen open a gilt statue glows in blue light startled deer resume dreams in the clouds a falling monkey swings from a broken vine gazing at mountains I love mountains more without me searching the Way finds me it's been so long since I went to the gate the moss and lichen must be layers thick
- 8. More than twenty years west of Mount Yen
 I've never been cheated by a hoe
 in spring a garden of tea and bamboo
 in fall a few trees of chestnuts and pears
 when the moon lights the summit at night I sing
 when the clouds turn warm I walk along the stream
 with most of my friends still taking exams
 why do I leave my gate open

有時 蝦蜆人爭撈白水 鳥 栗蟻地蠶傷菜甲 竹邊婆子長 施 身 柴出 月 僧 體 住 為 來索飯上 夜半 布 丹 眠 霞 便 Щ 食盡松花在 不 居便 來 崖 -是閒 派脈宜 峰 市青苔滑 聞 蒲 衣 列 最 不 十 鐘 裳 四 臺立 偷筍 葉 切 節 E 自 傍 但 細 煖 年 頭 由 茅菴 麥裡 土 百念消融 不著聞愁方寸閒 钁 嚴崖 年 知有招提在下 僧去化 自憐衰 只要諸人放下休 光陰有 負米登山白汗流 只得消歸自己休 一深迸 鉏 豬 無 恰 我且斸 巇 兒童故放 山鼠食 田 老見 糧 H 好 限莫貪求 筍 歲 在 空 少 不 芽 月 中 鉢 禾 肼 長 忘 央 湿 山 艱 頭

- 9. A monk's robe is made of twenty-five patches, one for each of the twenty-five kinds of existence and the twenty-five kinds of understanding that liberate its wearer. §Thinner rushes make better mattresses and meditation cushions. §The large bell in a Buddhist temple is normally rung around four AM, when the monks and nuns file into the shrine hall for morning devotions.
- 10. Elders and children are often assigned the more marginal tasks in a farm family, like gathering medicinal herbs or wild plants in the hills and grazing the oxen or water buffalo.
- 11. On current maps, the mountain Stonehouse lived on is called Hsiamushan, or "Redcurtain Mountain." In addition to "Redcloud," he also calls it "Redfog" and "Redbank." The hsia:red in these various names refers to the color of clouds at dawn or sunset.
- 12. The crows conjure up the image of those who wear black monastic robes for the assurance of free food and lodging. According to his contemporaries, Stonehouse preferred not to beg. When he ran out of food, he survived on water. §The root of solomon-seal, or *Polygonatum cirrhifolium*, contains a significant amount of starch and is usually dug up in early spring. §Pine pollen is slightly sweet and also has nutritional value. It is gathered in late spring by placing a sheet under a pine tree and knocking the branches with a pole. §The *square-inch* is the mind.

- 9. Kingfisher gullies and cinnabar cliffs and a thatched hut right in the middle beneath a patched robe my body stays warm thoughts fade away I forget the date rushes grow thinner where the soil is rocky bamboo shoots grow longer where the soil is deep sometimes after midnight I hear a bell and realize there's a temple below
- 10. Don't think a mountain home means you're free a day doesn't pass without its problems old ladies steal my bamboo shoots boys lead oxen into the wheat grubs and beetles destroy my greens boars and squirrels devour the rice when what happens isn't what you expect forget it and turn to yourself
- 11. My hut is at the top of Redcloud Peak few visitors brave the cliffs and ravines
 I slip on the moss lugging firewood to market and drip with sweat hauling rice back up with no end to hunger less is better with limited time why be greedy
 I don't want to spoil your fun only make you let go
- 12. In tune with the moon and clouds for twenty years to find myself old is hard crows gather for food on the rocks a monk returns with an empty begging bowl others drag surf for clams and shrimp I swing a hoe in the mountains when solomon-seal is gone there is still pine pollen and one square-inch free of care

豁開戶牖當軒坐	本有天真非造化	溪邊埽葉供爐灶	白髮襌翁久住菴	寥寥此道非今古	庭竹欹斜春雪重	夜深月下長猿嘯	溪淺泉清見石沙	古今誰解輕浮世	瓦灶通紅茶已熟	他非莫與他分辨	入得山來便學呆	人壽希逢年滿百	煮茶瓦灶燒黃葉	山色雨晴常得見	幽居自與世相分
盡日看山不下簾	現成公案不須參	霜後苫茆覆橘柑	衲衣風捲破檻毿	徒把磚來石上磨	嶺梅消瘦夜寒多	苔厚嚴前少客過	屋頭無角寄藤蘿	獨許嚴陵坐釣臺	紙窗生白月初來	自過應須自翦裁	尋常有口懶能開	利名何苦競趨奔	補衲嚴臺翦白雲	市聲朝暮罕曾聞	苔厚林深草木薫

- 13. In the biography of the T'ang poet Lu Kuei-meng, it is said that a small portable tea stove was among the necessary possessions of every recluse.
- 14. Lao-tzu says, "Those who seek learning gain every day / those who seek the Way lose every day" (Taoteching: 48). Lao-tzu also says, "Everyone has a goal / I alone am dumb and backward" (20). §Again, the windows are covered with oil-paper. §Yen Tzu-ling and Liu Hsiu were boyhood friends. When Liu led a rebellion that resulted in the restoration of the Han dynasty with himself as Emperor Kuang-wu, he invited his old friend to join him at court. But Yen declined and became a hermit on the Fuchun River south of Hangchou, where he spent his days fishing from a boulder. The boulder has since been submerged by the waters of a dam, and the nearby shore is now the location of a retreat for the wealthy and well-connected.
- 15. As Stonehouse tells us in poem 145, his hut had no gables because his roof was round with a central peak. §Once common throughout central China, gibbons and their eerie howls are now found in the wild only in a few nature reserves in the extreme south. §Huai-jang was the dharma heir of Huineng, the Sixth Patriarch of the Zen sect. After Hui-neng's death in 713, Huai-jang moved to Fuyen Temple on Hengshan in southern Hunan province. One day on the slope above the temple, he saw Ma-tsu meditating and asked him what he was doing. Ma-tsu said he was trying to become a buddha. Huai-jang picked up a brick and started grinding it on a boulder. When Ma-tsu asked what he was doing, Huai-jang said he was making a mirror (Chuantenglu: 5). The boulder is still there, not far from Huai-jang's grave, another hundred meters up the trail.
- 16. The region south of the Yangtze is the earliest-known home of not only the orange but also of such citrus fruits as the tangerine, the kumquat, and the pomelo. Hermits with the good fortune to inherit such trees from previous hermits, or with the patience to wait for saplings to bear fruit, receive enough income to support themselves for at least several months of the year. In North China, it's walnut trees. §During the preceding Sung dynasty, the koans, or recorded conversations, of previous Zen masters were compiled into books and used as subjects for meditation and aids to enlightenment.

- 13. My home is secluded far from the world
 the moss and woods are thick and the plants perfumed
 I can see mountains rain or shine
 all day I hear no market noise
 I light a few leaves to make tea on my stove
 to patch my robe I cut a cloud whisp
 lifetimes seldom fill a hundred years
 why bother chasing profit or fame
- I entered the mountains and learned to be dumb I'm usually too tired to open my mouth I don't point out the mistakes of others my own faults are what I try to alter the tea is done the stove is red the moon is up the windows are white who sees through this illusory world Yen Tzu-ling sat alone on his rock
- 15. The stream is clear enough to see pebbles my ungabled hut sits among vines gibbons howl late at night when the moon sets few guests get past the moss below the cliffs bamboos in the yard bend with spring snow plum trees on the ridge are gnarled by winter nights the solitude of this path isn't old or new grinding a brick on a rock is a waste
- 16. A white-haired old monk at home in a hut the wind has torn my robe into rags at the edge of a stream I rake leaves for my stove after a frost I weave covers for orange trees what's basically real isn't created ready-made koans aren't worth a thought all day I sit by an open window looking at mountains not lowering the screen

素塑 岳 破屋 人身 聖賢隱伏 袈裟零落難縫補 深夜雪寒 名場成 痛策諸 大道從來 方田 頂 若 前 歇 淡 禪 虚 蕭 處不 描 盡 失袈裟下 坳 布 房 隊 蕭 根休自 菲 窗 唯 枕枕 當 無 枕 挨身入 空落 火件 平 世 除 有 朝 石 斯 盛 石 遺 佛 臺 月 天 貴 坦 世 衰 白 任 只 邪 瓦 屋 收捲雲霞自翦 五 古路無 柴門白 萬劫千生不復追 難及山 瓶 後 鍋粥 在 存正 雲 他 性 更 法 明 圓 霜 流 大道 Ш 飛 倉 熟灶 家 浸 密 法又 日 海 明 嚴 冷 念莫他 行 人跨 本 有 為 在 著 無點 起 野 自然 枝 浪 飛 水邊 此 猿 4 誰 便 官 梅 哀 肼 來 開

- 17. Hermits in South China sleep on cots of woven bamboo or hemp, while their colleagues in the colder north prefer brick beds with built-in ovens. §Only that which is not subject to cause and effect, and thus change, is real. §Silt carried by the Yellow River has extended its reach into the Pohai Sea more than two hundred kilometers over the past five thousand years. Hence the image of the sea turning into mulberry groves was a real one witnessed and recorded in historic times. By Stonehouse's time, the image had become a cliché for the impermanence of what seemed most permanent.
- 18. The three buddhas are Amida, Shakyamuni, and Maitreya, the buddhas of the past, the present, and the future. §Dust also refers to the dust of the senses.
- 19. In Buddhism, rebirth is conceived as taking place on a wheel, with one's next existence determined by one's actions in this and previous existences. Though existences on this wheel rise and fall, their illusory nature remains unchanged. §The monk's robe of twenty-five patches protects its wearer from twenty-five kinds of existence in the realms of Passion, Form, and Formlessness.
- 20. Admission to the civil service or military officer corps was based on a series of competitive examinations held at the local, the provincial, and the national levels. The examination hall for the region in which Stonehouse lived was in nearby Hangchou.

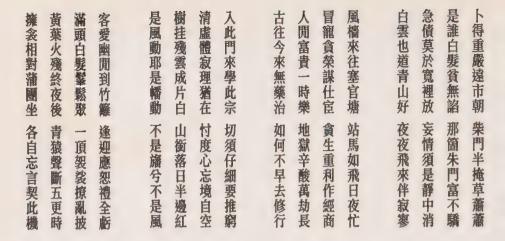
- 17. I lie down in the clouds no sign of the sky above high cliffs and wild streams

 I wake on a cot the moon in the window the porridge done the fire out all causes end without driving them off our nature's full light shines by itself transparent as space it never changes even if the sea becomes a mulberry grove
- 18. My hermitage leans against rocks at the summit clouds drift off and more clouds arrive a waterfall hangs beyond my door a mountain ridge rises like a wave in back on the face of a rock I drew three buddhas for incense I placed a plum branch in a jar the land below might be level but it can't match a home above the dust
- 19. The Way doesn't rise or fall those who are blind look for an advantage sages and wise men escape from this world where counterfeit truth prevails rein in your senses don't indulge them be ever mindful and nothing else lose your body beneath a patched robe and say good-bye to a thousand rebirths
- 20. My broken-down hut leans against rocks why does my gate stay open all day people line up for government exams no one sets foot on an ancient trail on snow-filled nights a fire is my companion on frost covered dawns I hear a gibbon howl my tattered robe isn't easy to mend I cut a new patch when clouds roll in

黃精就買山前客 紫		木臼秋分春白术 竹	滿頭白髮瘦崚嶒 日	林下不知塵世事 夕	石頭莫認山中虎 弓	翠竹黄花閒意思 白云	優游靜坐野僧家飲	本源自性天真佛 非	古鏡未磨含萬象 洪	等閒放下便無事 著名	綠霧紅霞竹徑深一葉	寥寥世道今非昔 日知	流俗沙門真可惜 貪名	危如茅草郎當屋 險以	人壽相分一百年 有数	
1 4 1 1	紫菜長需海外僧	竹筐春半曬朱藤	日用生涯事事能	夕陽長見送歸鴉	弓影休疑盞裡蛇	白雲流水淡生涯	飲啄隨緣度歲華	非色非空非古今	洪鐘纔扣發圓音	著意看來還有心	一菴終日冷沈沈	日把柴門緊閉關	貪名師德更堪憐	險似風波破漏船	有誰能得百年全	

- 21. In ancient China and India, people believed that the human lifespan once extended for thousands of years and that the limit of one hundred was recent and due to the degeneration of human morals. Buddhists say it is much easier to become enlightened as a monk or a nun than it is for a lay person beset with the cares of secular life. Hence, to waste such an opportunity on mediocrity or vanity is tragic.
- 22. Bamboo grows so thick on Hsiamushan, trails disappear as soon as they're made. §Until fairly recently, mirrors in China were made of bronze or brass, and they had to be kept polished in order to reflect. §Bodhidharma says, "To find a buddha all you have to do is see your nature. Your nature is the buddha" (The Zen Teaching of Bodhidharma: 13). §Avalokiteshvara says, "Form is emptiness, and emptiness is form" (Heart Sutra).
- 23. In the first line, Stonehouse contrasts the unstructured religious practice of hermits with that of monks in a monastery. §Line 5 apparently refers to the Tiger Hill Zen Sect, to which Stonehouse traced his spiritual ancestry through his teacher, Chi-an. The hill, which is in Suchou, was said to resemble a tiger. §In his biography in the Chinshu: 43, Yueh Kuang explains to a distraught guest that the image of a snake in his wine bowl is merely the reflection from a nearby painting. §The last two lines recall a line from LuYu's West Garden: "In the woods fading rays call the crows home."
- 24. The roots of mountain thistle, or *Atractylis ovata*, are used as a spleen and stomach tonic. §In poem 12, Stonehouse implies that solomon-seal was readily available on Hsiamushan. Apparently he ate all there was to find and was forced to buy more. §The *seaweed* was, no doubt, a present from the Korean monk Yu T'ai-ku (Korean: Taego Pou), who, in fact, visited Stonehouse in the summer of 1347 when the latter was going on seventy-seven. For more on their meeting and later exchange of letters, see J.C. Cleary's *A Buddha from Korea*. Since Stonehouse died at the age of eighty-one and wrote this poem when he was seventy-seven, he must have finished his *Mountain Poems* shortly before his death. §Lotus roots and water chestnuts are both nutritious starches that flourish in the watery regions south of the Yangtze.

- 21. A life lasts one hundred years
 but which of us gets them all
 precarious as a teetering thatched hut
 or a leaking boat in a storm
 mediocre monks are pathetic
 would-be masters are sadder still
 the world's empty ways aren't what they were
 some days I shut my old gate tight
- 22. Green mist red clouds a trail through bamboo and a hut where quiet lasts just let go and worries end stop to think and the mind reappears an unpolished mirror holds millions of shapes a bell doesn't ring until it is rung our original nature is the real buddha nothing solid or empty nothing old or new
- 23. A monk in the wild sits quiet and relaxed he survives all year on what karma brings bamboo and yellow flowers occupy his thoughts white clouds and streams simplify his life he doesn't mistake a rock for a tiger on a hill or the image of a bow for a snake in a bowl in the woods he knows nothing of the world's affairs at sunset he watches the crows return
- 24. I may be white-haired and mostly bones but I'm well-versed in daily survival
 I pound mountain thistles in a mortar in fall
 I sun-dry vine buds in a tray in spring
 I buy solomon-seal from a peddlar in the village and eat seaweed when a foreign monk arrives but who would have guessed at seventy-seven
 I would dig a pond for lotus roots and water chestnuts



- 25. The first line recalls the opening of the second poem in Cold Mountain's *Collected Poems:* "High cliffs were the home I chose / bird trails beyond the tracks of man."
- 26. The regions north and south of the Yangtze Delta are still the major producers of salt and silk in China. For many centuries, taxes on these two products provided the government with its major source of revenue, and trade was tightly controlled, with distribution taking place via the Grand Canal and the Yangtze. §The government also maintained an extensive network of horse-mounted couriers for transmission of documents. §Buddhists recognize a series of hells from which one is eventually reborn into another existence, though not necessarily a human one. Length of residence in these hells varies depending on one's karma. §A kalpa is a unit of time equivalent to the existence of a world, from its creation until its final destruction. §The reference to elixir was apparently aimed at Taoist alchemists, who sought to cheat death through the ingestion of various minerals and herbs.
- 27. The gate is the gate of Zen, and the teaching is the central teaching of Bodhidharma: "This mind is buddha." §One day in the seventh century, two monks were arguing in the courtyard of Fahsing (now Kuanghsiao) Temple in the southern Chinese city of Kuangchou. Pointing to a flag flapping in the wind, one monk said that the wind was moving. A second monk argued that the flag was moving. Having just arrived at the temple and overhearing their argument, Hui-neng said, "It's not the wind that's moving. And it's not the flag. The only things moving around here are your minds" (Sutra of the Sixth Patriarch: 1).
- 28. Either Stonehouse's visitor was a Confucian hermit, in which case some sort of headgear was called for, or a monk who had given up the monastic requirement of shaving one's head twice a month. §Here, the untied kasaya would belong to Stonehouse. §The *leaves* suggest Stonehouse used up whatever firewood he had on hand in the course of the night. And the sound of the gibbon announcing the dawn suggests the wilderness was not far off and that the monks in the local monastery were sleeping late. §Meditation cushions are normally filled with rice straw, and quilts usually include an inner layer of cotton wadding or silk cocoons.

- 25. I chose high cliffs far from town the sound of tall grass a half-open gate where's an old pauper who isn't deferential or a rich man who isn't vain emergency loans don't come without strings fantasies fade only in stillness clouds too say mountains are better returning at night they ease the solitude
- 26. Their zigzagging sails crowd government quays their relay mounts fly night and day officials seeking favor and glory merchants after comfort and gain but wealth and honor in the world soon pass while the pain of hell lasts ten-thousand kalpas and no elixir offers a cure why not practice while time remains
- 27. Who enters this gate and studies this teaching has to be thorough and push to the end empty the body and reason remains forget the mind and the world disappears cloud-covered trees form a landscape of white swallowing the sun the mountain turns red the flag moves or is it the wind it isn't the wind or the flag
- 28. A friend of seclusion arrives at my gate we greet and pardon our lack of decorum a white mane gathered in back a monk's robe worn untied embers of leaves at the end of the night howl of a gibbon announcing the dawn sitting on cushions wrapped in quilts words forgotten finally we meet

松風昨夜烘然説	求佛求仙全妄想	芒鞋竹杖春三月	自覺從前世念輕	我已久忘廛世念	衰榮可喻花開落	事欲稱情常不足	是身壽命若浮漚	錦衣玉食公卿子	挑薺煮茶延野客	庭前樹色秋來減	自入山來萬慮澄	莫言施受無因果	衲定線行嬌婦淚	已躬下事未明白	百歲光陰過隙駒	
自是聲人不肯聽	無憂無慮即修行	紙帳梅花夢五更	老來任運樂閒情	類然終口倚岑樓	聚散還同雲去留	人能退步便無憂	只好挨排過了休	不及山僧有此情	買盆移菊送鄰僧	檻外泉聲雨後增	平懷一種任騰騰	因在果成終有時	飯香玉粒老農脂	生死岸頭真嶮巇	幾人於此審思惟	

- 29. A man was required to have his parents' permission to become a monk. His wife's approval was not necessary since she and their children lived with the man's parents. §For all their self-reliance, many hermits would starve without the generosity of nearby farmers. Charity is the first of the six paramitas, or "means to the other shore." §Religious alms are likened to seeds planted in a field of blessing, bringing benefit to both the giver and the receiver.
- 30. Although Stonehouse may have had Hsiamushan mostly to himself, line 6 suggests he was not alone. During the last decade of his life, which was the same period during which he composed most of these poems, a number of disciples moved to the summit and built a small shrine hall next to his hut. The small temple that resulted was only recently vacated during the Cultural Revolution. §Flowering in fall, chrysanthemums are a symbol of old age (their name is also a homophone for "old") and constitute an appropriate gift to an elderly person. Hospitality to strangers and generosity to friends remain among the virtues cultivated by Chinese of all classes. §The gentry included the propertied and educated elites both in the country and in town.
- $3\,\text{I}$. The Diamond Sutra ends with this gatha: "All dependent things / are dreams or illusions, bubbles or shadows / they're dew or they're lightning / regard them like this."
- 32. Shoes made of braided grass are still worn by farmers in less-developed areas of China. Elsewhere, they are also still used by relatives of the bereaved during a funeral. §The third line is indebted to Su Tung-p'o: "With grass shoes and a new bamboo staff / I set off on a hundred-coin journey." §Paper curtains refers to a kind of mosquito net that was hung over the bed during Stonehouse's day. It had a gauze top for ventilation, and the sides were made of paper printed with butterflies and plum blossoms. §While Buddhists seek the enlightenment of the Buddha, Taoists seek unity with the Immortal Tao. The fifth-century Taoist T'ao Hung-ching planted hundreds of pines around his hermitage in Hangchou in order to hear the wind in their branches. The pine wind also refers to the sound of a buddha's voice.

- 29. A hundred years flash by
 does anyone think this through
 if what you're doing isn't clear
 the edge between life and death is sheer
 stitches on a monk's robe are a loving wife's tears
 grains of sweet rice are an old farmer's fat
 don't think charity has no reward
 every seed bears fruit in time
- 30. Cares disappeared when I entered the mountains serene at heart I let the world go before my door the shade fades in fall the spring roars in back after a rain I offer tea and vegetables to a visiting farmer to a neighbor monk I give chrysanthemums in a pot from town the jaded life of the gentry can't match a mountain monk's with scenes like these
- 31. This body's lifetime is like a bubble's may as well let things go plans and events seldom agree who can step back doesn't worry we blossom and fade like flowers we gather and part like clouds earthly thoughts I forgot long ago withering away on a mountain peak
- 32. I've never treasured thoughts of success
 I welcome old age and enjoy being free
 grass shoes a bamboo staff the last month of spring
 paper curtains plum blossoms daybreak dreams
 eternal life and buddhahood are utter illusions
 freedom from worry and care is the practice
 last night the howling pine wind spoke
 this is something the deaf can't hear

湖上 消 白髮 逐 黄土 心 分明 所言皆是目前 山 百鳥不來 鶉衣百結通 我本禪宗不會禪 生 H 色溪 田 利 磨 年三十餘來 老 ·坡邊 本有 示 奔名何足 頭 病 陀 光明 長 劫 難期約 過 多蕨筍 那 Ш 凡 老 l 寂寂 了休 祖 身 明 情 病 意 排 草 誇 執 侵 住 甘休 幾度 覺苑 清閒 析蕩 明 只是無人肯轉 午後無雲月 鳥啼花笑悟 竹篾二 青苔地 萬松長在碧沈 來 朝 道 貴功名不久留 遊 何 林 晴 長 獨許 茅 神光自古今 全從聖 一條 窗 必 開 徑變荒丘 上 屋 下 映 一少塵 度 智 野 幾 肚 餘 慧 僧 量 年 檂 天 沙 年

- 33. The four afflictions are birth, illness, old age, and death. §The lakes of the Yangtze Delta were not resorts but centers of aquaculture and commerce and connected to the Grand Canal and the Yangtze River. The trails led upstream to retreats in the mountains.
- 34. One day the Fourth Patriarch, Tao-hsin, saw birds flocking around a distant mountain. Investigating, he found the birds gathered around a monk. Tao-hsin asked the monk what he was doing. The monk said he was meditating. Tao-hsin asked who was meditating and what was the subject of his meditation. Unable to answer, the monk stood up and bowed and introduced himself as Fa-yung. Later, when he became a disciple of Tao-hsin, the birds stopped coming (Chuantenglu: 4). §The kalpa of nothingness lasts from the destruction of one universe until the creation of the next. Thus, the light that Stonehouse sees is from the end of the last universe: Such is the power of karma. The phrase can also be applied to thoughts and in Zen is used to refer to one's original face.
- 35. Delusion is the worst of the three poisons, which also include desire and anger. §Fiddlehead ferns made up the diet of two of China's most famous recluses: Po-yi and his brother, Shu-ch'i, both of whom preferred to die of hunger on Shouyangshan rather than eat the produce of a realm ruled by an unfilial king. §In characterizing the decades of life, the Chinese usually quote Confucius: "Thirty and on one's own. Forty and no doubts" (*Lunyu:* 2.4). According to poem 170, Stonehouse was forty when he moved to Hsiamushan.
- 36. Bodhidharma is credited with bringing Zen to China in the late fifth century. But the transmission of the Zen tradition began a thousand years earlier when Shakyamuni held up a flower and Kashyapa smiled. §As evidence of his own enlightenment, Stonehouse told his master, "When the rain finally stops in late spring, the oriole appears on a branch." §From the flat-topped boulders at the summit of Hsiamushan, the view includes Lake Taihu to the north and the 1500-meter peaks of the Tienmu Mountains to the south.

- 33. Day after day I let things go
 why worry about tomorrow today
 the four afflictions are hard to predict
 wealth and honor don't last
 lakeside villas are swallowed by vines
 streamside trails disappear into weeds
 such things are easy for all to see
 but no one is willing to look
- 34. A white-haired monk afflicted with age living under thatch year after year I've exhausted my life on simple passions my movements all spring from the sacred mind when birds don't come the mountain is quiet ten thousand pines keep it dark green from the kalpa of nothingness it's clear a miraculous light still shines
- 35. What can you say about profit and fame to a solitary untroubled mountain monk weeds of delusion don't grow in the mind where flowers of wisdom bloom bamboo shoots and fiddleheads blanket the slopes dust seldom falls on moss-covered ground I was over thirty when I first arrived how many sunsets have turned my windows red
- 36. I was a Zen monk who didn't know Zen so I chose the woods for the years I had left a patched robe over my body braided bamboo around my waist mountain shade and stream light explain the Patriarch's meaning flower smiles and bird songs reveal the hidden key sometimes I sit on flat-topped rocks cloudfree afternoons once a month

人生無出清閒好	竹榻夜移聽雨坐	數株紅白桃李樹	茅屋青山綠水邊	勞生好飲利名酒	紅葉旋收供瓦灶	水邊行道影偏瘦	鳥兔奔忙不暫停	老僧不是多饒舌	車覆有誰知改轍	百年能得幾回笑	蠆尾狼心滿世閒	有人問我西來意	坐石看雲閒意思	夜爐助煖燒松葉	四十餘年獨隱居
得到清閒豈偶然	紙窗晴啟看雲眠	一片青黄菜麥田	往來年久自相便	昏醉無由喚得醒	黃花時採插銅瓶	松下看山眸轉青	嚴居忽爾到頹齡	要與諸人揭蓋纏	禍來無地著羞慚	一日曾無頃刻閒	爭先各自使機關	盡把家私説向渠	朝陽補衲靜工夫	午缽充飢擴野蔬	不知塵世幾榮枯

- 37. Stonehouse lived as a hermit for thirty-five years on Hsiamushan, but he also lived for three years with Kao-feng on Tienmushan's West Peak and six years with Chi-an on Langyashan near Chienyang. §Although the practice was never as widespread in China as it was in India, monks were encouraged to restrict themselves to a noon meal, which they ate following their morning begging rounds. §One of the most common koans asked by Zen masters is: "Why did Bodhidharma come east?" The student's answer is expected to express the essence of Zen rather than supply the Patriarch's presumed motivation.
- 38. One of the first measures enacted by the First Emperor when he unified China in 221 BC was to standardize the axle length of carts so that all tracks would be the same width. §The Five Obstacles include desire, anger, tiredness, anxiety, and doubt. And the Ten Chains include shamelessness, insensitivity, envy, meanness, regret, laziness, over-activity, self-absorption, hate, and secretiveness.
- 39. According to Chinese mythology, the sun is the home of a crow, and the moon is the abode of a hare. The moon is yin and represents Earth, hence its symbol is an animal of the land; the sun is yang and represents Heaven, hence its totem is a creature of the air. §Stonehouse's blue eyes could refer to the Zen eyes of Bodhidharma, the "blue-eyed barbarian," who brought Zen to China. But they could also refer to cataracts. Ironically, cataract surgery was introduced to the Chinese by Indian monks about the same time that Bodhidharma arrived, but the technique had been lost by Stonehouse's time. §While Stonehouse used chrysanthemums for his altar, others infused them in their wine.
- 40. Etiquette requires paying a return visit to someone else who visits. Apparently Stonehouse no longer held up his side of such relationships. Perhaps he didn't look forward to a long hike with a town at the end of it. Or, more likely, he didn't like leaving his hut. §As previously noted, windows were usually covered with oilpaper.

- 37. More than forty years I've lived as a hermit out of touch with the world's rise and fall a stove full of pine needles keeps me warm at night a bowl of wild plants fills me up at noon I sit on rocks and watch clouds and let thoughts wander I patch my robe in sunlight and cultivate silence until someone asks why Bodhidharma came east and I list all my possessions
- 38. Scorpion tails and wolf hearts overrun the world everyone has a trick to get ahead but how many smiles in a lifetime how many moments of peace in a day who knows a toppled cart means try another track when trouble strikes there is no time for shame this old monk isn't just talking he's trying to remove your obstacles and chains
- 39. The crow and the hare race without rest living in the cliffs suddenly I'm old my reflection looks thin when I walk beside a stream my eyes have turned blue viewing mountains through pines I gather red leaves to burn in my stove I pick yellow flowers to put in a vase toiling away for the wine of success others get drunk and can't be revived
- 40. A thatched hut blue mountains green streams
 visits by now are up to me
 two or three peach trees and plum trees in bloom
 green and yellow fields of vegetables and wheat
 I sit all night in bed listening to rain
 I open my paper window and doze off watching clouds
 nothing is better than being free
 but getting free isn't luck

茅菴 古人為道 草莽荊榛 萬物生 **蒼松怪石無** 人為利名驚 石墜 泥 松组 懶借衣求食者 遍 異事殊真好笑 居 頭白髮居嚴 我 拽 高 乾乾 淳 猛火利名路 石何 腰 成 插 坤 菜 和 本為修行 感 春 雲 沒 餘 狐 窟 宿 妨 白 Ш 流龍辱 雷碧 處 身 習 宅 中 健 根 已 H 覺心 雲霄蓬島 三尺寒冰 莫來相伴老 攜 蘚 避 幾度憑欄 猶更將心去覓心 我因禪寂老光陰 偶然得 不許人知 長 水 用 鉏 經網 秦亦 衲 彼短 搬柴 圓 帶 I 翻 夫在已 住 得 經 淨 過竹樹深 雨 至 観 好 每 不 種 此 隱 兩 照 日 自新 乾 ·須論 用 青 祖 Ш Ш 眼 功 松 明 成

- 41. Although Buddhist monasteries in China were non-profit, many depended on income from rent on land donated by wealthy patrons. And some monasteries became so rich, the monks did little or no work. This was rarely the case at temples in the mountains. At these more remote religious centers the emphasis was on meditation and manual work, and the monastic rules of Pai Chang prevailed, chief of which was "no work, no food."
- 42. Roots refers to past actions whose karmic fruit we reap today. §When Taoist adepts finally succeed in transforming themselves through yoga and alchemy into pure spirit, they turn into cranes and fly off to the Island of Penglai, which is the dwelling place of the immortals and which is still said to appear from out of the mist off the northern coast of the Shantung Peninsula. §The last line suggests that there are not many visitors on the path of solitude and simplicity.
- 43. In his *Peach Blossom Spring*, T'ao Yuan-ming tells the story of a group of people fleeing the oppressive rule of the Ch'in dynasty, which unified China in 221 BC. In the course of their flight, these refugees discovered a hidden valley. When a fisherman stumbled onto their sanctuary several hundred years later, he found a peaceful farming community. Eventually the fisherman returned to his own village and told others about his discovery. But the refugees obliterated the traces he left to mark his route, and their valley was never found again.
- 44. In the last two lines, Stonehouse recalls the Zen monk who sees beyond the mountains but who has not yet seen beyond the emptiness with which he has replaced them.

- 41. The ancients entered mountains in search of the Way their daily practice revolved around their bodies they tied heavy stones to their waists to hull rice they carried their hoes in the rain to plant pines it goes without saying they moved dirt and rocks and never stopped hauling firewood and water the slackers who wear a robe to get food don't hang around an old Zen monk
- 42. Everything's growth depends on old roots why argue about who's tall or short the road to success is a tunnel of fire the door to buddhahood is a wall of ice my hut sits alone among brambles and weeds the cloudy Isle of Penglai is a crane's universe my hair has turned white in the cliffs and gorges how often have I leaned on a fence rail till dark
- 43. I moved to the cliffs in order to practice
 I didn't need others to judge my faults
 when natures are simple old habits end
 when thoughts are pure awareness arises
 planting pines and weeding have strengthened my body
 reading sutras and sewing have sharpened my sight
 the world's anomalies are funny indeed
 the refugees of Ch'in are called hermits too
- 44. I searched creation without success by chance I found this forested peak my thatched hut pokes through clouds and sky the moss-slick trail cuts through bamboo favor and shame arouse the ambitious I grow old on the stillness of Zen dark pines and strange rocks remain unknown to those who look for mind with mind

如何三萬六千日	風颺茶煙浮竹榻	僧居青嶂閒方好	細把浮生物理推	菴內不知菴外事	湛然凝寂通三際	未死且留煨芋火	白雲深處結茅廬	幾度坐來苔石煖	林閒猿鶴慣曾見	黃獨火香思懶殘	清晨汲水啟柴門	蔾羹粟飯家常有	風煖野禽聲瑣碎	嚴扃幽寂自為喜	年老心閒身亦閒
不放身心靜片時	水流花瓣落青池	人在紅塵老不知	輸贏難定一盤棋	幾番花落又還敷	廓爾圓明裡十虚	息機何必絕交書	隨分生涯樂有餘	好山直看到斜曛	世上衰榮杳不聞	碧桃花謝悟靈雲	看見天空四歛氛	不用持盂更下山	日斜花藥影闌珊	世路崎嶇人轉頑	埽除一榻臥松閒

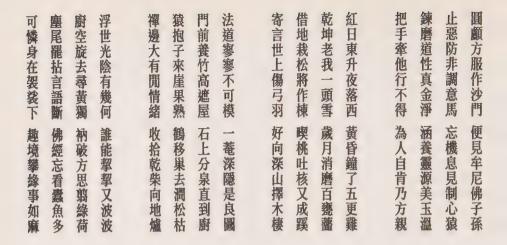
- 45. Lines 5 and 6 are from Ou-yang Hsiu's Liuyishihhua, except that Ou-yang has the sun high and the flower shadows heavy. Although the peony is the showiest of China's summer flowers, it requires the sun for its glory. §The green leaves of pigweed, or Chenopodium album, are eaten fresh as salad greens in Europe but are usually cooked in China. Pigweed has been a metaphor for simple fare ever since Confucius had nothing but this to eat for ten days while traveling through an inhospitable region. §Millet is usually boiled in water with a dash of arrowroot added as a thickener to make a gruel. §Although monks all have a large bowl they use for begging, the hermits I've met coming down the mountain invariably carry an empty sack and leave their bowls at home. Stonehouse was known for his refusal to beg for food.
- 46. The sky's four moods refers to the four seasons. §The T'ang dynasty official Li Mi heard about Lazy Scrap (Lan-ts'an) and decided to pay him a visit. When Li arrived, Lazy Scrap offered the official part of a sweet potato he was roasting and advised him: "Don't talk too much, and you'll last ten years as prime minister" (Kaosengchuan). Li did, in fact, become prime minister, but his readiness to criticize kept him in and out of favor. §Magic Cloud (Ling-yun) was enlightened while watching peach petals falling, after which he composed this gatha: "For thirty years I expected a sword / scattering leaves I unsheathed another branch / then I discovered peach blossoms / and haven't had any more doubts" (Wutenghuiyuan: 4). The reference to gibbons and cranes recalls a story recorded in Ko Hsuan's Paoputzu in which an army is said to have entered the mountains of South China around 1000 BC. The soldiers turned into insects and sand, while the officers turned into gibbons and cranes.
- 47. Lines 5 and 6 recapitulate the two stages of meditation known as *chih-kuan: stilling* (thoughts) and *illuminating* (one's nature). §Temporal boundaries separate the past, the present, and the future. The ten directions include the eight points of the compass as well as the sky above and the earth below.
- 48. The Chinese play two kinds of chess: wei-ch'i, which the Japanese call go, and hsiang-ch'i, which is similar to Indian or Western chess. Both have been played in China for more than three thousand years. Here, the former is meant. §Dust is a necessary accompaniment of roads and marketplaces. In Buddhist parlance, it also refers to the world as perceived by the senses. §The tea smoke is from the small clay brazier Stonehouse used for heating tea water.

- 45. I'm old but my body and mind are at peace
 I've cleared a place to lie in the pines
 the seclusion of a mountain home makes me happy
 the world's rough roads make others perverse
 when the air turns warm the birds all chatter
 when the sun declines peony shadows fade
 as long as there's millet and pigweed soup
 why should I take my bowl down the mountain
- 46. I open my door at dawn to fetch water and examine the sky's four moods sweet potatoes roasting recall Lazy Scrap peach petals falling woke up Magic Cloud I often see gibbons and cranes in the forest but hear no news of the world how many days have I warmed moss-covered rocks gazing at mountains till twilight
- 47. I built a thatched hut deep in the clouds and find enough joy in what life brings I manage to keep a potato fire burning and still write letters despite a lack of schemes clear and still as ice I transcend the bounds of time 1 open and full of light I encompass the ten directions but I don't know what happens outside my door how many times has spring followed fall
- 48. Study the patterns of transient existence the outcome of a game of chess isn't fixed a monk in the mountains needs to be free people in the dust grow old unaware wind blows tea smoke over my bed the stream drops petals into a pool with thirty-six thousand days why not spend a few being still

活計 兩片 旋嵐 休言我獨 有 雙眸合卻方纔好 黄葉隨流 自言境物皆 邊 拙 耳 貧 近風風 個獄 長 木 徹 聽 從 素練粘 唇皮堆 樂 峰 馬 聲 知 底恁麼 虧 道 能 鎖 似 随 吹古木 晴 飛 閒 應 風 長 現定 **沪**壁 月 白 去住 虚 明 過 不 如 世 去 靜 家 夜 雷 7 知 幻 才 放下從頭放 此 天 日 海 為愛青山又放開 誰 無心應物 翛然如兀又如 暗香春信 白雲横谷護 解資 念萬年終不移 滴真珠綴綠崖 明 用 條古路長蒼 事人人盡 底 明 泥 無分 頭 財 牛 地 頭 占癡 月臨 是乾 到 自 吼 盡 倘 可 偶 池

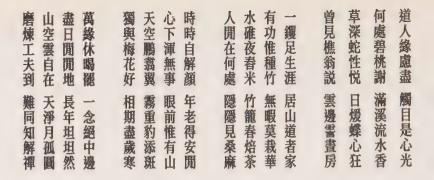
- 49. The third and fourth lines refer to people who talk about the truth without knowing it for themselves, and the fifth and sixth lines summarize koans in which the wooden horse and the clay ox represent the liberated mind free of feelings and thoughts. As for the second of these metaphors, Tungshan once asked Lung-shan what he had learned while living in the mountains. Lung-shan answered, "I saw two clay oxen plunge into the sea, and up until now I haven't heard any news" (Chuantenglu: 8). §The last two lines recall Lin Ho-ching's famous couplet about plum blossoms: "Their hidden scent rides the wind / the moon shines through the mist."
- 50. Not only Taoists, but Buddhists and Confucians also use the word *Tao·Way* to describe their path of spiritual practice. §The west wind blows in autumn and is usually the mildest of China's seasonal breezes.
- $\mathfrak g_{\,\mathrm I}$. Hurricanes (called "typhoons") are common in summer along the southeastern coast, while windstorms are usually confined to the arid regions of the northwest.
- 52. Confucius says, "The wise love water. The kind love mountains" (Lunyu: 6.21). While wisdom is the basis of enlightenment, compassion is the basis of liberation.

- 49. To get to the end the very end
 let it all go let it go
 saliva builds up on the lips
 moss grows thick on an ancient road
 a wooden horse flashes through the clouds
 a clay ox thunders beneath the sea
 a moonlit night on a thousand snowy peaks
 a hidden scent says spring has reached the winter plum
- 50. I'm poor but happy a man of the Way all my needs are satisfied by chance last night the west wind downed an old tree at daybreak firewood covered the ground gauze silk clouds adorned red scarps dew drop pearls bejeweled green cliffs what's present has always decided my living why should I burden myself with plans
- 51. You know very well yet seem not to know speechless like a dunce or a fool you keep still while storms flatten mountains not a thought moving for ten thousand years with ears you hear the wind in the trees with no-mind you mirror the moon above a pond but don't think you alone understand this is something anyone can do
- 52. The shame of dumb ideas is suffered by the best but lack of perception means a fool for sure among those who say it's all an illusion who sees that wealth is due to luck leaves in the stream move without a plan clouds in the valley drift without design once I closed my eyes everything was fine I opened them again because I love mountains



- 53. Although Shakyamuni didn't cut his hair, his disciples began the custom of shaving their heads to distinguish themselves from members of other sects. They also wore the simplest possible garment made of a square piece of cloth, which they hung over one shoulder, and they took the Buddha's family name of Shakya as their own. §In regards to the residents of a Zen monastery, Stonehouse treats slouches and fanatics with equal disdain. §Compared to other stones, jade is relatively warm to the touch.
- 54. The Chinese eat pickles with nearly every meal as an accompaniment to steamed rice or porridge. For those who can't afford much else, pickled vegetables are sometimes the main course. Of the dozens of varieties available, pickled cucumbers remain the favorite. §The Chankuotse says, "When a bird that has been previously shot at hears a bow-string, it flies away as fast as it can" (Chutse). While Stonehouse's advice is not without merit, hunters also string nets between trees to capture thrushes and other song birds.
- 55. The spring still flows from the rocks behind the current incarnation of Stonehouse's hut. §Among the fruits I've been surprised to find in the cliffs of China are gooseberries and passion fruit, loquats and dragon eyes.
- 56. The Chinese yam, or *Dioscorea Japonica*, is usually dug up in fall, when its large winged seeds make it easy to distinguish among the many plants that normally conceal its leaves and tendrils. §Lotus leaves retain their leathery appearance through the summer but become dry and brittle as fall approaches. Hence, they only provide temporary attire. §The whisk is an abbot's symbol of authority and consists of a handle to which the tail of an elk or deer or ox is attached. Stonehouse put down his whisk and stopped giving sermons in 1339 after serving as abbot of Pinghu's Fuyuan Temple for eight years.

- 53. A round head and square robe constitute a monk behold a descendant of Shakyamuni Buddha stopping wrongs and evils taming the horse of will banishing thoughts and schemes caging the monkey mind refining his true nature until it's pure as gold keeping the mystic source warm as jade give him a pull but he won't budge only when he's willing is he friendly
- 54. The sun climbs in the east and goes down in the west the bell rings at dusk the rooster crows at dawn yin and yang have turned my head to snow meanwhile I've gone through a hundred crocks of pickles I plant pines for beams wherever I find room I spit out peach pits and make a peach-tree trail tell the bow-wary birds of the world head for the mountains and choose any tree
- 55. The path of the Buddha is too singular to copy but a well-hidden hut comes close
 I planted bamboo in front to make a screen from the rocks I've led a spring into the kitchen gibbons bring their young when cliff fruits are ripe cranes move their nests when gorge pines turn brown lots of idle thoughts occur in Zen the deadwood I gather for my stove
- 56. There isn't much time in this passing life why spend it running around when my kitchen is bare I go look for yams when my robe needs a patch I think of lotus leaves I've put down the elk tail and stopped giving sermons my long-forgotten sutras are home to silverfish how sad to hide beneath a monk's robe and still have so many goals and ties



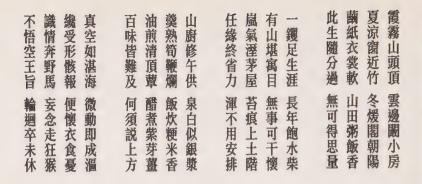
- 57. The term tao-jen, which I've rendered "man of the Way," was at first applied to Taoists, then also to Buddhists, and eventually to Buddhists alone. §The fisherman who discovered the hidden valley mentioned in poem 43 did so by following peach petals upstream to a spring that flowed from a cleft in the rocks.
- §8. Timber bamboo remains a major product of the hills south of Huchou, though Stonehouse was probably more interested in harvesting the edible shoots of the smaller varieties that still cover the slopes of Hsiamushan. §Tea leaves picked in spring are generally the best. The different kinds of green and red teas are produced by varying the exposure of the leaves to heat. §Mulberry and hemp usually grow on land unsuitable for rice, hence at the margins of farming communities.
- 59. The P'eng is the great bird in the first chapter of *Chuangtzu*, where it is used as a symbol of transcendence. It is so big it must climb ninety thousand miles into the sky before it has room to turn south. §In the *Yiching:* 49, the leopard that can change its spots is used as a metaphor for the person who succeeds in eliminating his vices through the cultivation of virtue. The P'eng represents the goal of Taoist practice, while the spotless leopard represents the goal of Confucian cultivation. §The flowering plum, meanwhile, is China's symbol of perseverence in the face of hardship, blossoming during the coldest period of the year.
- 60. The phrase used here for religious practice, mo-lien:grinding-firing, recalls the story of grinding a brick to make a mirror, for which see poem 15 and the accompanying note.

- 57. Men of the Way are done with reason all they see is the light of the mind somewhere peach trees shed their bloom their fragrance fills the stream overgrown slopes are bliss for a snake sunshine is butterfly heaven once I heard a woodcutter mention a lean-to in the clouds
- 58. A hoe provides a living for a man of the Way in the mountains usually busy planting bamboo he doesn't have time to grow flowers a water wheel hulls his rice at night he dries spring tea in a bamboo tray where is the world of men their hemp and mulberry appear in the haze
- 59. Most of the time I smile
 old men can relax
 my mind is free of troubles
 nothing but mountains meet my eyes
 the P'eng soars into the sky
 a leopard blends into mist
 I'm more like the flowering plum
 I wait for the year-end cold
- 60. Reasoning comes to an end
 a thought breaks in the middle
 all day nothing but time
 the whole year undisturbed
 on a pristine mountain clouds float free
 in a clear sky the moon is a lonesome o
 even if physical discipline worked
 it wouldn't match knowing Zen

屈 山 本自 光 · 澹忘 路 他 随 多 窗 曲 1 Ш 頂 開 晴 高 無 諸 並 僧 能 黄 歌 舒 破 從 瀉 僧 似 慺 竹 泥 形 禪 想 無 木 住 何 草 起 依 瓦 野 如 崑 然絕 色 灶 鰛 朝 約 虎笑 我 融 中 的 事 何 雲 極 则 煙 晚 見 自 爇 永 有 竹 遍 卻 勝 亦 相 松 照 來 去 門 心 有 松 九 石 蓬 墳 垓

- 61. Pine Gate is apparently another name for Lone Pine Pass, about forty kilometers southwest of Hsiamushan. §Just beyond the pass was Lingfeng Temple, which dates back to the end of the T'ang dynasty. §I have no idea which Sung-dynasty prime minister is meant, but in the vicinity of Lone Pine Pass are several stupa cemeteries and pagodas that date back to the Sung. §The headwaters of the West Fork of the Sha River also begin at the pass and flow west of Hsiamushan on their way to Taihu Lake.
- 62. The hibiscus is native to most of south China, where it is commonly grown as a hedge. §Lao-tzu says, "I change nothing / and the people transform themselves / I stay still / and the people adjust themselves / I do nothing / and the people enrich themselves / I want nothing / and the people simplify themselves" (Taoteching: 57).
- 63. Penglai is the ethereal abode of immortals and thought to be located off the coast of the Shantung Peninsula in North China. §As elsewhere, *dust* refers to the world of sensation. §The plum blooms during the harshest time of the year and has been the friend of recluses throughout Chinese history.
- 64. In the last line some editions have "a tiger roars." The words for *laugh* and *roar* are homophones, both being pronounced *hsiao*. While *roar* would seem more appropriate, I think Stonehouse was being playful. An early Chinese belief recorded in the *Hanshu* says, "When a tiger roars, the wind rises. When a dragon stirs, the clouds gather" (*Biography of Wang Pao*).

- 61. A view of the wild unrolls from the cliffs
 Pine Gate is there as always
 a monastery from the T'ang
 a Sung prime minister's grave
 stream light flows into the distance
 the wilderness turns dark at dusk
 singing fades from mountain trails
 as woodcutters head for village smoke
- 62. A winding muddy trail
 an immense hibiscus hedge
 a paper-window bamboo hut
 stove-blackened pines
 a humble place free from care
 quiet untroubled days
 who can do as well
 nothing to do or change
- 63. A hermitage deep in the mountains leaves Penglai in the dust the ground is free of weeds plum trees fill the garden thoughts dissolve there's so much time it's so quiet the mind appears a monk's ragged robe dries on the rocks next to a cloud
- 64. Where did that gust come from whistling through the sky shaking the whole forest blowing open my bamboo door without any arms or legs how does it move around I'd track it down but can't from the cliffs a tiger laughs



- 65. Hsiawushan, or "Redfog Mountain," is another variant of Hsiamushan, or "Redcurtain Mountain." Stonehouse's hut was on the southern slope just below the summit. §People who couldn't afford cloth wore clothes made of a heavy grade of mulberry paper. During the winter they added a lining of cotton wadding or of silk cocoons that proved unsuitable for making silk cloth.
- 66. Thatch is the most common roof covering in the mountains, although hermits who can afford them use earthenware tiles. §If there is one element of Chinese culture that most Westerners find incomprehensible, if not exasperating, it's the Chinese glorification of acceptance. But acceptance provides the basis for transcendence, while struggle keeps us enslaved to the dialectic of opposites. At the end of his *Taoteching*, Lao-tzu says, "The Way of the sage / is to act without struggling" (81).
- 67. As previously noted, the *spring* was next to Stonehouse's hut. §In stews, thin bamboo shoots that have been preserved in salt are preferred over of the larger, fresh shoots. §*Hard-grain rice* refers to a non-glutinous variety rather than the softer rice most Chinese prefer. §I'm not sure what kind of mushrooms Stonehouse had in mind. The *violet cortinarius* and the *indigo lactarius* are both edible. Meanwhile, some editions have "clear-cap" in place of "blue-cap."
- 68. At the end of the *Diamond Sutra*, the Buddha says, "All composite things are like a dream, an illusion, a shadow, a bubble." §Lao-tzu says, "The reason we have disaster / is because we have a body / if we didn't have a body / we wouldn't have disaster" (*Taoteching:* 13). §*The Lord of Emptiness* is the Buddha. §The motive force that moves the Wheel of Rebirth is the Three Poisons: Delusion, Desire and Anger. And chief among these is Delusion.

- 65. From the top of Hsiawushan my hut peeks through the clouds cool in summer beside bamboo warm in winter facing the sun cocoon-paper clothes feel soft mountain-grown rice smells fine I take what this life brings nothing else is worth my time
- 66. A hoe provides a living the water and wood last all year mountains soothe my eyes no troubles burden my mind swirling mist soaks through thatch a trail of moss climbs dirt steps accepting saves my strength no need to arrange a thing
- 67. Lunch in my mountain kitchen the spring provides the perfect sauce behold a stew of preserved bamboo a pot of fragrant hard-grain rice blue-cap mushrooms fried in oil purple-bud ginger pickles none of them heavenly dishes but why should I cater to gods
- 68. Perfect emptiness is a transparent sea where the faintest breath makes foam as soon as we have a body we have worries about food and clothes runaway racehorse perceptions uncaged monkey delusions until you understand the Lord of Emptiness the Wheel of Rebirth rolls on

野果 松月 紅 煙 群 熏 對 庿 杖 B 修 來 茶 竹 誰 新 棘 H 半 斜 衝 匨 灶 舊 難 體 松 先 王 樹 知 垂 褥 池 日 夜 衡 照 林 山 柴門 紅 樹影 溪 塵 匓 斫 翓 缘 竹 物 苗 行 木 蒸 開 世 遊 花 雲 何 葉半嚴 Ä 香易 筧 落 Ë 出 枕 便 得 布 四 不 香 到 清 溪沈 翠 掩 相 未 頭 裘 相 此 面 斑 田 便 Ш

69. The eighth month of China's lunar calendar is roughly equivalent to September in the Gregorian calendar. §Farmers often take advantage of the hiatus that occurs during this period, when weeding and watering are no longer necessary and harvesting has not yet begun, to make repairs to their homes and irrigation systems. §In areas where fields are terraced, farmers often grow beans and melons on the banks separating levels. §Bamboo canes are prepared for use as water pipes by dropping hot coals into one end and allowing them to burn through the junctures.

- 70. The pond also appears in poem 24, and Stonehouse's portable tea stove is first mentioned in poem 13. §As in poem 68, the Lord of Emptiness refers to the Buddha, whose teaching on the subject is often summarized by the phrase that is the focus of the Heart Sutra: "Form is emptiness, and emptiness is form."
- 71. In poem 27, the mountain swallows the sun: Is it the mountain or is it the sun? §Until recently, the Chinese preferred to sleep on hard pillows designed to cool the brain. In addition to wood, porcelain was also used.
- 72. When Buddhist monks or nuns venture into the mountains, they carry a six-foot staff with rings on the top that jangle to announce their presence to wild animals. There is also a spade on the bottom for negotiating slippery slopes and for digging up the odd root. § Leaving the pines suggests climbing beyond the treeline, but it also refers to leaving monastic life.

- 69. The Eighth Month in the mountains the perennial fruits are at hand pea pods hang on terraced banks rice-flower perfume fills the fields I cut tall grass to patch my hut I chop bamboo to channel the spring I wonder if anyone knows how much I enjoy old age
- 70. A thatched retreat among bamboo beyond the world of dust a pond before the door mountains out every window a tea-stove black with soot a hemp robe streaked with dirt if I didn't understand the Lord of Emptiness how did I end up here
- 71. When the red sun swallows the mountain I shut my makeshift door my new grass mattress gives my lacquered wooden pillow curves and when the pine moon shines before mountain clouds return clear night dreams go far but not to the world below
- 72. I grabbed my staff and left the pines I wandered up an emerald peak a flock of cranes chased a hawk tree shadows darkened the streams thorns protected the wild fruit their scent made herbs easy to find a veil of smoke in fading light crimson leaves on a cliff in shade

山月如銀牽老興 閒行不覺過峰西淒淒茅舍新秋夜 白荳花開絡緯晞

結草 取 生涯 乾坤容我嬾 紙窗松葉暗 麥飯惟 日鷗 捨 一便為 與行 隨 分過 競火 眠 名利 年 藜羹不 誰管世 營窠燕 生各有方 年 得悟空王 屋 使他 蘚 用 送邊梁 覆苫 華

問敲塑山

西寒

我

夜尊

茶 長

煮明

石池

冰燈

碗

73. The Buddhist trinity is usually represented by Amida, Shakyamuni, and Maitreya, the buddhas of the past, the present, and the future. §A small handbell is used while chanting. §At the end of the fifth century, Bodhidharma left his home in southern India and brought Zen to China. Originally, the word dhyana:zen meant "meditation." Following Bodhidharma's arrival, it was also used to refer to his technique of "pointing directly to the mind." Eventually, it was also applied to the sects that emphasized this teaching. "Why did Bodhidharma come east?" was a favorite koan of Chinese Zen masters as it demanded the student "come east" himself.

74. Heaven and Earth represent the basic dialectic of yin and yang. §The Lord of Nothing (or Emptiness) is the Buddha, who teaches that because all things depend on other things for their existence none of them is real.

75. Although mosses are non-flowering plants, their spore capsules are sometimes borne on long stems that suggest the stem of a flower. §Wheat-bran gruel is made by grinding wheat together with its husk and boiling the resulting mixture. §For pigweed soup see my note to poem 4.5. Wheat-bran and pigweed are among the survival foods of the poor. §Lao-tzu says, "The best are like water / bringing help to all / without competing / choosing what others avoid / hence approaching the Tao" (Taoteching: 8).

76. This poem was apparently written on the Moon Festival, when the Chinese celebrate the harvest. Next to New Year, it is the most important festival of the year, and family members go to great lengths to be together on this night, which is the full moon night of the eighth lunar month.

- 73. On a ten-thousand-story-high mountain my hut sits at the very top
 I shaped three buddhas from clay and keep an oil lamp burning
 I ring a bell cold moonlit nights and brew tea with pond ice but ask me why Bodhidharma came east and I can't say a word
- 74. Take it or leave it do it or don't everyone has his own path
 Heaven and Earth let me be lazy profit and fame keep others at work gulls sleep on piers with their backs to the sun swallows build nests above roof beams seduced by passion controlled by things people aren't aware of the Lord of Nothing
- 75. I built my hut out of grass
 every year I add more thatch
 pine trees shade paper windows
 moss flowers line bamboo walls
 wheat-bran gruel only needs fire
 pigweed soup requires no salt
 I live on whatever comes my way
 why should I avoid what others hate
- 76. A thatched hut is lonely on a new fall night with white peas in flower and crickets calling mountain moon silver evokes an old joy suddenly I've strolled west of the peak

爭似道人茅屋下	玉堂銀燭笙歌夜	山菴喜免征徭慮	童子未曾歸動火	怕寒起坐燒松火	年老安居養病身	百丈已前嚴穴士	厭煩勞役愛安閒	門外碧桃親手種	大抵四時春最好
一天晴月曬梅花	金谷羅幃富貴家	賸種青松只賣柴	水雲早已到投齊	一曲樵歌隔塢閗	日高猶自未開門	生涯全在钁頭邊	窗樣如何居得山	春光二十度花開	就中猶好是山家一樹紅花閒白花

- 77. Fiddleheads have been standard fare among hermits ever since Shu-ch'i and Po-yi tried to survive on the blameless diet of ferns and deer milk around 1100 BC. §Spring is also the best time to pick tea leaves. In its natural state the tea tree can grow to over thirty meters in height, but in tea orchards it is usually kept waist-high. §The second line suggests a peach tree in a grove of plum trees. Normally the peach blooms a month or more after the plum, but elsewhere Stonehouse links the flowering of both trees. Apparently Stonehouse planted varieties whose flowering overlapped.
- 78. If, as Stonehouse tells us in poem 170, he moved to Hsiamushan in 1312, this poem would have been written in 1332. But Stonehouse left to become abbot of Pinghu's Fuyuan Temple in 1331. Hence, Stonehouse must be rounding off the years or counting some springs twice.
- 79. Pai-chang was the eighth-century Buddhıst monk who established the basic monastic rules used in Zen temples, which he summarized by "no work, no food." He spent the latter part of his life among the cliffs of Paichangshan, about one hundred kilometers west of Nanchang in Kiangsi province.
- 80. The cold has driven Stonehouse to consider a fire of branches and logs as opposed to his normal fire of leaves and twigs. §In China, woodcutters sing to accompany the rhythm of their work. Stonehouse may also be alluding to the eleventh-century hermit-poet Chu Tun-ju who titled his collected poems *Woodcutter Songs*. Chu retired to Chiahsing Prefecture, the next prefecture to the east and where Stonehouse served as abbot from 1331 to 1339.
- 81. Before persons can be ordained, they must spend several years as a novice under the guidance of a senior monk or nun. Once ordained, monks and nuns are allowed to wander at will and stay at any temple where they can find room. §During the Yuan dynasty, monks were exempt from *corvée*, or forced labor on state projects. §In addition to firewood, hermits sell or barter herbs and wild fruits to obtain such necessities as salt, rice or flour, cooking oil, lamp oil, and cloth.
- 82. The appellation "jade hall" was at first applied to the imperial palace and in particular the women's apartments. However, by Stonehouse's day the term was reserved for the Hanlin Academy, which housed the country's most prestigious scholars. §In the fourth century, Shih Ch'ung held ostentatious banquets at a place called Gold Valley not far from Loyang. It was said that anytime a guest failed to drain his cup, Shih had one of the serving girls beheaded.

- 77. Mountain of fiddleheads orchard of tea one tree of pink among the white of all the seasons spring is the best this is when a mountain home shines
- 78. Someone asked what year I arrived I sat until the answer came the peach tree I planted outside the door has flowered in spring twenty times
- 79. If you hate hard work and like to loaf you won't survive in the mountains Pai-chang lived in the cliffs long ago his life depended completely on a hoe
- 80. Old and retired I nurse a sick body long after sunrise my door is still closed shivering I get up to light a pine fire over the next rise I hear a woodcutter's song
- 81. Novices don't stay to stir the fire wandering monks prefer free meals but hermits at least avoid *corvée* and taxes they plant more pines and sell more wood
- 82. Jade-hall silver-candle nights of song gold-valley silk-curtain homes of the rich can't compare with a hermit's thatched hut where plum blossoms shine in unclouded moonlight

分明月在梅花上	此事誰人敢強為	山居道者機關少	屋後青松八九樹	都來與我無干涉	粥去飯來何日了	眾人若要廚堂好	種了冬瓜便種茄	面壁老僧無定力	山廚寂寂斷炊煙	除郤淵明賦歸去	相逢盡説世途難
看到梅花早已遲	除非知有莫能知	家火從頭説向人	門前紫芋兩三疄	空起許多聞念頭	日生月落幾時休	須是園頭常在家	勞形苦骨做生涯	又思乞食到人閒	凍鎖泉聲欲雪天	更無一箇肯休官	自向安中討不安

- 83. T'ao Ch'ien (Ta'o Yuan-ming) lived in the early fifth century and is revered as one of China's greatest poets. Finding the demands of government service not to his liking, he resigned his post and retired to his old farmstead at the foot of Lushan. He celebrated his decision in his *Ode to Retirement:* "O let me retire / let socializing end and traveling stop / let the world and me say good-bye."
- 84. The most distinctive sound of a traditional Chinese kitchen is that of the bellows, which is built into the side of the stove with a handle that can be pumped whenever more heat is needed. §The spring, as noted elsewhere, is next to Stonehouse's kitchen. §The practice of "wall contemplation" is associated with Bodhidharma, who is said to have spent nine years sitting in a cave near Shaolin Temple before transmitting his understanding of Zen to Hui-k'o. §According to his contemporaries, Stonehouse preferred to survive on water rather than beg from others.
- 85. Winter melon, Benincasa cerifera, and Chinese eggplant, Solanummel longcana, both bear their fruit well into the fall at least they do in South China. Neither requires much effort to grow, and both are easily preserved, the former with heat or vinegar and the latter with ashes.
- 86. Rice porridge is usually eaten in the morning, while steamed rice is the staple at lunch and dinner in South China. The only difference between the two is the amount of water used in cooking. However, rice porridge is much easier to digest. Hence it is preferred by those who are old or sick.
- 87. Taro, Colocasia esculenta or the "purple potato," is one of the principle starches of hermits south of the Yangtze, where it thrives on the warmer weather and the more abundant summer rainfall.
- 88. Buddhists often liken the teaching of buddhas and patriarchs to a finger pointing to the moon: Once you've seen the moon, you don't need to look at the finger. Here, Stonehouse replaces the finger with plum blossoms but finds their more delicate light difficult to let go.

- 83. Everyone I meet says the world's ways are hard even where it's peaceful they can't find peace except for T'ao Ch'ien's Ode to Retirement no one else mentions resigning
- 84. My cookstove is quiet the smoke has stopped the spring is frozen the sky says snow facing a wall my concentration gone again I think about begging in town
- 85. I plant winter melon then eggplant
 I wear myself out staying alive
 but someone who wants a decent kitchen
 needs his own garden at home
- 86. Will porridge and rice ever end will the sun and moon ever stop either way I remain unconcerned so many thoughts occur in vain
- 87. Eight or nine pines behind his hut two or three patches of taro in front a mountain recluse doesn't have many plans all he talks about is his fire
- 88. It's something no one can force besides knowing it's there there's nothing to know the moon shines bright above the flowering plum but who can look past the blossoms

觸目本來成現事	天湖水湛琉璃碧	真性何曾雕妄有	我笑青山高突兀攀緣起倒易消停	循環數遍琅玕竹一日打眠三五度	只今便道即今句 梅子熟時梔子香過去事已過去了 未來不必預思量
何須叉手問禪翁	霞霧山圍錦幛紅	花開花落自春風	李急難除是愛憎	卫出青松望遠山 也消不得許多閒	梅子熟時梔子香

89. In South China, plums ripen and gardenias bloom in the fifth lunar month. This is also when "plum rains" arrive and weeding normally begins. Ripe plums also recall the story of Ta-mei, whose name means "Big Plum." When Ta-mei visited Ma-tsu, he asked, "What is a buddha like?" Ma-tsu said, "This mind is the buddha." Ta-mei left and built a hut deep in the mountains. Some years later, when Ma-tsu heard of Ta-mei's whereabouts, he sent a monk to inquire after him. The monk asked Ta-mei, "What truth did you discover that made you move to this mountain?" Ta-mei said, "Ma-tsu taught me 'this mind is the buddha.' That's why I moved here." The monk said, "Ma-tsu's teaching is different now." Ta-mei asked, "How is it different?" The monk said, "Now he teaches 'that which isn't the mind isn't the buddha.' "Ta-mei said, "That old man still isn't done confusing people. He can have his 'that which isn't the mind isn't the buddha.' I'll stick with 'this mind is the buddha.' "When the monk returned and reported this coversation, Ma-tsu said, "The plum is ripe" (Chuantenglu: 7).

- 90. The kind of jade mentioned here is an iridescent variety found in the Kunlun Mountains of myth, where many plants are made of precious stones. §The pines were between Stonehouse's hut and the summit, from which the main peaks of the Tienmu Mountains are visible to the south.
- 91. Love, hate, and delusion make up the Three Poisons that turn the Wheel of Rebirth. Stonehouse's point is similar to that of Hui-neng: "Suffering is enlightenment" (Sutra of the Sixth Patriarch: 2).
- 92. The phrase true emptiness is used to characterize the Theravada notion that nirvana is empty of all characteristics. But it is also used by followers of the Mahayana, who hold that true emptiness is also empty of emptiness and thus includes all things. Hence nirvana includes hell. The same holds for our true nature: Life includes death.
- 93. According to the sutras of the Pure Land sect, the ground of Amida's Western Paradise is made of aquamarine, which ranks first among the gemstones that comprise the Seven Jewels. §Silk brocade remains among the most famous products of the Hangehou area. §Sky Lake was the name Stonehouse gave to the spring next to his hut. §Hsiawu, or "Redfog," is one of several variants Stonehouse used for Hsiamu, or "Redcurtain," which is the name in use on current maps.

- 89. What's gone is already gone and what hasn't come needs no thought now for a right-now line plums are ripe and gardenias in bloom
- 90. Three or four naps every day still don't exhaust all my free time
 I circle the jade bamboo once or twice and gaze at far mountains from above the green pines
- 91. The tide of attachment is easy to stop but it's hard all at once to end love and hate I laugh at the mountain for towering so high and the mountain calls me thin as a ridge
- 92. True emptiness is silent but always present masked by delusion for reasons unknown our true nature never leaves unreal existence flowers bloom and fall when the spring wind blows
- 93. Sky Lake is a pool of aquamarine Redfog Peak is a brocade screen regarding what appears before your eyes why bow your head and ask an old monk

- 94. Among the dozens of Buddhist and Taoist hermits I've encountered in China, I've never met one who didn't conduct some sort of daily ceremony at dawn and again in the evening involving chanting and meditation. §The *folded hands* refers to the traditional mode of greeting, either with hands pressed together, as if in prayer, or with one hand folded inside the other. No doubt Stonehouse is being facetious here. Despite living as a recluse, he attracted many visitors toward the end of his life, including representatives of the imperial court.
- 96. When expecting guests, it is customary to sweep the path in front of one's house and to leave the gate ajar. Here, Stonehouse receives some unexpected visitors that require no such preparation.
- 97. The width of structures in a Buddhist monastery is still measured in terms of one-meter-wide straw mats, even though such mats have long since gone out of fashion in China.
- 98. The *smoke* is that of temple incense burners, and the *tangles* are those of koans used for instruction and meditation. Stonehouse contrasts these with the fragrance of wild plants and the logic of his garden.
- 99. Lao-tzu says, "Existence makes something useful / but nonexistence makes it work" (*Taoteching:* 11). Pointing to a huge gnarled oak tree, Chuang-tzu says, "It's because its wood is useless that it has lived to such great age" (*Chuangtzu:* 4.6).

- 94. Old and exhausted I'm truly lazy no more folded hands at dawn guests arrive and I face them speechless their trek to my hut ends up a waste
- 95. Now that I'm old I'm utterly lazy a hundred idle thoughts all turn to ash but when a friend suddenly arrives inescapable feelings force me up
- 96. There isn't any dust to sweep on a mountain guests have to knock before I open my gate after a snowfall the setting moon slips through the eaves the shadow of a plum branch reaches the window
- 97. My hut is less than three mats wide surrounded by mountains on every side my bamboo bed couldn't hold a cloud I shut the door before sunset
- 98. Why do my Zen brothers choose smoke and tangles this life of mine isn't hard gardenias perfume the trees above the cliff the shoots in my garden form patches of green
- 99. A clean patch of ground after it rains an ancient pine half-covered with moss such scenes appear before us all but how we use them isn't the same

100. The bell announcing the end of the monastic day is normally rung between 9 and 10 PM.

101. Although most Chinese consider burial more filial, as it returns the body intact from whence it came, during the Yuan dynasty cremation became so popular and wood sufficiently scarce that the government was compelled to issue a decree forbidding the practice, except in the case of monks and nuns. Unlike the Indians, who cremate their dead in the open on top of a pyre, the Chinese prefer to place the corpse inside a wooden box and the box inside a brick structure designed especially for cremation.

102. As previously noted, those who couldn't afford cloth used a heavy grade of mulberry paper. §Temple bells are rung just before dawn.

104. The second line is intended as a pun on Stonehouse's name. Stonehouse built his hut adjacent to the trail that led up the southern slope of Hsiamushan. The summit was another two hundred meters beyond his hut. §I'm not sure which bridge Stonehouse had in mind. There are two villages with the word *bridge* in their names at the foot of the next mountain to the west.

- 100. A myriad worlds and forces have crumbled all that I've known and seen has vanished my two fine ears are no good at all I sit past the cockcrow and the evening bell
- 101. My home in the cliffs is like a tomb barren of even one worldly thought although I eat food and wear clothes I look like a corpse not yet cremated
- 102. I heat a new paper quilt by the stove and sleep all night until dawn when I hear a bell somewhere below add one more day to a passing life
- 103. There's a snag in front like a standing man a ridge in back like a gathering wave this old monk couldn't be the reason it's the road through the clouds that lures friends here
- 104. Sawtooth mountain up-and-down road stone in the clouds house on the trail land is too scarce to grow much I even farm west of the bridge
- 105. A hundred years slip by when you're free ten thousand cares dissolve when you're still a mountain image shimmers on sunlit water snowflakes swirl above a glowing stove

106. In the Western Paradise of Amida Buddha everything is made of gold, silver, aquamarine, crystal, coral, carnelian, and nacre (the iridescent lining of the giant clam): the entire array known as the seven jewels. §Buddhists recognize a number of hells, some of which are hot but others of which are cold.

107. In Seng-ts'an's long poem on the practice of Zen, the Third Patriarch says, "When the mind is serene / things disappear by themselves" (Believing in the Mind: 10).

108. Yung-chia's Song of Enlightenment begins: "Does no one else see / the idle follower of the Way / who neither acts nor studies / who neither ends delusions nor seeks the truth?"

109. Conditions are what the mind uses to link things together. §Buddhists recognize twenty-five kinds of existence: fourteen in the realm of desire, seven in the realm of form, and four in the realm beyond form. §Stonehouse channeled the spring that flowed from the rocks next to his hut into a pond that he dug in his front yard.

- 110. According to the second of the Buddha's Four Noble Truths, passion is the cause of sorrow. §Here no mind refers to the fourth and highest state of meditation, which is devoid of all thought but which is still subject to karma and thus impermanence.
- 111. Our false mind is an illusion, and our true mind can't be grasped. Hence Buddhists sometimes call our true mind "no mind." "No mind in work, no work in mind" is a saying attributed to the ninth-century Zen master Te-shan.

- 106. There's a road to the West that nobody takes people want out but Hell has no gate jeweled pavilions and terraces are empty cauldrons and ovens are full
- 107. Look for the real and it becomes more distant try to end delusions and they just increase followers of the Way have a place that stays serene when the moon is in the sky its reflection is in the waves
- 108. Trying to become a buddha is easy but ending delusions is hard how many frosty moonlit nights have I sat and felt the cold before dawn
- 109. Stripped of conditions my mind is blank emptied of existence my nature is bare often at night my windows turn white the moon and the stream visit my door
- 110. Work with no mind and all work stops no more passion or sorrow but don't think no mind means you're done the thought of no-mind still remains
- 111. No mind in my work the wind through trees no work in my mind the moon through space windsound and moonlight wear away one layer then another

盤膝坐來中夜後	半窗松影半窗月	記得去秋煙雨裡	明明見了非他見	况是死生呼吸事	茅簷雨過日頭紅	雲歸自就茅簷宿	一軸棱伽看未周	準無腰帶褲無口	白髮催人瘦入肩	道業未誠空白首	新年頭了舊年尾
飛蛾撲滅佛前燈	一箇蒲團一箇僧	猿來偷去一雙梨	了了常知無別知	黄昏難保聽朝鐘	瞬息陰晴便不同	一日光陰又早休	夕陽斜影水東流	一領褊衫沒半邊	住來茅屋已多年	大千無處著羞慚	明日四兮今日三

- 112. Line 2 refers to the third and fourth days of the year, when the new moon first becomes visible. Fourth and third also recall a story that appears in the second chapters of Chuangtzu and Liehtzu. It seems that a group of monkeys were dissatisfied with their diet of three acorns in the morning and four in the evening. When the trainer agreed to change this to four in the morning and three in the evening, the monkeys ceased their objections. §The Chinese calculate their ages not from their birthdays, but from New Year's Day. Hence, the holiday often reminds people of the ephemeral nature of life.
- 113. In the last line, Stonehouse is refering to the *kasaya*, which is worn like a toga over one shoulder and thus covers only half as much of the upper body as a regular robe. Although it is standard attire in India and Southeast Asia, it is usually reserved for begging and temple ceremonies in China.
- 114. Hermits all have their favorite text that they read or chant every day. Among Buddhists, it's now the *Lotus* and *Titsang* sutras. Fifteen hundred years ago, the *Lankavatara* was the only sermon of the Buddha that Bodhidharma thought suitable for students of Zen. It is, however, not that easy to read and would be hard to finish in the course of a day. In the introduction to his English translation, D.T. Suzuki notes that its profundities "are presented in a most unsystematic manner." §The subduction of the Indian Plate beneath the Asian Plate has raised the elevation of Tibet far above that of China. As a result east of the area of impact, and this includes most of Tibet and all of China all rivers flow east.
- 116. The last line calls to mind a story about the Han-dynasty Taoist Tung-fang Suo, who stole three magic peaches that conferred immortality during a visit to the legendary court of the Queen Mother of the West.

- the fourth tomorrow the third today still unenlightened I have aged in vain where in the world can I express my shame
- I've lived in a hut more years than I can count my shorts have no drawstring my pants have no legs and half of my robe is missing
- 114. Before I can finish the Lankavatara sunset shadows flow east with the rivers clouds return and I retire to my hut another day's passage ends early again
- 115. Rain soaks my hut then the sun shines weather can change in the blink of an eye but not as fast as the breath of existence at dusk you can't hear the morning bell
- 116. No one else sees what I see clearly no one else knows what I know well I recall one misty day last fall a gibbon came by and stole two pears
- 117. Half the window pine shadow the other half moon a single cushion a single monk sitting cross-legged after midnight when a moth puts out the altar lamp

- $\scriptstyle\rm II\,I\,8$. The Chinese prefer their tea strong and unadulterated. Its ability to allay hunger and thirst and to clear the senses without overstimulating them has made it the drink of choice among those who meditate.
- 119. Old rice refers to rice left over from the last harvest, and a handful suggests Stonehouse was rationing it out until the new harvest was in.
- 120. Stonehouse's hut on Hsiamushan was ten kilometers west of the East Fork of the Sha River.
- 121. A robe with a lining of cotton wadding is still the normal winter attire for monks and nuns. Over time, the wadding tends to shift to the bottom and requires periodic replacement or refurbishing.
- 122. Stonehouse is being facetious. Burning leaves in his tea stove as the winter night approaches suggests he has no wood.
- 123. A few trees in bloom refers to peach trees.

- I sit on a rock by a pond and count fish
- I steam a handful of old rice for dinner I boil a few sprouts for a soup bland but natural flavors are fine who needs to add ginger or spice
- 120. I moved west deep into the mountains
 put trees and mist between me and the river
 old and untroubled I like to sleep late
 I hate to hear roosters or bells
- 121. Mountain wind ripped out my old paper windows snowflakes swirl inside my once padded robe isn't padded anymore with a stick I probe the ashes
- I sit here in bed beneath a ragged robe the stove ablaze with dry leaves who would guess there's frost overhead
- 123. A few trees in bloom radiant red
 a pond in spring rippling green
 a monk with eyes that see beyond Zen
 doesn't have to be dead to use them

老僧自住尚狹窄	茅屋方方一丈慳	春去秋來知幾度	喫桃吐核核成樹	布裰半沾泥水溼	一夭紅日曉東南	任他伎倆自磨滅	細推百億閻浮界	粥去飯來茶喫了	当家不養雞和犬
那許雲來借半閒	四簷松竹四圍山	爭教我不白頭毛	樹大花開又結桃	歸來脫曬竹房前	自拔青苗插瘦田	紅日依前照石臺	白日無人似我閒	開窗獨坐看青山	日到茅簷夢未醒

- 125. Watered-down rice is eaten at breakfast and steamed rice at other meals. In the case of monks and nuns who adhere to the letter of the precepts, the noon meal is their last meal of the day. Tea is drunk to aid digestion and also to dispel fatigue. § Jambu is the short form of the Sanskrit Jambudvipa. Ancient Buddhist geography divided the world into four continents, with Jambudvipa comprising all of Asia.
- 126. "To push away the clouds in order to the see the sun" is an old saying the Chinese use when someone is trying to remove insurmountable obstructions from their path. §Stonehouse is referring to the outcrop of flat-topped boulders at the summit not far from his hut.
- 127. As the days of fall and winter become shorter and darker, the place where the sun rises moves progressively southward, and clouds take the place of clear skies. The sun's reappearance in a cloudless sky on the southeastern horizon marks the advent of spring. §The *sprouts* could be those of young rice plants, but wheat would be more appropriate on marginal ground.
- 128. The peach is native to China and appears in the archaeological record of the Hangchou area as early as five thousand years ago. In poem 78, Stonehouse dates his arrival on Hsiamushan by the peach tree he planted twenty years earlier outside his door.
- 129. The "ten-foot chamber" originally referred to an abbot's room and was later extended to include the adjacent room in which he met privately with visitors and students.

- 124. I shut my door before clouds return and sleep on a cot my thoughts obscure hermits don't raise dogs or chickens sun hits the roof and I still dream
- I sit by a window and gaze at the mountains during the day throughout Jambu is anyone more idle than me
- 126. Dense fog and clouds you can't push apart suddenly appear and suddenly depart clever people can wear themselves out sun lights the rocks the same as before
- I transplant sprouts into barren fields my robe of patches soaked and muddy I take off and dry in front of my hut
- 128. I eat a peach spit out the pit the pit becomes a tree the tree grows and flowers and bears another peach spring ends and fall begins how many times how can I keep my hair from turning white
- 129. My hut isn't quite ten feet on a side surrounded by pines bamboo and mountains an old monk hardly has room for himself much less for a visiting cloud

130. One day when Chao-chou was working alone in the monastery kitchen, he shut the door and let the room fill with smoke. Then he cried, "Fire!" When the other monks came running, he said, "Say the word, and I'll open the door!" But none of the monks could think of anything to say. When Abbot Nan-ch'uan arrived, he handed him a lock through a window, and Chao-chou finally opened the door (*Chuantenglu:* 10). Chao-chou and his teacher Nan-ch'uan were among the most reknowned Zen masters of the ninth century.

- 132. Among the 1440 works listed in the Buddhist Canon in Stonehouse's day was a series of five Sung-dynasty works (the *Chuantenglu* and its companion volumes) that included some seventeen hundred koans. §Vines were used in the production of paper.
- 134. Hsiawushan, or "Redfog," is one of several names Stonehouse uses for Hsiamushan, or "Redcurtain." Its summit is four hundred meters higher than the surrounding countryside, which is only ten meters above sea level.
- 135. Pine nuts have kept many recluses from starving and have provided a rare treat for others. Lotus-leaf attire is not entirely imaginary, though it is usually associated with immortals: "A lotus-leaf robe and a belt of vines / suddenly he appears and suddenly departs" (Nine Songs: Lesser Lord of Long Life). §Big Plum, or Ta-mei, was a disciple of Ma-tsu. Following his enlightenment, he moved so far into the mountains people thought he had died. Then one day, a monk who had lost his way stumbled into a clearing and discovered him sitting in front of a hut. Not long afterward, Ta-mei had more disciples than he knew what to do with (Chuantenglu: 7).

- 130. Don't run from his knife when he strikes make it a fight to the death break down Chao-chou's door and the universe will fall at your feet
- 131. Our time is confined to one hundred years but which of us gets them all hundred-year-olds die too it's only a matter of sooner or later
- 132. The Canon is full of old paper seventeen-hundred tangled vines who can see through the mess one thought is still too many
- 133. Leaves on the shore are swept downstream clouds on the ridge are blown back and forth neither can match an old monk who stays still sitting in the cliffs doing nothing all year
- 134. Redfog is high and the trail is long my hut is made of bamboo and vines people prefer to stay where it's safe but many are fooled into making the climb
- Old and withered my strength is gone but visitors force me up
 I regret not learning to hide my tracks but pine nuts and lotus clothes recall Big Plum

- 136. Repressed by the Confucian values of earlier governments, merchants were given unprecedented freedom and power during the Yuan dynasty, when the Mongols made extensive use of their services in collecting taxes and financing state projects.
- 137. Buddhists agree that we all possess the potential to become buddhas but differ as to how the realization of buddhahood takes place. While most sects say it is realized in stages and through moral discipline and meditation, the Zen sect prefers the radical approach of Bodhidharma: "If you can find your buddha nature apart from your mortal nature, where is it? Beyond this nature, there is no buddha" (*The Zen Teaching of Bodhidharma*: 16–17). Thus, when pointing to the buddha, Zen masters point to the everyday-mind.
- 138. Long before the Grand Canal was completed, an extensive system of small canals and natural waterways enabled people to do much of their long-distance traveling by boat. The system of roads was even more extensive and was maintained by the government to assure its continued control over the territory it administered.
- 139. For winter melon, see my note to poem 85. Gourds, or Lagenaria vulgaris, are grown for their use as containers and utensils as well as for food.
- 140. This poem refers to a straw-filled meditation cushion and a patched begging robe. §This particular iron pot had three feet and was small enough to fit on the portable brazier normally used for heating tea water. Its primary use, however, was for heating wine, here replaced by freshly drawn water from Stonehouse's spring. The precepts under which monks and nuns live forbid the drinking of alcoholic beverages.
- 141. The stalk of the blue hemp plant is used for making string and rope. §According to his contemporaries, Stonehouse refused to beg for alms.

- 136. A hermit's hut is empty encircled by bamboo a merchant's gate is high with hundred-foot-long walls in his empty hut a hermit finds peace behind his high gate a merchant finds none
- I 37. Others say everyday-mind isn't our buddha nature I say our buddha nature is simply everyday-mind afraid that no one will do any work they tell us to grind iron rods into needles
- 138. East and west and north and south and back again by cart and horse and boat on land and water the gate to fame and fortune is more remote than Heaven yet mortals by the million perish on the road
- 139. What sort of practice takes place in the mountains planting winter melons then planting gourds and if your effort falls a bit short most of your fields end up beneath weeds
- 140. Too long out of temples I don't have a cushion too long in the mountains I don't have a robe all I have is an iron pot to entertain guests with fresh boiled water
- 141. When seams come apart I plant blue hemp when food runs out I harvest green rice I pull myself through with effort and when things are better it's not thanks to alms

- 142. Pine meal is made by grinding sun-dried or roasted pine nuts. §I'm not sure what kind of vine Stonehouse gathered his buds from, perhaps a relative of the morning glory. At a monastery in Taiwan where I lived for several years, we dined throughout the summer on tiger lily buds, picked a day or two before they were due to open and stir-fried in oil.
- 143. Hermits usually need to sell something in order to buy the few things they can't produce themselves. If it isn't firewood, it's usually herbs or other mountain products. One Buddhist nun I met in the Chungnan Mountains got by on the harvest from four walnut trees.
- 144. The Chinese yam, unlike its cousins in the sweet potato family, is not especially thick and needs all the help it can get. Elsewhere, Stonehouse says he turned to it when there was nothing else to eat.
- 145. In poem 15, Stonehouse says his hut has no gables. Apparently, this is why. §Buddhists say the universe contains a billion worlds, and yet all billion were able to fit inside Vimilakirti's hut, in the sutra of the same name, with room to spare for Manjushri and a host of other bodhisattvas and celestial beings. §Zazen means to "do zen," hence to meditate. I've used the Japanese pronunciation, which comes closer to the original T'ang-dynasty pronunciation than does the modern Mandarin.
- 147. The South China tiger, which is now rarely seen, is much smaller than its Bengal or Siberian cousins. The Chinese associate the tiger with the wind, which rises when it roars. §For more on the steps in front of his hut, see verse 157.

- 142. A steaming pot of parched wheat and pine meal a fragrant dish of bamboo shoots and vine buds when I'm exhausted I think of nothing else let others become gods or buddhas
- 143. Life in the mountains depends on a hoe food and clothes don't come by themselvesI'm knee-deep in mud planting rice in the fields or my shoulders are raw from hauling wood to town
- I farm the clouds and sleep when I'm done yams turn ripe from overhead sun their flavor doesn't come from the stove
- 145. Standing outside my pointed-roof hut how much space do you think is inside all the worlds of the universe are there with room to spare for a zazen cushion
- 146. Beneath tall pines I built a hut windows open on all four sides I sit all day facing mountains nothing else comes to mind
- 147. Late autumn rain is a rain of mist tiger tracks appear in the moss the west wind doesn't stop all night by dawn yellow leaves are up to the steps

一冬煖活如何説	楮閣安爐種炭團	我有山田三畝半	僧因產業致差科	尚有閒情無著處	禪餘高誦寒山偈	夢裡不知誰是我	老來無事可千懷	不知何處碧桃放	山舍清幽絕點塵	白髮老僧眠未起	團團紅日上青山
夢想不思兜率天	床鋪新薦被新棉	盡情回付與檀那	官府勾追恥辱多	攜籃過嶺採藤花	飯後濃煎谷雨茶	覺來新月到梅花	竹榻高眠日枕斜	幽鳥銜來遶竹門	心閒與世自相分	勞生磨蟻正循環	竹屋柴門尚閉關

- 148. The image of ants marching around the inside of a stone mortar was made famous as a simile for the movement of astronomical bodies in the *Chinshu*. They reminded Stonehouse of his fellow humans working their various treadmills.
- 149. As in poem 2, there is so little going on in Stonehouse's dwelling that birds living in a more remote part of the forest think his hut deserted and bring wild peach twigs to build nests.
- 150. Obviously, a short and a light sleep. The faint glow of the new moon is briefly visible at sunset. However faint and brief, Stonehouse tells us in poem 59 that he has a special sensitivity for the plum.
- 151. Cold Mountain, or Han-shan, was a Buddhist poet who lived in the latter half of the eighth century in the Tientai Mountains near the Chekiang coast. His three-hundred-odd poems have been translated into English by several people, including myself. §A gatha is a four-line poem with three, five, or seven syllables to the line. Its original function was to summarize preceding materials in a Buddhist sutra, but it was adapted by Chinese Buddhists as a stand-alone poem. §For chanting, Cold Mountain's poem 302 would be a good choice: "The mountain I live on / nobody knows / here in the clouds / it's always deserted." §Again, zazen means "to meditate." §Most varieties of tea benefit from frequent mist, but not heavy rain. §Vine buds, which also appear in poem 142, are a mountain delicacy.
- 152. During various periods in Chinese history, monks were issued a small piece of land from which they supported themselves by farming or by renting it to others. During the Yuan dynasty, a special office was set up to handle monk affairs, and it was to this office that monks were required to apply. Ironically, Stonehouse was appointed head of this office for the entire province in 1331 when he became abbot of Fuyuan Temple. However, the office was eliminated three years later.
- 153. Tushita Heaven is the highest of the Buddhist heavens in the realm of desire where all needs are satisfied and where bodhisattvas are reborn before their final rebirth.

- 148. When the sun comes over the mountain the door of my hut stays closed ants begin their rounds in the mortar the white-haired monk sleeps on
- 149. My hut is secluded beyond the dust my empty mind is out of touch with the times somewhere a peach tree is blooming unfamiliar birds deck my door with twigs
- I 50. Now that I'm old nothing disturbs me
 I'm asleep on my cot before the sun sets
 dreaming unaware who I am
 until the new moon lights the plum blossoms
- 151. I chant a Cold Mountain gatha after zazen after dinner I sip valley-mist tea and when something lingers I can't express I cross the ridge to gather a basketful of vine buds
- 152. For property monks apply at an office but government snares and insults abound I own a half acre of mountain land they can have back as alms when I die
- 153. I put mulberry logs in the stove to make charcoal new cotton in my quilt a new mat on the bed what can I say about staying warm all winter I don't dream about Tushita Heaven

白雲 去年家火缺支持 田裡多收三斗穀 不是頑皮鑽不破 修行豈 漏笊籬撩 寒披荷 逆順未嘗忘此 錦衣公子如知得 玉蝶梅花 不比世人營 坐 影 一窮心 裡 得 葉衣裳 無米 ネ 尖 香滿 寂 杳 成 頭 飯 屋 道 樹 葉 冥 體 煖 門前 家火今年 水池 筃 惟人只欠自心 破砂盆搞 定是移家入薜 飢 不 葉 滴 得空階與月 中無法 動 通 南 食 添得 年 堆 纖毫 洗菜綠浮 松 走 深 頭 味 北 花 折 用 信前 本自然 可 石 餅 方池 生忙 當 也 不 餌 緣 科 香

^{154.} Stonehouse's pond also appears in poem 24.

¹⁵⁵. A bowl with ridges on the inside surface is used for mashing and extracting juice from spices, herbs, and roots.

^{156.} In Choosing a Friend, the T'ang poet Meng Chiao wrote, "If you want to be like the immortals / your mind must be as hard as iron."

^{158.} The Hangchou area is still famous for its silk brocade.

^{159.} Buddhists define reality as that which is independent of all else, including the dimensions of space and time and thus change.

^{160.} The use of lotus leaves for clothing is also mentioned in poem 135. However, by the time the weather turns cold in fall, they are too dry and brittle to be of any use as clothing. Perhaps the cold weather here is that of early summer, when lotus leaves first appear and not long after which pine pollen is gathered.

- 154. Last year my food supply failed me this year I can't use it allI've gathered three bushels of grain too many and filled what once was a pond
- 155. A pointed-roof hut in the shade of the clouds a broken-legged pot on a pile of dry leaves a strainer with holes that doesn't strain rice and to mash fresh ginger a busted ridge-bowl
- 156. You're bound to become a buddha if you practice if water drips long enough even rocks wear through it's not true thick skulls can't be pierced a person just needs a hard enough mind
- I meditate alone in the quiet and dark where nothing comes to mindI sweep the steps when the west wind is doneI make a path for the moonlight
- 158. Jade-winged plum blossoms perfume-filled trees pond-washed vegetables floating stems of green if the silk-clad young lords knew about this they would move into the wild for sure
- 159. Good and bad fortune never lose their way success and failure both depend on karma realize both are empty at heart and what doesn't change is real
- 160. A lotus leaf robe keeps me warm when I'm cold pine pollen cakes smell good when I'm hungry I'm not like those who chase food and clothes running north and south busy all their lives

- 161. This appears to be a second version of poem 102.
- 162. A late spring cold wave finds Stonehouse short of wood and reduced to cutting new growth. The most common means of carrying things in China is still a length of bamboo broad enough not to cut into the shoulder and notched at either end to hold ropes to which loads can be attached.
- 163. The Tienmu Mountains receive a meter of rain annually, with most of it falling between April and September.
- 164. The waves were probably those of Lake Taihu, China's fourth-largest body of fresh water, visible from the summit behind Stonehouse's hut. Buddhists often use waves as a metaphor for reality, which we erroneously separate into distinct forms only to watch them rejoin the water from which they arose.
- 165. Monks chosen by the emperor to head the office in charge of monastic affairs were allowed to wear the imperial colors of purple and yellow and were given special access to imperial quarters.
- 167. Peimang was the name of a long, low ridge of hills between the ancient capital of Loyang and the Yellow River. It was used as a cemetery by the wealthy and powerful as early as the Chou dynasty more than three thousand years ago. A popular description of the perfect life goes: "To be born in Hangchou / to be buried on Peimang."

- I warm my new paper quilt by the stove where a pile of dry leaves glows redI wonder who will wake me from my dream just before dawn I hear a bell below
- I chop green wood and lift a load
 I try to keep it above my waist
 what exists today won't exist tomorrow
 I stoke a cold stove and burn it all night
- 163. It's hard to say if the year is hot or cold sunlight and shade change throughout the day my hut's paper windows are dry then wet the stone steps in front are wet then dry
- 164. Around the summit I only see pines and a thatched hut set in their shade where does that gust of wind come from stirring up waves echoing through space
- 165. Sewing purple robes with fine yellow silk they reach the heights through back doors unlike a hermit beyond praise and blame mending lotus clothes with willow floss and a pine needle
- 166. Spring is gone summer is gone autumn was cool the days are like a shuttle the nights are getting long people whine and chatter even while they work how often do they stop and think
- 167. The people I meet are invariably busy enlarging their houses and fields until the day it all comes apart and all they possess are bones on Peimang

168. The fiery pit includes the three lower rebirths: the various hells, the realm of hungry ghosts, and the world of beasts.

有時歡喜身舞蹈

有時

默坐觜盧都

^{169.} Below refers to the three lower rebirths mentioned in the previous note. Buddhists say it is rare to be born a human and rarer still to hear the Dharma.

^{170.} Spirit grass, or *Reineckia carnea*, is a member of the lily family. Its ability to flourish in vases indoors has made it a common sight in shrine halls. §For the deer-tail whisk see my note to poem 56. §Beads are used as a rhythmic or mnenomic device in chanting.

- 168. Everyone knows about death and rebirth they know but they don't change instead of taking the wide-open Way they enter the fiery pit clear-eyed
- 169. People all say there's time to change there's always another year but headed for five-thousand kalpas below they won't get another chance soon
- 170. To Redcurtain Mountain and Sky Lake Spring I moved in the spring of 1312 there's a flattopped rock near the summit like a blue lotus rising from a pool and a spring I call Sky Lake flowing since the world began beside the spring I built a hut for my old age my fields don't have a speck of worldly dust my home looks cramped from outside but inside there's room for all my things a gilt statue veiled by emerald silk a carved bowl filled with water to the sky a straw mat on the left a bookstand on the right incense gong and bell to mark the dusk and dawn I planted spirit grass in a porcelain pot and dragontail rushes in a rocky pool there's mountain-grown rice to steam or boil vegetables and melons from my garden but no right or wrong no profit or loss walking sitting sleeping no ties sometimes I pick up my white deer whisk sometimes I finger black wooden beads sometimes I feel like dancing sometimes I sit like a dunce

自 嚴桂 紅 客來未暇陪説話 也不樂他西方極樂 好鳥相 夜籟合樂 心下常無不足 香摘 亦不 間 不樂他輕奧高蓋 世 風前 無此 而 旎 知是凡是聖 清虚 呼 真樂 |喚回 春花開 曉天昇鳥 路通玄以幽遠境 騷 山 山中 目前 人盡思吟不成 谷 敷 拾枯先去燒茶爐 有甚 他豈能識是牛是騙 也不樂他天上 也不樂他率眾匡 梅 清陰繁茂夏木翳 觸事有餘 戲 花 魚翻 区 雪裡清 殺 淨 林 徒 逋 如

吾亦愛吾盧

山中居沒閒

拼 淵

極巧畫不成圖

獨有

明

可起矛解道

人會惟自知

逸山驅竹筧寒水

石取火

延朝炊

香粳旋春柴旋斫

垂

開畬

未及種紫芋

組

地更要栽黄萁 鍋未滾涎先

白日不得手腳住

170. (contintued) §Bodhidharma brought Zen to China in the late fifth century, and by the seventh century Zen masters were using his arrival as the subject of one of their most popular koans. §The Book of Odes and the Spring and Autumn Annals are among the works all scholars and would-be officials were expected to know by heart. Both are attributed to Confucius, who spent most of his life in his native state of Lu. §Shan-ku was the pen name of the Sung-dynasty poet Huang T'ing-chien, who memorialized cassia flowers in his poems. §Lin Pu, or Lin Ho-ching, also lived in the early Sung as a recluse just outside the walls of Hangchou. Lin was one of China's most famous lovers of plum blossoms, which he immortalized in his poetry. §The crow refers to the sun, for which see poem 39. §T'ao Yuan-ming, or T'ao Ch'ien, was China's most famous country poet, and he extoled the virtues of the retired life in his verse.

too lazy to explain why Bodhidharma came east not to mention the histories or odes of Lu I don't know if I'm a fool or a sage or if others are oxen or donkeys when guests arrive there's no time to chat I gather dry wood and light the tea stove fragrant pink flowers appear in spring the cool shade of summer is gone too soon cassias on the wind call Shan-ku to mind plum blossoms in the snow purified Lin Pu true joys like these aren't found in town evil doesn't thrive in the mountains I don't want a fancy carriage I don't want a flock of disciples I don't want a Buddhist paradise I don't want a Taoist heaven my mind never fails to find enough my eyes have plenty to see the sounds of the night are music at dawn the crow flies fish swim and jump in play birds call and sing for joy on the road to the dark and distant in the realm of transcendence and void inspired poets are speechless master artists can't paint only Yuan-ming would know what I mean I happen to love my hut too in the mountains I'm never idle but I've learned what others don't know how to channel a spring across a slope how to start the morning fire with rocks how to hull mountain rice and chop wood before the pot boils I drool on half-cleared land I plant taro and where I've hoed deep I plant beans I don't stop moving all day long before sunset I'm done

古凶 凩 道 乾 又疑 腊 昏 世 雲片片冬 重 體 疑 湖 融 菴 個 知 明 未 天女 如 後 岩 占 傍 紅 不 此 仙 萬 無 道 不 來脱 年 H 知 到 見 有 相 者 恋 境 子 頃 事 詹 神 懸 來 還 四 此 來 便 俱 白 登 Ш 既 鵬 始 雪 松 月 思 如 祖 見 有 送 護 幻 絠 瀲 震 枝 移 疲 斯 後 驗 唶 花 峰 果 角 諨 虚 白 Ŋ 罪 東 鳥 玉 青 뭙 碧 洞 空 草 Ė 林 來洗足上 鳥 福 部 鴉 陽 此 盤 紗 眉 庭 幽 棒出 明 鏡 果 連 帽 望 更不來御 稚 又制 悠然心 兩 地 H 鳥 報 子 屋 點 面 須 也 忽 去 青 牛 應 聲 山 雙 開 夏 床 未 差 木 如 雅 濛 痕 頭 心 是 差 瓜

170. (continued) §Mount Sumeru is at the center of the universe and is as many miles high as there are grains of sand in the Ganges. §The *dirt* is not only the dust of the senses but includes emptiness as well.

171. Stonehouse is standing above his hut at the summit of Hsiamushan and looking northeast across Lake Taihu. Covering more than twenty-five hundred square kilometers, Taihu is China's fourth-largest fresh water lake. About fifty kilometers from Hsiamushan on the other side of the lake are an island and adjacent peninsula known as West Tungting and East Tungting. Both are about one hundred square kilometers in area and rise to a height of three hundred meters. §The last three lines suggest the scene may have also reminded Stonehouse of his hometown of Changshu, another seventy kilometers beyond the twin "islands."

172. The Chinese consider magpies good luck and crows bad luck. §Bronze mirrors were polished on one side and inscribed with designs and phrases on the reverse side. Some mirrors were said to reveal their reverse-side inscriptions to the viewer and were prized by fortune tellers. §Tao-hsin was the Fourth Patriarch of Zen, and Fa-yung was called "lazy" because he never stood up or bowed to greet visitors. One day from his hermitage near Nanking, Tao-hsin saw birds flocking around a distant mountain. When he went to investigate, he found not only birds but the footprints of wolves and tigers around a monk who was sitting on the ground meditating. The monk was Fa-yung. When Tao-hsin feigned fright, Fa-yung said, "There is still this in you?" Tao-hsin responded by drawing the character for "buddha" on the ground in front of Fa-yung. When Fa-yung expressed embarassment, Tao-hsin said, "There is still this in you?" Fa-yung became a disciple of Tao-hsin and a great Zen master in his own right. But after this meeting, the birds and wild animals no longer visited him (*Chuantenglu*: 4).

back home I wash off my feet and sleep too tired to notice the mountain moon's passage birds wake me up from a distant grove the red sun's disc shines through the pines today and tomorrow don't differ the years are all the same in spring plants sprout in summer woods flourish in autumn clouds gather in winter snow flies take emptiness off and Sumeru shatters buddhas don't wear dirty clothes

- 171. A clear sky and nothing planned I climbed Hsia Peak gazing into the distance I opened my heart Taihu's expanse was sparkling white
 Tungting's two dots were green velvet buds at first I imagined a young immortal's top-knots his silk cap with uneven sides then I saw a deva bringing flowers two lotuses rising from a plate of jade I knew such scenes were illusions but facing the horizon my mind wouldn't stop until I couldn't bear it and walked back down I turned again at sunset toward the summit pines
- 172. Magpies talk magpie outside my hut crows talk crow circling my roof a monk to the west brings me fruit a boy to the east steals my melons once you know how to tell fortunes good and bad shouldn't differ a monk who attains such understanding can read the back of a mirror after Lazy Yung met Tao-hsin birds stopped bringing him flowers

深草 遊 自耕 目 雨 得 月 亦 Ш 善 仰 君 問 此 沒 周宇 及 復 如 非 曾 曾 長 是 翫 孟 化 石 照 心 旃 自 塵 有言 有 夏 為 E 我 不 真 時 石 础 來 種 宙 景 睡 側笠 吾心 吾心 活 W. 豈 鵬 圓 有 個 散 樂爆 物皆 我 山 明 必 誕 檲 足 得 光 我 我 新 披 蘴 清 常 復 勝 似 求 暢 起 如 鳴 長 成 Ш 吹 青 樵 如 消 栽 何 吟 黄 閒 如 勾 中 皎 有 秋 秋 虚 歌 吟

173. Most farmers south of the Yangtze wear a hat with a framework of bamboo strips and an outer covering of bamboo leaves. And until recently, the standard raincoat in South China consisted of layers of coir cloth, which is made from the bark of trees in the coconut family. §Stonehouse is refering to the "plum rains," which normally arrive in early June with the plums and the summer monsoon. §The first of the Buddha's Four Noble Truths is: "All is sorrow," which itself is based on the realization that all things are impermanent and hence empty.

174. The fifth poem among Cold Mountain's three-hundred-plus poems is a favorite among Buddhists: "My mind is like the autumn moon / clear and bright in a pool of jade / nothing can compare / what more can I say."

175. Loosening the lapels of one's robe and exposing one's chest is a metaphor for revealing one's innermost thoughts and feelings. §The penultimate line recalls an ancient folksong known as "Dew on the Leek": "Dew on the leek / how quickly it dries / it dries and tomorrow falls once again / when a man dies does he return?"

176. Stonehouse is referring to the flat-topped boulders beyond his house at the summit. §Confucius is reported saying, "The Book of Odes says, 'The twittering oriole / it rests at the top of the hill.' When it rests, it knows where to rest. Is it possible man is inferior to this bird?" (Tahsueh: 3:2)

- 173. The forest grows new leaves surrounding my hut with more cool shade tall grass hides a dusty trail across the next ridge a woodcutter sings I plough and I plant my coircloth coat and leaf hat askew the rain is in time my rice sprouts are saved I've scanned the whole world everything fades emptiness is easy but what about sorrow
- 174. Cold Mountain has a line
 my mind is like the autumn moon
 I have a line of my own
 my mind outshines the autumn moon
 not that the autumn moon isn't bright
 but once it's full it fades
 how unlike my mind
 always full and bright
 as to what the mind is like
 tell me what to say
- 175. The moon lights up my door the wind blows open my robe sit down on a rock my friend hear my mountain song black hair turns to snow dawn to evening shade everything is dew on the grass how can anything last
- 176. After I eat I dust off a boulder and sleep and after I've slept I like to walk a cloudy late summer scene an oriole sings in an unfamiliar tree enjoying the passing season happy to sing out its heart true joy is right here why chase empty fame

Ш 兔 H 種 中 知 知 豆 能 伏 恣 百 勞 息 世 形 畝 崖 和 萬 Ш 紛 間 雨 功 僧 且 只 亦 在 心 言 卻 免 緣 中 利 Ŀ 時 可 度 念 方 曉 當 做 常 延 百 欲 土 羂 亦 不 **寸** 生 戶 朝 浩 昏 希 力 原 物 壯 役

177. The sutras of the Buddha say there are a million doors to the truth, and you only need to walk through one. §Buddhists often refer to the mind as the "one square-inch." §Love and hate, along with delusion, comprise the Three Poisons that keep us turning on the Wheel of Rebirth.

178. The Chekiang Plain begins a few kilometers east of Hsiamushan and encompasses more than a thousand square kilometers of rich farmland. §Apparently, the rabbit is waiting for the tendrils to reach beyond the plain to his burrow at the bottom of the cliff, while Stonehouse is even more patient, waiting for them to reach the summit. §The sauce of the last line is, no doubt, soy sauce, made from the beans grown on the plains.

179. The maze of waterways that irrigate the fields of the Chekiang Plain depends on the rainfall of the Tienmu Mountains, of which Hsiamushan is among the northernmost spurs. §As elsewhere, dust refers to sensation.

180. The government required every household with able-bodied males to provide a certain number of day's labor on government construction projects or service in local militias. But since monks were no longer members of a household, they were exempt from such duties.

- 177. If you don't read sutras when you're young you won't know what they mean when you're old you won't know a million doors are in your infinitesimal mind indulging all day in love and hate how often do you think about life and death one day old age will surprise you and remorse will be too late
- 178. Someone plants a few patches of beans suddenly tendrils cover the plain people forget the sunshine and sweat they say it's due to the soil an old rabbit hides at the base of the cliff expectation filling his thoughts if he would give up his greed I would give up my sauce
- 179. Whenever the mountains enjoy a good rain everything flourishes down on the plain planting an acre of yams can wait for another time but worldly people alas never stop thinking of fortune and fame their heads become mountains of snow their hearts become seas of dust
- 180. I built my hut on a lonely peak and pass my days in karma's wake I sell wood to buy grain and live on porridge and rice even though I'm always tired at least I avoid corvée but talking about the dark and distant that is something I can't do

界空 池 簡 即 放 但 窮 儘 兩 赃 成 七 有 坵 艏 月 田 道 麼 也 私 滅 目 間 飯 得 南 皆 閒 便 卻 半 都 燒 來 虚 74 閒 B 不 檐 足

- 181. Buddhists recognize an infinite number of demons, or maras, one for every thought, word, and deed. The sole purpose of these demons is to obstruct those who seek liberation from understanding the true nature of reality. §Dharma is the Buddhist word for that which is held to be real, especially the Buddha's teaching. §As early as the T'ang and Sung dynasties, Chinese monks used the ox as a metaphor for their untamed minds. Among the most famous examples of such use was P'u-ming's series of ten oxherding pictures with accompanying verses describing the stages of Zen training.
- 182. The distance between three rafters was the space allotted to each monk in the meditation hall. Normally, this was equivalent to three feet. During the Yuan dynasty, structures were measured by the number of rafters used in their construction, and taxation of householders was attempted on this basis though unsuccessfully. In poems 97 and 184, Stonehouse says his hut was two or three mats wide, a mat being equivalent to three feet. And in poem 129, he says his hut wasn't quite ten feet on a side.
- 184. These last two poems suggest Stonehouse shared his hermitage with several other monks. No doubt they included Chih-jou, the monk whose name appears as the editor of Stonehouse's *Mountain Poems* and *Zen Talks*.

- 181. You have to let everything go buddhahood has to go too each thought becomes a demon opening your mouth invites trouble accept what karma brings and live your life in freedom use the Dharma for your practice lead your ox to the mill
- 182. My broken-down hut isn't three rafters wide perched above a thousand peaks clouds unveil an empty sky the horizon extends in all directions the world is a flower in space its bloom and decay are illusions after sunset the wind turns cold I close my door and face the fire
- 183. I built my hut on Redcloud Peak ploughing and hoeing make up my day half-a-dozen terraced fields two or three men of the Way I made a pond for the moon and sell wood to buy grain an old man with few schemes I've told you all about me
- 184. A couple of impoverished monks living in broken-down huts we clear mountain fields and harvest baskets of chaff enough to make porridge but not enough for rice still we outdo the rich and famous hurrying north and south

送東林院

主

華亭

須猛烈

吹毛 福

劍

白雪

雪

來與 魚 Ш

祖 血

藜羹黍飯 人生皆為口 塞 飢 忙 瘡 我亦未免形骸 淡蘿薄 開通 鵬

要澆蔬灌芋 要種竹栽松

也要行道 也要組

調 细

也要攝心

汝母兼 一韻掃 い師年 汉年 老中山寺 執 -紀高 巾 瓶 除汝 朝暮無人可 師資禮法合也未

贈侍

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、菴豈 景成

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山掘地

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優侍 者 回 里 省 酾 拈起

截

雲中

木馬驚嘶

山上

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踏破華亭月

These verses were collected by Stonehouse's disciple Chih-jou from poems that Stonehouse wrote for visitors on Hsiamushan or at Fuyuan Temple. Thus, their focus is less personal and more instructional than the Mountain Poems. Most were written in the four-line gatha form that came to China from India along with Buddhist sutras.

- 1. Huating is an old name for Sungchiang, which is about forty kilometers northeast of Pinghu, the town where Stonehouse served as abbot for eight years. Tunglin Temple was on a small hill in Sungchiang. §The student of Zen undertakes the seemingly impossible mission of finding his mind, here suitably represented by such anomalous creatures as an animated wooden horse and an amphibious carp. And when he does find his mind, he destroys it on sight.
- 2. The position of shih-che: attendant was filled in rotation from among the lower ranking monks in the meditation hall. His primary duty was to wait on the abbot. §Circumambulation as a form of meditation is practiced at most Zen temples in conjunction with sitting. §Pigweed, Chenopodium album, is a member of the goosefoot family and synonymous with "survival food."

BOOK TWO GATHAS

1. For the Abbot of Tunglin Monastery Returning to Huating

A student of Zen
has to be fierce
a sword that splits hairs
into shimmering snow
let buddhas and patriarchs come
cut them in two on the spot
a wooden horse neighs in the clouds
a carp on the mountain bleeds
return to the towering cliffs a hero
step right through the Huating moonlight

2. For Attendant Ch'ing Going Home to See His Teacher

Your teacher grows old at Chungshan Temple with no one to lean on from dawn to dusk unless you return to serve and attend him how can he maintain a teacher's decorum your mother too is advanced in years with nobody left but you her hopes of old age are fading without you her tears fall every day at her gate leaving your mother and teacher for the mountains what did you hope to achieve to rejoice in the Way and poverty is hard to live in a thatched hut isn't easy you have to plant pines and bamboo you have to hoe slopes and dig ditches you have to haul water and wood you have to tend taro and greens you have to walk circles and chant you have to sit still and not sleep with pigweed soup and millet for your hunger watered-down rice and gruel for your stomach people all work for food and clothes I'm trapped too by burdens of the body

月江 未曾 有言孝為百行 若也放 坐立 曾然妄念生 緘 陽進 似 是敲門 和 i 道可 奉 須 有 做工夫 留 尚 地 母名敬 讀 所 得 進菴 夏經 便 有 如未 Ï 抽 書 求 主 便逐 單 懶惰 先 來 撾 喧 田 身 明 中 我 可 來 提 短策 在俗 狗 何須 業識茫茫 諸 住 又昏沉 他 覆 不負來音全孝 勉汝歸寧有深 吾汝皆非久居 事 有 不可 使 去 子 在僧 務 不 入眾拜參 H ·妨閒 千七百萬華 立 年 不 進 憚 志 也 不 此 高 參禅 未在 公案 豎 勞役 懈怠

2. (continued) §Karmic awareness refers to the constantly changing consciousness created by the effects of our past deeds. §The saying about filial piety comes from the Paihu Tungyi: "Filial piety is the most beautiful of virtues and first of all duties" (20). §The last line suggests the monk to whom this poem was addressed was from a family of means.

3. A monk once asked Chao-chou if a dog possessed the buddha-nature. Chao-chou's wu:no became one of Zen's most famous koans and begins the collection known as the Wumenkuan, or Gateless Gate. On a later occasion, however, Chao-chou told another monk, Yu:yes. See the Wutenglu: 4 for the full account. §Mount Sumeru is located at the center of the universe and is as many miles high as there are grains of sand in the Ganges. §The donkey is not among the animals of the Chinese twelve-year cycle. Hence a donkey-year is not part of the natural order. §Seventeen hundred is the approximate number of koans in the Wutenglu, or Record of the Five Lamps, from which later koan collections were compiled. §Chinese temple gates can be quite thick. Using a brick to gain the attention of those inside is an old metaphor for using learning as a tool to gain admission to the inner sanctum. But once inside, the brick no longer has any value and is better tossed aside.

4. Nowadays, an-chu:abbot means "abbotess," but in Stonehouse's day the term was restricted to the chief monk of a small temple or hermitage. §Tanyang is a town on the Grand Canal just south of where it intersects the Yangtze.

甘淡瀬

身心頗真實

朝

拜我前

unless we fathom the ground of our mind karmic awareness provides no support the woods and streams are a temporary home neither of us should plan a long stay a letter arrived from Master Yueh-chiang asking you back between the lines you left before you finished unable to bear a whole letter about duty but filial duty comes first they say among laymen among monks it's the same parents and teachers are fields of devotion you don't need to be a monk and practice Zen one day your thoughts will turn away from noise a riding crop won't slow occasional visits

3. For the Monks at Haitu Temple

Straining at your practice focused on what a dog doesn't have backbones held erect lofty as Sumeru checking one side then the other trying to understand this koan suddenly delusion rises just as fast you send it off working hard never resting sitting standing always ready laziness and stupidity and donkey years don't apply but if you can just let go no is fine so is ves seventeen-hundred tangled vines so many bricks to bang on the gate

4. For Abbot Chin

Zen monk Chin from Tanyang here with me awhile you resolved to practice Zen but never got the chance a temple has its share of work from which you've never shied content with meager food and clothes honest in both thought and deed now today you come to me

剔起 只就 東西 請語為法 大事方了墨 興 我 眉毛看 南 Ш 則 北 居 奉 弛 我寫此數言 竟 常 緣 是 度 動 何 用 朝 物 中 夕 莫學 助汝進道 破 看 野 底 盤

挽

万

山 山 山 山 中 中 中 中 臥 坐 住 行 信 幾度 步慢 穿 黃葉磨 朝 耳 選 騰 暮 沒 沒 手 人人來 栽 蓝 去 松 由 陰涼 又上 閉門 **焼飲** 成

大樹 峻 山

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見性 縱饒虛妄百千般 頭 坐斷沒纖毫 成佛無別佛 吐 露真實情 壁劉居 寄與雲間 究竟選歸 切忌隨他言語覓 古人說話最 士 疆 鐵 真

條

直

^{5.} The emphasis in Zen on seeing one's nature began with Bodhidharma: "Whoever sees his nature is a buddha; whoever doesn't is a mortal. But if you can find your buddha nature apart from your mortal nature, where is it? Our mortal nature is our buddha nature. Beyond this nature there is no buddha. The buddha is our nature. There is no buddha besides this nature. And there is no nature besides the buddha." (The Zen Teaching of Bodhidharma: 16-17)

^{6.} Buddhist rules governing moral behavior are summarized under these categories, known as the Four Postures: walking, standing, sitting, and lying down. §As he tells us in his Mountain Poems, Stonehouse's big fire was usually one of leaves and twigs rather than logs.

asking for instruction
I write down these lines
to help you on the Path
try this mountain life of mine
pass your days in karma's wake
don't be like the monks who wander
east and west and north and south
in your ordinary actions
be aler't don't relax
trim your eyebrows back and look
what exactly do you see
see through the one who sees
then your task is done

5. For Layman Ironwall Liu

See your nature become a buddha there is no other buddha the ancients said it best then you grab but nothing is there don't be misled by words despite the million kinds of fiction all lead back to a single truth this old monk is writing it down addressing it *Ironwall Liu in the Clouds*

6. Four Mountain Postures

Walking in the mountains unconsciously trudging along grab a vine climb another ridge

Standing in the mountains how many dawns become dusk plant a pine a tree of growing shade

Sitting in the mountains zig-zag yellow leaves fall nobody comes close the door and make a big fire

Lying in the mountains pine wind enters the ears for no good reason beautiful dreams are blown apart

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可

應須悟理	重嚴之下	人生在世	谷鳥晚啼	重嚴之下	紛紛玄徒	重嚴之下
超越見聞	未透本根	各具天真	山月夜高	草莽日交	念死話頭	希古為儔
久久自然	觸境遇緣	我心既忘 含齒戴髮	松露鶴飛	人影不來	待兔守株	徹證本根
左右逢原	擾級紛紛	胡為不仁	濕我禪袍	黄葉飄飄	求劍刻舟	一了便休

^{7.1} The slash-and-burn technique of preparing forested land for farming is still used by a number of hill tribes in Southwest China, most notably the Aini near the Burma border. Once cleared, a field is used for three years and then allowed to lie fallow for three years.

^{7.2} There once was a farmer in the state of Sung who saw a rabbit break its neck when it accidentally ran into a stump. The farmer dropped his hoe and waited beside the stump for another rabbit. But no more rabbits came, and he became the laughing stock of Sung (Hanfetzu: 49). §In the state of Ch'u, a man was crossing a river when he dropped his sword into the water. He promptly made a mark on the side of the boat where the sword disappeared. When the boat reached the other side, he got out and looked in the water below the place he had marked, but without success. The boat had moved, but the sword had not (Lushih Chunchiu: Ts'ai-chin).

 $^{7.3\,\}mbox{The}$ crane and pine are symbols of immortality and transcendence.

^{7.4} The South China tiger is much smaller than its Siberian and Indian cousins but can be just as deadly when threatened or surprised on the trail. The cobra, the banded krait, and the bamboo snake kill people every year south of the Yangtze.

^{7.5} The last line is from Mencius: 4B. 14.

7. Below High Cliffs - ten poems

- I. Below high cliffs
 I slash and I burn
 there's vegetables and grain
 to boil and steam
 to satisfy the present
 to brighten old age
 looking at a tree in the yard
 I count its falls and springs
- 2. Below high cliffs
 my companions are the ancients
 having reached the source
 here I rest
 others of more mystic persuasion
 study koans to death
 wait beside stumps for rabbits
 notch boats to find lost swords
- 3. Below high cliffs all day I see plants no sign of people yellow leaves in the wind birds call at dusk from the valley the mountain moon rises at night a crane takes flight from a pine and showers my robe with dew
- 4. Below high cliffs
 tigers and snakes are my neighbors
 once I forgot my mind
 their natures suddenly became tame
 people born in this world
 all have something divine
 mouths of teeth heads of hair
 why can't they be kind
- 5. Below high cliffs
 unaware of the source
 wherever you turn is karma
 chaos and confusion
 in order to see the truth
 look beyond your senses
 it's always been this way
 the spring flows all around you

7.6 The last line refers to Chuang-tzu's story in which he dreams he is a butterfly. On waking, he wonders if he isn't a butterfly dreaming he is a man (Chuangtzu: 2.11).

7.7 For Stonehouse's legless pants, see also verse 113 of his Mountain Poems. Zazen means "meditation."

7.8 In addition to the eyes, the ears, the nose, the mouth, and the skin, Buddhists recognize the mind as the sixth and most important of our senses. As Kuan-yin discovered in the Surangama Sutra, any of the six can lead to enlightenment. §The last line is from Li Pai's Answering a Question in the Mountains: "You ask me why I chose these hills / lost in thought I smile and don't answer / peach petals in the stream lead into the distance / there's another world beyond the world of man." Li Pai's peach petals allude to T'ao Yuan-ming's story about a hidden world known as Peach Blossom Spring.

7.10 The penultimate line is part of an old Chinese saying directed at those who wait until it's too late to act. It comes from the *Huangti Suwen*: "To treat an illness after it appears is like digging a well after you're thirsty or forging weapons after a war begins." §The *heat* of the last line also refers to that of hell.

- 6. Below high cliffs serene in solitude not visited by time the mind creates the world the window holds a setting moon the stove contains a dying fire pity the sleeping man startled from his butterfly dream
- 7. Below high cliffs a white-haired old man his robe with no hem his pants with no legs practicing zazen at night working his fields by day herein lies the Path where else could it be
- 8. Below high cliffs
 I face a thousand mountains
 one sense finds the source
 all six relax
 white clouds drift
 green water ripples
 beyond movement and stillness
 there's another world
- 9. Below high cliffs
 I don't dress up my body
 I eat roots and wear plants
 my socks are hemp my shoes are sedge
 dense bamboo shades my windows
 thick moss covers the steps in front
 desires die in the quiet
 cares disappear it's so still
- 10. Below high cliffs
 you eat and sleep your fill
 indulge desire and lethargy
 idle away the months and years
 until old age and illness arrive
 and a thousand pains afflict you
 digging a well when you're thirsty
 you endure heat in vain

借 香 殿寂時 雲邊 又向 他 Ш 兩 層歇 載居 山 晴 夜窗 趁 何 原 H 重 虚 挑 來自 事 1 便 煙 組

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兩冬不得梅花信 樹影高低深 **楊平分鑑古軒** 禮樂無今昔 趙初心提 夜 角 時 又約梅花到冷泉 熏相 智 節 長 因 短 緣 對坐忘 有 Ŧi

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8. The hsi-t'ang:senior instructor was in charge of teaching the monks in the west, or meditation, hall of a Zen monastery. §Linyin Temple is still one of the most famous sights of Hangchou. §During the T'ang dynasty, the poet Lin Ho-ching planted hundreds of plum trees around his hermitage on Kushan Island at the edge of what eventually became Hangchou's West Lake. The area around the lake is still famous for its plum blossoms. § Cold Spring was the old name for the stream that flows along the rock face opposite the entrance to Lingvin Temple.

9. Although the bureau that Chao Ch'u-hsin headed is not specified, during the Sung and Yuan dynasties the title of t'1-chu:commissioner was limited to officials in charge of granaries, the salt monopoly, and the tea monopoly. My guess is the tea monopoly. §In Stonehouse's day, tea leaves were ground into powder and the powder pressed into cakes. Slices from the cakes were then boiled in water and whisked into a froth. The *floating snow* refers to the resulting froth of bubbles in the tea cup.

10. There are dozens of temples named South Mountain in China. Although his biography makes no mention of it, this poem suggests Stonehouse spent a few years on an extended pilgrimage. During the Yuan dynasty, a temple of this name in southern Fukien province was famous for its library. §The library is usually on the second floor above one of the shrine halls, and it usually includes a few rooms for visiting scholars or monks. §Monastic activity slows in fall, while many resident monks or nuns use the break between summer and winter meditation sessions to visit other temples and masters. §The Vyakarana is the first sutra delivered at the beginning of a new kalpa by Brahma, Lord of Creation. Originally a million stanzas in length, it was reduced to a very manageable three hundred by the Indian grammarian, Panini.

8. To Senior Instructor Chih on his Return to Lingyin Temple - to his rhyme

On my humble thought-worn cot facing stove smoke we forget sleep the rites and music of the woods are timeless seasonal conditions change and disappear a tree's jagged shadow in the moon's setting light a gibbon's wavering howl in the pre-dawn sky two winters now no plum flower news their blossoms are probably at Cold Spring again

9. On Meeting Commissioner Chao Ch'u-hsin

My old legs can't keep up with my shoes
I need a staff to help me walk across the petals
I rest on mossy rocks with the moon and the clouds
I show a guest the plum blossoms beyond a neighbor's hut
a clay bowl of fragrant gruel made from mountain rice
a porcelain cup of floating snow brewed from stream-milled tea
today for you I've made a brief appearance
usually this mind stays inside the mist

10. On Leaving South Mountain Sutra Library

For two years I've borrowed a room from the clouds I grabbed a hoe when time and rain permitted I gathered the perfume of a neighbor's flowers and picked the products of my garden mountain music fades when autumn halls are still forest mist slips in where window panes are missing tomorrow I'm leaving for another mountain when will I return to read the *Vyakarana*

作宵冬至 白髮老僧窗下坐 間 樹花開紅 化日線 一朵朵 添線 II. 牛 竹外 爐香多誦兩行經 石 田 出 筍 欣 食便 出 欣 山線並 盡 向

今年七十七頹 八陰別 憶 雪探梅 向 去忙 時 遊 知 如 重 世 挑 血 兩三回上最 念休 氣 雲度嶺 泪 來冷似 消 覺 老 高 肩 病 增

作

余韶此 擾勞生 康 有幾 理 能 同 消 人在 遭 終不 偶歸湖寺蹔容身 世 明 明 事 萬 果 他 自 各 事 由 因

- 1 I. The Chin River flows from Maoshan northwest into the Yangtze at Nanking and parallels the route between Nanking and Huchou. In number 68 of his *Zen Talks*, Stonehouse refers to Pinghu's Fuyuan Temple as Lake Temple. Here, however, the reference must be to Huchou's Wanshou Temple on Taochangshan, where Stonehouse lived for a time with his teacher, Chi-an. The last line recalls *Chuangtzu:* "Though he has a body, he doesn't harm his mind" (6.12).
- 12. The Chinese still delight in finding the year's first plum blossoms, as they signify the end of winter and the beginning of spring. §Although I haven't been able to render the full import of line 7, the Chinese indicates that the cave was on one of China's five sacred mountains. My guess is Sungshan, on whose Lesser Peak Bodhidharma's cave is located.
- 13. In addition to the calendar of twelve lunar months, the Chinese divide the year into twenty-four solar periods. During the solar period prior to the winter solstice, the power of yin is at its greatest and is represented by the six broken yin lines of the hexagram K'un:Earth. On the evening of the solstice, K'un is replaced by Fu:Return, with its solitary yang line at the bottom. §Iron trees are said to bloom upon a bodhisattva's death, but here the expression is euphemistic and refers to the black branches of deciduous trees. §The stitch refers to a peculiarity of the old Chinese solar calendar, to which stitches of red string were added as the sun began to lengthen its arc. §A short hymn is sung at the beginning of ceremonies involving the burning of incense.

11. Autumn on the Chin River Road

Everywhere the west wind rains down leaves chance led me back to Lake Temple's shelter among those I knew how many remain of a thousand worldly cares not one of them is real all of life's turmoil turns out to be a dream clearly every harvest depends upon the seed knowing this truth has helped make me free I've never followed those who harm their minds

12. Occasional Poem

I'm fading this year at seventy-seven
my energy is waning my ills are on the rise
I trudge out of breath through snow to find plum blossoms
I shoulder a cloud across the ridge in pain
daylight and darkness vanish like arrows
thoughts of the world lie frozen in ice
I recall visiting the great cave long ago
was it two or three times I climbed the peak

13. Winter Solstice

A yang line appeared last night on the solstice everything turns with joy toward the light iron trees bloom in scarlet profusion barren fields blossom in patterns of green the transforming sun adds a stitch to the world hidden birds sing beyond the bamboo a white-haired old monk sitting below his window chants an extra verse of the incense hymn

雖然本有靈光在 也要工夫發用他 送漆匠 送漆匠

世上豈無千里馬 人間離导九方皋侍者參得禪了也 萬兩黃金也合消送皋侍者

山家富貴銀千樹 六出飄飄入夜多 深徑絕無 前 雪中 樵子 示 毒 洒窗 陰崖 唯見寒梅數 漁父風流 一个有 相似 摸 燈

쇞

老拙 世上多逢 自憐業繫在娑婆 背 時 -人面 裁 荷 虎 山 媘 不能從命出 中少見佛 度尋思 腫 煎茶 嘆 陸 心 花 嗟

14. As in gatha 9, the title of commissioner was restricted to the chief of special government agencies concerned with the storage, transport, and supply of certain foodstuffs, including grain, tea, and salt.

15. The six-petaled flower is the snowflake and contrasts here with the five-petaled plum blossom. §The yam is among the foods a hermit turns to when nothing else is available.

16. A thousand-mile horse can run for a thousand miles without stopping. §Chiu-fang Kao appears in *Liehtzu*: 8, where he is noted for his ability to recognize a great horse despite being unable to distinguish its color or sex.

17. The resin used to make lacquer is taken from the lacquer tree, *Rhus verniciflua*. While lacquer itself is clear, the jet black patina common to most lacquerware is the result of adding lampblack, which is collected by scraping the inside of a metal hood hung over burning oil lamps. Lacquerware utensils and furniture are made by applying a dozen or more layers of lacquer varnish, each of which is sanded and rubbed before the next is applied.

14. On Commissioner Hsi Nan-chou's Second Invitation

We mourn our karmic ties to the world to stop and think is to sigh human-faced tigers roam the towns buddha-hearted snakes are rare in the mountains to keep warm I patch my robe with lotus leaves to stay awake I boil spring water for tea old and out of touch I'm socially inept I can't obey requests to leave the mist behind

15. For a Disciple in the Snow

Six-petaled flowers filled the night beating against my window like moths against a lamp a forest of silver makes a hermit wealthy a raincoat of jade turns a fisherman into a prince the trails are barren of woodcutter talk below dark cliffs a hunter passes before my hut no sign of yams just a few early plum blossoms

16. For Attendant Kao

For an attendant to understand Zen a ton of gold would be a fair price the world doesn't lack thousand-mile horses but a Chiu-fang Kao is hard to find

17. For a Lacquer Worker

You sweat on the inside gathering soot then on the outside you rub although potential to shine exists it takes work to bring it to light

盡

在

尼

親覲阿師秋已半 樹彫葉落露金風參方禮祖外邊事 一著工夫在已躬送松江深上人

堪笑丹陽就禪者 春深猶自浙東遊人人有具黃金骨 何必諸方禮塔頭

18. After uniting most of India in the third century BC, Ashoka became a Buddhist and ordered his officials to erect stupas containing the Buddha's relics throughout the four quarters. When foreign invaders later laid waste to Buddhist sites in India, the contents of several of these stupas made their way to China. Thus, at the end of the third century AD, a piece of the Buddha's skull reached the port of Ningpo, where it is still housed inside a temple named for the great Indian monarch. §The place names mentioned in the poem are all south of Ashoka Temple: Mount Ma Is known for its limestone caves; Mount Tientung ("Heaven's Child") was one of China's greatest Zen centers during Stonehouse's day; Mount Tientai and its Huating Peak were the seat of the Tientai sect of Buddhism; and farther south, Mount Yentang was associated with Nikula, the fifth of Buddhism's Sixteen Arhats, who entered nirvana there after arriving from India in the fourth century AD. §The magic pearl, or mani jewel, grants to its possessor whatever is asked for.

19. The patriarchs of the Zen sect include Bodhidharma and his five successors as well as the founders of the lineages that flourished in the T'ang dynasty. §When the body of one who cultivates a religious life is burned, small crystalline relics are found. I have never seen gold ones, but I have seen Shakyamuni's in the Lintung Museum east of Sian, and they resemble hundreds of small diamonds. §Tanyang is just south of where the Grand Canal intersects the Yangtze. §During the Yuan dynasty, East Chekiang included the coastal prefectures. In his *Mountain Poems*, Stonehouse tells us that spring is the best season in this part of China, and he wonders why anyone would trade it for the dust of the trail.

20. Sungchiang was the prefecture northeast of the Chiahsing-Huchou area. During the Yuan dynasty, it was a major trading center, while nearby Shanghai was barely on the map. §In ancient times, nobles were required to pay their respects to the emperor at mid-autumn, and this custom was later observed by students and teachers. §The Chinese analysis of matter associates earth with the center, water with the north, wood with the east, fire with the south, and metal with the west, which is where the wind blows from in autumn in this part of China.

18. For Librarian Chen on his Way to Worship Ashoka

Yentang Tientai Huating Peak Mount Ma's Nipple Cave nursing Heaven's Child wherever you go you can't leave your feet they're all inside a single magic pearl

19. For Zen Monk Chiu on his Way to Worship the Patriarchs

Everyone has gold bones why go around worshipping stupas Zen monk Chiu from Tanyang you're crazy leaving East Chekiang in late spring

20. For Monk Shen of Sungchiang

Worshipping patriarchs is superficial focus your practice on yourself visit your teacher before autumn ends before the metal wind strips the trees bare

八十四人扶不起 維那歸去莫教遲留香堂裡十聲佛 驚倒江西馬簸箕

送雪蜂維那

大抵是他人自肯 福源不會按牛頭古今無法可傳流 只要愉心死便休

小白花嚴觀自在 頻伽聲裡現全身寒潮日夜吼雷音 耳聽何如眼聽親

- 21. Putuo Island is in the Chushan Archipelago off the Chekiang coast north of Ningpo. Since the T'ang dynasty it has been recognized as the residence of Avalokiteshvara, or Kuan-yin, the Bodhisattva of Compassion. §In Chinese, her name means "Seer of Sounds." In the Surangama Sutra, she reveals her enlightenment was achieved by merging her other senses with her sense of hearing. §The white flower is the mandarava. Meaning "to bring joy," it is one of the four celestial flowers. §This spot is at the southeast corner of the island at a place where the tide roars through an opening in the rocks and showers the cliff with seafoam. §The kalavinka is a bird of Himalayan valleys noted for its melodious voice.
- 22. The first line is from the Wumenkuan: 27, where it is said that the Dharma isn't taught, only learned. §Fuyuan Temple was Stonehouse's responsibility from 1331 until 1339. §As in P'u Ming's Oxherding Pictures and Verses, the ox was often used as a metaphor for the unruly mind, although not all Zen masters agreed about the extent to which it required training.
- 23. The Pure Land sect teaches devotees that chanting the name of Amida Buddha ten times will assure them of rebirth in his Western Paradise. §The Kiangsi horse refers to Ma-tsu, or Patriarch Ma, whose temple was in Kiangsi province and whose name means "horse" in Chinese. Ma-tsu was the originator of such unconventional teaching methods as the shout and the slap and presumably would have been displeased to have Pure Land devotees in his meditation hall. §The winnow is a basket used for separating grain from chaff. §Of the one hundred thirty-nine disciples to whom Ma-tsu transmitted the Dharma, eighty-four became teachers in their own right.
- 24. Mount Wutai is the sacred residence of Manjushri, the Bodhisattva of Wisdom, and is located in North China, a long day's bus ride southwest of Peking. §Pilgrims often encounter Manjushri during their visits to Wutaishan, though he appears in many guises and is not usually recognized until the pilgrim reflects on the encounter afterward. When I met him, he was carrying rocks to rebuild a temple that had been destroyed by the Red Guards. §The lion symbolizes courage and wisdom and is the traditional mount of Manjushri. Buddhist wisdom is the reverse of that of the world in that it comprises no knowledge or view, truth or doctrine.

21. For Monk Ch'un on Pilgrimage to Putuo Island

Night and day the cold tide roars eyes can hear it better than ears Avalokiteshvara of the White Flower Cliff reveals herself in the kalavinka's voice

22. For a Zen Monk

There is no Truth anyone can teach try to please yourself before you die others can do what they want Fuyuan monks don't restrain their ox

23. For Meditation Master Hsueh-feng

There's a ten-tongued buddha lighting incense in the hall the Kiangsi horse panics and kicks the winnow over eighty-four people can't pick it up meditation master go home while there's time

24. For a Traveler Bound for Wutai

Hurry to Wutai's highest peak to the smile and blessing of Manjushri below the cliffs is a golden lion ride it backward back here to me 送德都寺回

白業不修禪不會 可憐空過好時孤身行腳緣何事 策杖歸鄉有底送愆上人回鄉

秋至思歸天目去 竹房閒掩聽松楊岐骨格氣雄雄 一夏相忘寂寞

中

多生業障俱消滅 佛境分明在目前百日期中痛著鞭 工夫到處話頭圖

量盡別人長與短 自家長短幾曾量手攜刀尺走諸方 線去針來日日忙

- 25. Here the tailor is a lay devotee who has come to the temple to make ceremonial robes for the monks. Lay Buddhists often offer their services to monastic communities in hopes of accruing merit for a better rebirth for themselves or their loved ones.
- 26. The Complete Enlightenment Sutra was one of the few texts used for instruction at Zen temples. Here, however, it lends its name to a three-month meditation retreat. It was customary during these periods for monks to focus on koans chosen by the meditation master.
- 27. Ta-chiao was probably the abbot of Shihchien Temple. §Yang-ch'i was a disciple of the eleventh-century Zen master Tz'u-ming. §A three-month summer retreat is held at most Zen monasteries. §Chuang-tzu says, "When springs dry up, fish find themselves in puddles, spraying water on each other to keep each other alive. Better to be in a river or lake and oblivious of each other" (6.5). §The Tienmu Mountains form the western border of Chekiang province and were home to thousands of recluses and dozens of temples and hermitages during the Sung and Yuan dynasties.
- 28. It was common for Zen monks to wander for several years from temple to temple and from master to master cultivating the practice of detachment from impermanence. §Stonehouse implies that Monk Chien was leaving the Order and returning to lay life.
- 29. Cloud of Virtue also appears in gatha 63. I suspect this is another name for Manjushri, whose residence is on Wutaishan, two hundred fifty kilometers southwest of Peking. In Sanskrit, manjushri means "wondrous virtue." §Wonder Peak, or Miaofeng, is forty kilometers northwest of Peking. During the Sung and Yuan dynasties, there were a number of monasteries built on Miaofeng, and during the Ming and Ch'ing dynasties it became a center for the worship of the Taoist divinity, Pi-hsia Yuan-chun. My guess is that Tetu was among its Buddhist temples.

25. For a Tailor

You rush around waving scissors and tape busy all day with needle and thread when you're done measuring others do you ever measure yourself

26. For the Monks of Chenfu Temple during the Complete Enlightenment Period

Crack the whip for a hundred days koans become clear when you practice long enough smash the karmic walls of your past before you lies the buddha realm

27. For a Monk from Shihchien Temple Returning to Ta-chiao

The bones of Yang-ch'i the will of a hero oblivious all summer you sat here in silence then fall arrived and thoughts of Tienmu a bamboo hut an open door the sound of pine wind

28. For Monk Chien Returning Home

Why do some monks wander alone while others hurry home with their staffs forgetting good karma unclear about Zen to waste such a chance is a shame

29. For a Monk Returning to Tetu Temple

Cloud of Virtue isn't on Wonder Peak he's visiting another mountain instead don't make any more pilgrimage plans just watch awareness bloom in your mind

幾年入眾為參禪

三喚機

緣

未

倒

漫

去諸方重

一請益

卻

來這

裡

粗

妙淨 正 因行腳 圈明全體現 不 知解 須 來問 何曾有許 我 如 何

·憐身在袈裟下 水看山何日了 送淨髮待韶 趙業未成先白

結緣待韶到山中

廊下諸僧 要留白髮過

盡

整

方丈老人何

大夫只管來求福 **稠了又長長又剃**

我福如何有許多

年幾度遠煩

送圓上人

塔是體崙 從頭巡 示來上人 禮 只 奔南走北幾 在 山 依舊自還錢 邊 興 水 時 休

30. Through his teacher, Chi-an, Stonehouse was a member of the lineage that began with Ma-tsu, the Zen master who introduced the shout and the slap as means of instruction.

- 31. When Bodhidharma died in 528, his remains were interred in a stupa on Hsiungershan at the headwaters of the Lo River. The site is outside the county seat of Lushih, two hundred kilometers southwest of Loyang. Three years after Bodhidharma died, an official met him walking in the mountains of Central Asia. He was carrying a staff from which hung a single sandal, and he told the official he was going back to India. Reports of this meeting aroused the curiosity of other monks, and they finally agreed to open Bodhidharma's stupa. But all they found inside was the missing sandal. §The custom of walking around the site of a holy relic, with or without prostrations between steps, is practiced in a clockwise direction. Three circuits are normal, but multiples of twenty-seven are also common.
- 32. Some Zen monks never stop looking for the perfect master and the perfect residence.
- 33. It is customary among Buddhist monks and nuns to shave each other's heads on the days of the new and full moon. §This poem must have been written while Stonehouse was abbot of Fuyuan Temple. If so, the mountains and the effort of the trip must be euphemistically meant. §Merit is acquired by both parties involved in any selfless deed. However, attachment to merit results in no merit.
- 34. Elsewhere, Stonehouse expresses similar sentiments regarding the practice of wandering from temple to temple looking for something the wanderer already has in his bag.

30. For Attendant Chen

How many years have you practiced Zen three perfect shouts didn't knock you down off you went seeking further instruction now you're back for a slap in the face

31. For Monk Fu Going to Worship the Patriarch

The patriarch's stupa is a pile of bricks next to a mountain next to a stream walk around one step at a time straw sandals still cost money

32. For Monk Lai

Visiting mountains and rivers without end hurrying north and south without rest pitiful body beneath a monk's robe not yet enlightened and already old

33. For a Barber - two poems

A barber enters the mountains for merit below the shrine hall he shaves all the monks why is the old abbot exempt he needs his hair for the winter

Shave it it grows back shave it again how many trips do you make every year all the way here for the merit how much do you think we get

34. For Monk Yuan

It's pure and bright and totally present why ask me what it's like among you buddha-bound wandering monks how many ever understand

日爱七世宝草 象	桶箍爆處見根源	送大維那省母	不見露陀老迦葉	OUT COME CITY CAME LAND LAND LAND LAND LAND LAND LAND LAND	工夫不到不方圓
可爱比包重直象 射良意兑色奖單	熟路重行三月天		不見或附老迦葉 意格波盡祭金襴		工夫不到不方圖 心若堅時石也穿

日明七雪童店然 聖如亨記法等书

夏在大乘堂裡住 送聞 Ŀ 冬初 曲 [漁歌 扣 福

送明道者

短策 文殊相見喫茶 輕包上五臺 銀 收取玻璃蓋子來 樓 金 閣 IE. 門

旬 人若不信我說 急急回觸問 冷如猛火

- 35. Tacheng was the name of a temple fourteen kilometers northeast of Pinghu. It was first built in 1315, or three years after Fuyuan Temple, and was famous for its spring-fed pond. As often happened, the abbot assumed the name of the temple.
- 36. Apparitions of Manjushri in many guises are reported by pilgrims who visit Wutaishan. §Wutai's five "peaks" are actually grassy knolls and easily reached on horseback - and now by car or bus. §The Pure Land of Amida also includes silver towers and gold pavilions, but here they refer to the transformed appearance of the white dagobas and the yellow-tiled roofs of the temple complexes that still cover the mountain. §The main gate is also the gate to the Buddha's Middle Path. §The traditional Chinese outer garment, whether full- or half-length, included spacious sleeves that were used as pockets.
- 37. The monk to whom this poem is addressed is not the same as the one in gatha 35. This monk's name means "hear," while the name of the monk in gatha 35 means "ask." Stonehouse uses their names in the last lines of both poems. §Pinghu's Fuyuan Temple was on the west shore of East Lake and Tacheng was beyond the north shore. The fisherman's song might refer to that of the fisherman in Ch'u Yuan's poem of the same name in which the fisherman chides Ch'u Yuan for insisting on moral integrity over flexibility. Or it might refer to Chang Chih-ho, who lived in the same region as Stonehouse, but during the T'ang dynasty, and who fished without bait (for his mind was not bent on catching fish) and who accompanied himself by composing short songs.
- 38. When Kashyapa responded to Shakyamuni's flower sermon with a smile, the Buddha gave him his robe, thus initiating the transmission of the Zen patriarchship. §Again, Stonehouse plays with the monk's name. Ming means "bright," and the Buddha's robe is golden.
- 39. An old saying reminds people: "Tasting the water, think of the source." §Ostensibly, the trail between the nunnery and the stream is meant, but the walkway used for circumambulation in the meditation hall also comes to mind. § North hall is a euphemism for one's mother, while lily grass refers to a son.

35. For Monk Wen Returning to Tacheng

Here's a line that explains it clearly it's cold as fire and hot as ice if you don't believe my words hurry home and ask Ta-ch'eng

36. For a Traveler Going to Wutai

Climb Wutai with a light pack and whip past the main gate to gold tiles and silver bricks after your tea with Manjushri drop that crystal cup in your sleeve

37. For Monk Wen

All summer long you stay at Tacheng then winter comes and you knock on our gate don't blame me for not responding across the water I hear a fisherman's song

38. For Monk Ming

It has no shape until you apply it your mind can slice rocks when it's hard remember that old ascetic Kashyapa he cut the root of thought and won a golden robe

39. For Meditation Mistress Sheng

A crack in the bucket betrays the water's source back on the trail in late spring sun warms the north hall and lily grass is green don't use Old Lady Zen on young girls

容冒 坐來出示諸方語 終日騎牛不識牛 得趙州無字 更月下泥牛吼 春寒訪隱局 英上求語 透 衲衣 何須辛苦外邊 錦軸未開先眼 八面玲瓏海 玄關金 便是尋常追 盡 日 開 紅 頭 頨

後夜黑雲消散盡 長天如水月輪孤動水警策做工夫 散亂昏沉盡掃除

送勤上人

老僧真實為人說 出處伽陀 一字無自遠相尋到鵡湖 慇懃請問做工夫

示道

勞神枯骨安閒少 運水搬柴普請多作佛生天容易事 最難難是做頭陀

- 40. In addition to normal monastic duties, the abbot ordered communal work whenever the occasion demanded. Such occasions included sunning books and bedding, working in monastery fields, constructing temple buildings, and preparing for a religious festival.
- 41. Parrot Lake, or Wuhu, is another name for Tunghu, or East Lake. And East Lake is synonymous with the town of Pinghu, just as West Lake calls Hangchou to mind. § Gatha means "song" in Sanskrit and refers to a four-line poem. In India, it was used in sutras to summarize sections of prose, but it could also stand alone. In China, its primary purpose was instructional, and it became part of every Zen master's repertoire.
- 42. At Zen monasteries, the term *ching-ts'e:warning-switch* refers to a long flat piece of wood used to strike dozing monks on the shoulder in the meditation hall.
- 43.1 Ta-an asked Pai-chang to describe someone searching for the buddha. Pai-chang said, "That would be like riding an ox while searching for an ox." Ta-an asked, "And what about after he finds it?" Pai-chang said, "That would be like someone returning home on the ox" (Chuantenglu: 9). In China, the ox was used as a metaphor for the mind as early as the T'ang dynasty and was represented in pictures as well as poems.
- 43.2 One day a monk asked Chao-chou, "What is Chao-chou's one word?" Chao-chou answered, "I don't even have half a word." The monk asked, "But Master, don't you exist?" Chao-chou replied, "I'm not a word" (Chuantenglu: 10). §The gold lock refers to the precepts and the dark gate to monastic life. §A monk once asked Lung-shan what he had learned while living in the mountains. Lung-shan answered, "I saw two clay oxen plunge into the sea, but up until now I haven't heard any news" (Chuantenglu: 8).

40. For Monk Mao

To be a god or a buddha is easy the hardest thing to be is a monk always exhausted never enough rest if it's not wood or water it's temple work

41. For a Monk

People come a long way to reach Parrot Lake anxious to ask about practice this old monk tells them the truth the gatha that frees you has no words

42. For Monk Ch'in

Find a switch to use in your practice to drive daydreams and sleep far away late at night when dark clouds vanish the sky is an ocean the moon shines alone

43. For a Zen Monk - two poems

All day on an ox unaware of the ox why endure hardship searching elsewhere just pierce its nose and pull it around guess who it is afterall

To get past Chao-chou's wordless riddle open the gold lock and dark gate the clay ox roars when the moon sets at midnight the horizon turns red from the ocean-born sun

44. For Monk Ying

Braving spring cold you found my hidden door your robe still flecked with snow sit down and tell me the news of the realm but open your eyes before you unroll your scroll

上人壯志出叢林

寸

光

寸

金

世

間関學

等閒埋沒祖師心

工夫到此切須記 枯木嚴前蹉路多念未生時猶妄覺 瞥興一念便傷他

一分分配得春風轉 也有瓜茄也有一片荒田一把鍋 翻來覆去下工一點

雲收霧捲乾坤闊 月上青山玉一放下身心返自觀 略無毫髮許相對

斷是風暖楊花落 不是鳥窠吹布毛十里湖光浸六橋 到時須著眼頭高

45. Here patriarch refers to Ma-tsu. It was Ma-tsu, more than any other monk, who freed Zen from its focus on meditation as the means to enlightenment. Ma-tsu's stupa is at Paofeng Temple in Kiangsi province sixty kilometers northwest of Nanchang.

46. Chingtzu Temple was located on the south shore of Hangchou's West Lake and has recently been rebuilt. §The three-kilometer-long dike that created West Lake includes six bridges that permit small boats to pass underneath. §The dike is still lined with willows that veil its rock facade with a haze of white willow fuzz in spring. §While the Hangchou area is known for its orioles, its most famous product remains silk brocade.

47. Stonehouse uses Attendant Kuan's name, which means "look," in the first line.

48. Monk Ch'in's name means "work" or "diligence." The phrase spring wind refers to the powers of rebirth and growth. §Melons, eggplants, and gourds are among the last vegetables to be harvested in fall, and some are left behind to germinate the following spring.

49. Dead Tree Cliff is a euphemism for the absence of thought and feeling. Someone who sits up all night in the meditation hall and never lies down is called "a dead tree."

45. To a Meditation Master Leaving for Kiangsi

So you've decided to leave this temple every inch of time is an inch of gold don't analyze what the world calls knowledge just go bury the patriarch's mind

46. For Attendant Ling Returning to Chingtzu Temple

Three miles of lakelight flood the six bridges when you arrive lift up your eyes willow fuzz swirls in the dike's warm breeze or is it down or silk from the bird nests

47. For Attendant Kuan

Let the self go and look back inside don't let a single hair blind you clouds disperse and the world is wide rising from the mountain is a moon of jade

48. For Monk Ch'in

An overgrown field and a hoe turn it all over let's see some work every swing uncovers spring wind and melons and eggplants and gourds

49. For the Assembly

Before a thought stirs it's already false the moment a thought appears kill it remember when you reach this stage from Dead Tree Cliff lead many dead ends

潺潺一派雙溪水	年老心孤憶弟兄 中峰且喜	山泉荒山人間长	首主或皇弗且可	寄過書記	抵闥秋晚霜葉重	此經在處皆有佛	常侍者血書金剛經	看他義斷情忘處	父是誰兮母是誰 胸藏五逆是男兒	跋淨首座血	俱胝只在山中住 受用天籠一指頭	行盡東西南北州	万建者
潺潺一派雙溪水 流入西湖更好聽	年老心孤憶弟兄 中峰且喜過南屏	山泉荒山人間台 青水自然龙崎皮	た質多是意販河		抵國秋晚霜葉重 樹葉紅於血染濃	此經在處皆有佛 不勞心力更施功	金剛經	看他義斷情忘處 紅菡萏花三四枝	胸藏五逆是男兒	跋淨首座血書法華報親	受用天籠一指頭	如今能得此心休	

- 50. Chu-shih was enlightened when T'ien-lung held up a finger. Later, whenever Chu-shih was asked about Zen, he said nothing and only held up his finger. When he was about to die, he said, "Ever since I obtained this One Finger Zen from T'ien-lung, I haven't been able to exhaust it (Chuantenglu: 11). T'ien-lung was also fond of saying, "I hold up this finger, and the whole universe moves with it."
- 5 I. Writing a sutra with one's own blood is done to gain merit for others. My first Buddhist master, the venerable Shou-yeh, spent more than a decade writing the *Avatamsaka Sutra* in blood and never fully recovered his health. §Among the five heinous acts that doom a person to rebirth in Hell are killing one's father, one's mother, or an arhat, shedding the blood of a buddha, or destroying the harmony of the congregation. Stonehouse implies that drawing one's own blood violates the first four of these prohibitions. §In the seventh of the eight cold hells, the flesh of sufferers is said to burst open like red lotus flowers. In drawing one's own blood for writing, the fingers are normally used.
- ς 2. The first line is from the *Diamond Sutra*: 12, which extols the emptiness of the six practices known as *paramitas:means to the other shore*, the first of which is *charity*. §The Buddha preached the *Diamond Sutra* in Jetavana, which was a forested park just outside the city of Sravasti. It was donated to the Assembly for their exclusive use by Anathapindaka.
- 54.1 Chingtzu Temple is on the south shore of Hangchou's West Lake and at the foot of Nanping Mountain. §Chung-feng (d. 1337) was one of the most eminent monks of the Yuan dynasty and, like Stonehouse, studied with Kao-feng in the Tienmu Mountains west of Hangchou. His Zen talks have also been preserved. P'ing-shan (Lin-t'ung) and Stonehouse were both enlightened while staying with Chi-an, hence their relationship as "dharma brothers." §Between Nanping Mountain and Phoenix Mountain to the east, two streams separate from the same source and flow side by side only to rejoin just before entering the southeast corner of West Lake.

50. For a Follower of the Way

Now that you've toured every state in the realm why not let your mind rest Chu-shih spent his life in the mountains and all he needed was T'ien-lung's finger

51. To Rector Pa-ching Writing the Lotus Sutra in Blood to Repay His Parents

Who was his father who was his mother who is this son planning heinous deeds behold his resolve and detachment the red lotus flowers blooming from his hands

52. To Attendant Ch'ang Writing the Diamond Sutra in Blood

Wherever you find this sutra is a buddha why strain your heart for charity Jetavana's late autumn leaves are heavy with a red much darker than blood

53. To Secretary K'uei

The patriarchs disapproved of monks who lived in town the sages of the past retired to the hills once a mountain stream enters the city its pure water soon turns muddy

54. To Monk P'ing-shan of Chingtzu Temple - two poems

Old and alone I recall my elder brother crossing Nanping with Chung-feng for pleasure two streams of water babbling in one river entering West Lake the sound was even better 到

- 54.2 Five hundred was the number of arhats in attendance at many of the Buddha's sermons and also the number who gathered after the Buddha's Nirvana to recite what they had heard. Their clay figures are often seen in the larger Buddhist monasteries in China. §Nanping Temple was another name for Chingtzu Temple, which was located at the foot of Nanpingshan.
- 55.1 No doubt the scene is the eighth full moon, or Mid-Autumn Festival, when families spend at least part of the night together outside. In fact, throughout the middle and lower reaches of the Yangtze, many people sleep outside during the height of summer to enjoy the cool air. See also 76 of the Mountain Poems.
- 55.2 The expression k'u-mu:dead trees also refers to those who spend all their time meditating.
- 56. The empty kalpa is the period of time between the destruction of one universe and the creation of the next one. §Hsinchou (now Hsinhsing) is one hundred kilometers southwest of Kuangchou and is the Sixth Patriarch's hometown. After receiving the patriarchship from the Fifth Patriarch, Huineng spent a number of years living with hıll tribes in the mountainous regions of northern Kuantung province.
- 57. The Dharma is often likened to a raft that can be used to reach the far shore of liberation. But why exhaust yourself poling or rowing across when there's a favorable wind?

Five hundred oxen toothless and lame crowd the corral of Nanping Temple their once hairy hides now bare they keep looking up from their ploughs

55. To a Friend - two poems

My hut is so depressing I stay in bed late thinking of you takes me back to last year sharing a cot under pea-flower eaves still chanting poems after losing the moon to the pines

A hut in the shade of ten thousand pines a monk at the foot of Dead Tree Cliff living like this ten or twelve years choosing plain virtue over empty fame

56. Ancient Woodcutter

A shadowless tree from before the last kalpa the only thing holding up Heaven and Earth a firewood seller from Hsinchou gathers enough for a load

57. No Shore

A wall of white haze obscures the horizon all directions are indistinct don't bother trying to pole yourself over change your ways and it's time to sail 但得煮茶增味好 誰能泛濫落江湖港然不入眾流數 瞪目觀來果必殊

別洞

小獨幾度季晴夜 不見梅花只覺一色虛明含法界 四簷皎潔若冰

古往今來誰是我 得饒人處且饒-眼空湖海氣凌雲 傑出藏林思不群

望見嶮嶋多退步

有誰撒手肯承當

千尋拔地青如玉 萬丈凌雲硬似剛坎止流行皆末事 終歸大海作波濤石崖

^{58.} The metaphor of water and waves is used in the Avatamsaka Sutra to represent the distinction between phenomenon and noumenon, the false and the real.

^{60.} The last line is from Yao K'uan's *Hsshss Tsungyu*: "There once was a Taoist chess master from Tsaichou who always let his opponent move first. People made up a poem about him: 'Here is a man without enemies / he goes easy on others when he has the chance.'"

^{61.} The world here refers to the dharma-dhatu, the realm of reality.

^{62.} Rivers and lakes refers to the lower reaches of the Yangtze as well as to a life of seclusion or aimless drifting.

58. The Source

An endless stream flows out of the mind whichever way is down never up where it rests and moves doesn't matter reaching the sea it all become waves

59. Rock Cliff

Ten thousand feet of the greenest jade piercing the clouds it's harder than diamond people turn back at the sight of the heights who can let go and take up the challenge

60. No Enemies

Your eyes drain oceans your spirit rides clouds a monk among monks your thoughts are unique but who were you once and who are you now go easy on others when you have the chance

61. White Hut

The world is surrounded by a one-color sky my eaves are white as ice at night through my windows when the snow stops no sign of plum blossoms only their scent

62. Another Stream

Too clear to be part of the common flow look and you'll see that it's different use it for tea and taste the improvement how does it end up in rivers and lakes

這漢何為 叙滅見超空劫前 長年打 待出定來重勘過 坐 執法修行 如牛拽磨

水即 是 波 即 是 石 坐 證 通 斯為第

長天萬里無雲夜 南詢尚未 H 月在波心説向 白花嚴下望多 前

觀音大士二

一首

父王休遺人來 破衣穿 骨 皮 貌不如宮裡 Ш 回首 步

須更問

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峻 財參見德雲處 萬山齊 不得 又在那邊蒼翠中 孤危眾獄勢難同

63. Sudhana was one of Shakyamuni's disciples. In the final chapter of the Avatamsaka Sutra, Sudhana visits more than fifty different masters in an effort to learn all the practices of a bodhisattva. In the Wuteng Huiyuan, Manjushri sends Sudhana into the mountains to find a plant that has no medicinal uses. When he can't find such a plant, Manjushri tells him to bring back any plant. When he does so, Manjushri holds it up before the assembly and says, "This medicine can kill, and it can cure." I'm guessing Cloud of Virtue is another name for Manjushri. See also gatha 29. §The peak is that of Sumeru.

- 64.1 Prior to his Enlightenment under the Bodhi Tree, Shakyamuni practiced austerities in a cave known as Praghbodhi on a mountain across the river from Bodhgaya.
- 64.2 Suddhodana was Shakyamuni's father. The remains of his palace have been found about fifty kilometers west of the Nepalese border post of Belhiya on the road from Bihar State to Katmandu.
- 65. Avalokiteshvara, the Goddess of Compassion, has kept watch over sailors from her lookout on Putuo Island ever since the ninth century, when a Japanese monk was repeatedly shipwrecked there while trying to carry a statue of Avalokiteshvara back to Japan and concluded it must be her home. The island is located northeast of the port of Ningpo and southeast of Shanghai. §The white flowers are those of the heavenly mandarava tree, whose blooms also appear in connection with the island in verse 21. The cliff named after these flowers is on the southeast corner of the island, where waves crash against the rocks and their white spray hangs like flowers in the air.
- 66.1 The arhat is the fourth and final goal of Hinayana Buddhists and is defined as being "free of passion." But unlike the bodhisattva of Mahayana Buddhists, the arhat is incapable of compassion.

63. Another Peak

The myriad mountains of the realm are no match even the great peaks lie below its lone spire Sudhana visits Cloud of Virtue up there on its slopes again

64. The Buddha Leaving the Mountains - two poems

He comes down the mountain long shaggy hair patches of clouds and snow on his robe no need to ask what he does up there one look at his face and you'll know

Sack full of bones worn at the elbows looking back at the peak he falters his father doesn't bother asking for news his face has changed since the palace

65. Avalokiteshvara - two poems

A young man is still on his southern mission on White Flower Cliff how long do you wait when the night sky is clear for a thousand miles who do you tell about the moon on the waves

The water is waves the cliff is rocks to know perfect union this is the goal

66. Arhat - two poems

What are you doing meditating all year cultivating the Dharma like an ox at a mill free now of passion you can see the last world but what about your faults when your zazen is done

眼 看他 世上人 手捺雙跌笑而

一首

少室 夫是謂之 面 黑 峰 幽 缺 前 心 菩提達 花 粗 結果 膽 大 葉 Ī 殿上 頭宴 沙 抛 土

無限家私 言不 契渡 狼 藉 江 淮 盡 何 耳 爭 峰前去活 隻破皮鞋 埋

惡似冤讎

從此父南子北

不如雲散水流

建陽山

中

相見時

好於骨

肉

西

峰寺裡再參

後

老比丘

有何 和

田 并

由

先覺後覺

東州

西州

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師

同

憤

在你也

報盡已歸兜率

在我也

業煩尚寄閣

是非恩怨難分處

一片松陰蓋石頭

67.1 Bodhidharma was from southern India and is usually depicted as dark-skinned, blue-eyed, and buck-toothed. His biography in the Chuantenglu, published in 1004, records a meeting with Emperor Wu at the Liang dynasty capital in Nanking. During their meeting, Bodhidharma dismissed the emperor's attempts to gain merit by building temples and supporting monks and explained to him the doctrine of emptiness. Failing to find a receptive audience, Bodhidharma crossed the Yangtze (artists depict him doing so on a single reed) and eventually settled southeast of Loyang in a cave near the summit of Sungshan's Shaoshih Peak. After transmitting the Dharma to Hui-k'o, Bodhidharma composed this gatha: "The reason I came to this land / was to transmit the Dharma and save sentient beings / once the flower unfolds five petals / the fruit will form by itself." The five petals refer to the five Chinese patriarchs, and the fruit to the Zen tradition. After Bodhidharma's death in 528, he was buried on Hsiungershan, or Bear Ear Mountain, about two hundred kilometers southwest of Shaoshih Peak near the small town of Lushih.

67.2 When officials dug up Bodhidharma's grave, all they found was a single sandal. I am unfamiliar with Huyeh Cliff but suspect it must be a local name for the site of Bodhidharma's stupa on Bear Ear Mountain.

68. Stonehouse first met Chi-an at West Peak Temple on Chienyangshan, also known as Langyashan, three kilometers south of Chienyang. §Tushita Heaven is where bodhisattvas are reborn before their final rebirth. § Jambudvipa is the continent of Asia.

An amorphous body a jar of still water the transcendental life nothing else is true meanwhile notice worldly people slapping their thighs in laughter

67. Bodhidharma - two poems

Dark-skinned and gap-toothed impulsive and brave in the emperor's palace he scattered dust and dirt below Shaoshih Peak his blossom bore fruit before Huyeh Cliff he sits covered up he's the one we call Bodhidharma

No one understood so he crossed the river on Bear Ear Peak he was buried alive his limitless wealth is a pile of rubble why fight over a worn-out shoe

68. Master Chi-an's Warning

Two old monks what was our link waking in turn in the east and the west meeting on Chienvang Mountain we were closer than kin staying at West Peak Temple we were like enemies then we went our separate ways clouds and rivers flowed on unaware as for you you paid your debt and left for Tushita as for me karma still troubles me here in Jambu where good is hard to tell from bad where pine shade covers the rocks

板 搜稜 未免向影子上胡猜亂猜 亦非吾眷屬 **趙是天湖菴主** 人類別 幽生毛 稜 卻 好侶白雲堆裡 如碧海波心 面孔無 不是 裡無筋底 内 我 受靈 同 突出千尋 湧 皮下有 流 起一 山記 謂是 座玉 血 福源住 石 底 持

禪人求讚

不向

丹青上東

ト西ト

珣禪善記

須莫展與

挂向閒房伴松竹

情知衰世趙難行 卻來靜處閒叉手髮白面皺 皮黄骨瘦 用盡自已心 笑破他人口

何緣得此優

端的自能跳透

天湖麓湖

二水

同流

對霞峰胥峰

Ш

並秀

不是禪翁自點胸

古今盡道蘇州有

69. The Buddha lived on Vulture Peak for thirty-five years and delivered most of his sermons there. It was located just outside the ancient capital of Rajgir and named for a rock formation near the summit. §Often during his sermons, the Buddha foretold the future buddhahood of his disciples.

70. Wild Goose Pond is in Kiangsi province near the modern town of Shangjao and was the site of a famous Neo-Confucian academy as well as several important Zen monasteries. Hsu Peak (also called Mount Wu) is near the southeast corner of Hangchou's West Lake and was home to several dozen Buddhist temples. Apparently, the monk to whom this poem was addressed had spent time in these places and was expecting Stonehouse to point him elsewhere. §Suchou, situated between the Yangtze and Lake Taihu, was a center of silk commerce, high society and, it would seem, braggart monks.

69. For Monk Hsun Seeking Advice

There's hair on my teeth no flesh on my face since Vulture Peak predestined my debt to the world remains unpaid on a thin and ragged edge on a wave in an emerald sea on a surging cliff of jade on a rocky barren peak on a mountain range of clouds my stone house rises ten thousand feet who calls me the Hermit of Sky Lake isn't any friend of mine who calls me the Abbot of Fuyuan isn't one of my disciples an eye without a muscle still searches in the shadows blood beneath the skin doesn't choose if it's red or blue Zen Monk Hsun Zen Monk Hsun remember well my advice and don't show anyone else hang it inside your hut in the woods

70. Advice for a Zen Monk

Your hair is white your face is brown your skin is leather your body is bones you've exhausted your mind while others have died from laughter I know the world is hard to accept but why disturb me with your bows consider Sky Lake and Wild Goose Pond both waters flow the same look at Hsiamu and Hsu Peak both mountains rise as one how did I find such freedom I simply learned to transcend I'm not a Zen monk who brags Suchou I hear has plenty of those

The following record was compiled by Stonehouse's disciple Chih-jou while Stonehouse was abbot of Fuyuan Temple. The temple was located near the South Gate of the town of Pinghu, about one hundred kilometers southwest of what is now Shanghai. Stonehouse was asked to take over the temple following its reconstruction in 1330, and he served as its abbot from 1331 until 1339. In the course of addressing the monks, Stonehouse often spoke in rhymed verse. I have indicated these sections with slashes.

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公諾實

- 1.1 Fuyuan Temple was first built in 1312 and named for a well (fu-yuan:blessed spring) that supplied it with water, even during droughts. It was originally located about five hundred meters outside the South Gate of Pinghu at the edge of East Lake. But during the Ming and Ch'ing dynasties, the town expanded at the lake's expense, and the temple eventually found itself just inside the town's South Gate. 1.2 Assuming that Chih-jou was correct concerning the year cycle, he must have been mistaken about the reign period. The Yuan-t'ung period did not begin until 1333, or two years after Stonehouse arrived. 1.3 Ho:hey is my rendering of the shout used by Zen masters to awaken their dozing disciples or to supply a shortcut to the more roundabout route taken by language in expressing the truth.
- 2.1 The shrine hall is where most ceremonies are conducted and includes at least one central altar with a statue of a buddha or bodhisattva. 2.2 As its name suggests, the sound of the rain-pigeon heralds rain. 2.3 Hemp fields were usually located at the periphery of villages on marginal, if not hilly, land, and their irrigation often required carrying water considerable distances.
- 3.1 Along with the whisk, the staff is the abbot's symbol of authority. 3.2 While Buddhists recognize countless buddhas, their use of the term "patriarch" is restricted to the founders of the various Zen lineages.
- 4.1 The office of general preceptor was established in the second month of 1331 in each of the sixteen provinces of China and was given responsibility for monastic discipline and administration. It was eliminated three years later in 1334. 4.2 The term koan (Chinese: kung-an), originally used with reference to a court case, was later applied to the statements of Zen masters that expressed the truth while rising above the limitations of language. 4.3 Gautama was Shakyamuni's personal name. 4.4 Stonehouse refers to himself here by the second part of his monastic name, Ch'ing-hung. 4.5 Stonehouse's point is that the Buddha did not speak the Truth but simply presented expedient teachings, for the Truth cannot be expressed.

BOOK THREE ZEN TALKS

- 1. The Master entered the temple on the thirteenth day of the fourth month of the Hsin-wei year of the Yuan-t'ung period. Pointing to the front gate he said, "Open your doors. Who is it at the threshold? Hey!" 3
- 2. In the shrine hall, ^I the Master said, "To pay my respects to you / I bow down and stand back up / the rain-pigeon² cries from a tree / all thoughts are in the hemp fields." ³
- 3. Accepting control of the temple, the Master grabbed his staff^I and said, "All the buddhas and patriarchs² of the past and all the old monks in the world do nothing but stir the mud at the bottom of the pond and pick willow fuzz out of the fire. What about this new abbot?" Lifting up his staff, he shouted, "Hey!"
- 4. Accepting the decree appointing him general preceptor, ^I the Master said, "The koan² that Old Gautama³ didn't understand two thousand years ago, Abbot Hung, ⁴ in accepting the office of general preceptor, now completes for him. It reads: 'To supply instruction in the Truth.'" ⁵

恩 住 相 便坐。 化 定相 法 逢 湖州路道場 0 0 0 0 0 次拈香云。 座 昨 乃云 正 水雲深處相逢 0 0 更不 卻在水 云。人天實座 與 遇緣即宗 日天湖 0 時 作禮須彌 把 如 蕃 雲深處 住也鋒芒不露。 禪寺及菴大 此 何 畔 0 可 0 0 卻在千峰 瓣 傳真寂之風 墾 E 拈拄杖卓一下云。 0 0 今朝 Ш $\overline{\pm}$ 香 0 便陞 耕 录木床 0 和 燕向爐中。奉為前 煙 福源寺 尚 座 頂上。千峰 0 放行 0 所 0 ٥ 0 用 仰助 我今要坐 以道 拈香祝 H 也十字縱 0 法 九萬甲 開 0 乳 為之 法 堂 頂上 画 演 聖

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千年鶴便翱翔

6.1 The fa-tso:dharma seat is not usually located in the main shrine hall but in a secondary or adjacent hall reserved for lectures on the Dharma, or Buddhist Doctrine. This, though, is a special occasion, hence its presence in the main shrine hall. 6.2 Mount Sumeru is the axis of the universe, and its king is Shakyamuni. 6.3 It was customary to begin all public ceremonies by wishing the emperor long life. Unfortunately, Emperor Wen-tsung, under whose patronage the temple was reconstructed, died the year after Stonehouse arrived. 6.4 Chi-an was Stonehouse's teacher. Though the two first met at Chienyangshan's West Peak Temple, Chi-an ended his years on Taochangshan outside Huchou. 6.5 These lines contrast the lakeside mist of Fuyuan Temple with the expansive view from Stonehouse's hut on Hsiamushan. 6.6 The P'eng appears at the beginning of the first chapter of Chuangtzu as a symbol of transcendence and is so large it must rise ninety thousand miles above the sea before it has room to spread its wings. 6.7 The Chinese consider the crane the embodiment of a Taoist adept preparing for his final flight to the Islands of the Blessed.

- 5. Accepting the decree appointing him abbot, the Master said, "The capacity of your wok or the length of your spatula is your own affair. There's no need to discuss sizes."
- 6. Pointing to the dharma seat, I the Master said, "This treasured seat among gods and men, this high-backed wooden chair, if I want to sit on it, I'll sit. I don't need to bow to the King of Sumeru." He then sat down. After honoring the emperor with incense, he picked up another stick and said, "I place this incense in the censer in honor of Master Chi-an, formerly of Huchou's Taochang Temple, and in gratitude for his kind instruction in the Dharma."

Afterward he said, "When you hold on to something, don't let the smallest hair show. When you let go of something, let it go in all directions. Meeting in heavy mist, we turn out to be at the top of a thousand peaks. Meeting at the top of a thousand peaks, we turn out to be in heavy mist. Today I am at Fuyuan Temple inaugurating this hall and preaching the Dharma. Yesterday I was outside my hut at Sky Lake ploughing in the clouds. Thus it is said that the Dharma has no fixed shape but adapts to conditions. It stirs the wind of perfect stillness and makes effortless transformation possible. But at this moment, what is it like?"

Taking hold of his staff and lifting it up, he said, "Only after ninety thousand miles does the P'eng⁶ unfold its wings. Only after a thousand years does the crane⁷ take flight."

則屈 今日 道 在 生得恰好去 0 Ш 我 吾皇化育 置 逢 聖 道。 聖 人則 0 是為人也。不為人也 。若道不為人 我逢 0 不 擊拂子云。 出 0 出 則 H 則便為人 0 0 出則不為人。 戎夷蠻 則 屈 0 0 師 貊分諸 化 云 0 0 興化 且 只 作 如

九 當 頭 之辦 到 0 睌 0 0 小 如 洞 參 道 事切莫妄求。妄求而得。終非得也 4 山 心 0 0 0 時 現前 得 如 殊 錯了也 現 温 不 鹿趁陽焰 成 知 眾 0 0 0 0 直下 **雪峰和尚。三登投子** 久在叢林 念未生已前 - 自家 0 不 知費了多少 看 0 取 謂之參 0 0 更無 復 有 朋 何 0

^{7.1} San-sheng and Hsing-hua were the two most prominent disciples of the ninth-century Zen master Lin-chi (Japanese: Rinzai). In fact, it was San-sheng who recorded Lin-chi's sermons and talks. 7.2 Along with the briarwood staff, the fly-whisk is an abbot's symbol of authority, and he often uses it to punctuate his remarks.

^{8.1} Hsueh-feng was one of the most famous Zen masters of the late ninth century, and his disciples numbered in the hundreds. As a young monk, he traveled from his hometown in central Fukien to western Anhui to visit Master Ta-t'ung on Toutzushan. He then proceeded to northern Kiangsi to see Master Liang-chieh on Tungshan. He traveled back and forth between these two masters but was finally enlightened during his stay in western Hunan with Master Te-shan when the latter told him, "What enters the gate isn't your own treasure" (Chuantenglu: 16).

7. The Master recalled the time San-sheng^I said, "When I meet someone, I leave. But by leaving, I don't help anyone." And Hsing-hua said, "When I meet someone, I don't leave. If I left, I would help someone."

The Master said, "Now, is this mountain monk here to help you or not? If you say I'm here to help you, you wrong San-sheng. If you say I'm not here to help you, you wrong Hsing-hua. How can you get through this?"

Snapping his whisk,² he said, "The tribes beyond the borders have their own kingdoms, but all of them benefit from our emperor's instruction."

8. At an informal talk later that evening, the Master said, "All of you present have lived in monasteries for a long time and think you've been practicing Zen and cultivating the Tao. But how many of you realize that before a single thought stirs nothing exists and that the moment you think you become confused?

"Master Hsueh-feng^I climbed Toutzushan three times and traveled to Tungshan nine times. Like a thirsty deer racing toward a mirage, he wasted so much energy. If you want to find out what is already here, look at yourselves right now. What else is there? Since there's nothing else, don't chase delusions. No one has ever caught a delusion."

9.1 Nan-ch'uan was an eminent Zen master of the early ninth century and one of the foremost disciples of Ma-tsu. 9.2 The water buffalo and the herdboy became such a common motif in Zen they were used in both pictures and verses to depict the course whereby the student of Zen trains his unruly mind.

10.1 Chinese Zen monasteries followed the Indian model and held a three-month summer retreat during which the emphasis was on meditation and sleep was limited to only a few hours a night. 10.2 The middle and lower reaches of the Yangtze are the hottest and most humid areas in all of China, and any breeze at all is welcome during summer retreat. 10.3 Fuyuan Temple was just outside Pinghu's South Gate at the edge of the city's famous East Lake.

Rector San-t'a was from the temple of the same name just outside the West Gate of the nearby prefectural seat of Chiahsing and was apparently there to convey the decree appointing Stonehouse abbot of Fuyuan. The emissary was from the capital and was there to present the decree appointing Stonehouse general preceptor of the region. 11.2 During the Yuan dynasty, the capital was called Tatu and was located in what is now Peking. 11.3 Mu-chou and Lin-chi were both disciples of the ninth-century Zen master Huang-po, at whose hands Lin-chi was eventually enlightened, thanks to Mu-chou's encouragement. Here, and in his following remarks, Stonehouse implies that compassion alone is of no use unless it is paired with wisdom and that wisdom should be the goal of those taking part in the three-month meditation retreat. 11.4 Yang-ch'i was a disciple of the eleventh-century Zen master Tz'u-ming, who was kept up late at night trying to enlighten his thick-headed student. 11.5 Chaochou and Tao-wu were disciples of the early ninth-century Zen master Nan-ch'uan, and often discussed their understanding of their master's teaching with each other. 11.6 Coral pillows are a euphemism for the hard wooden pillows normally used by monks. Coral is one of the seven gems from which everything in Amida's paradise is constructed.

9. The Master recalled the time Nan-ch'uan^I said, "Ever since I was a boy, I've herded a water buffalo.² Whenever I let it graze east of the river, it can't help eating the grass of the eastern king. Whenever I let it graze west of the river, it can't help eating the grass of the western king. Neither compares to accepting one's lot and making do with less. Nothing else works."

The Master said, "Nan-ch'uan didn't herd east or west / though both shores had fresh spring grass / the land belonged to other kings / thus he made do with less and less."

10. At the beginning of retreat, ^I the Master said, "Before the fifteenth day of the fourth month, the nights are short, and you don't get enough sleep. After the fifteenth, the days are long, and you're always hungry. Today it's the fifteenth, and all you Zen monks here at Fuyuan get enough porridge and rice and enough sleep.

"As you wander through this monastery of perfect enlightenment and take refuge in undifferentiated wisdom, may I ask how you ended up in such a place? A welcome breeze² enters the door, and you feel cool. Lake water³ reaches the gate but without any purpose."

11. After thanking Rector San-t'a^I and the emissary from the capital, ² the Master said, "When Mu-chou³ caused Lin-chi to get hit, it wasn't out of compassion. When Yang-ch'i⁴ made Tz'u-ming stay up late, it wasn't out of compassion. When Chao-chou⁵ visited Tao-wu, it wasn't out of compassion. Today the emissary is making us stay at Fuyuan. Tell me, is it out of compassion or not? From our coral pillows⁶ come two streams of tears: one because we love our lord, the other because we hate him."

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12.1 During the Yuan dynasty, taxes were collected in South China in summer and also in autumn by merchant corporations that bought "tax-farming" rights from the government. The summer tax was payable in currency or cloth, while the autumn tax was payable in grain. The coastal province that included Chekiang and Fukien (and hence, Fuyuan Temple) provided the Yuan government with more than one-third of its total revenue.

^{13.1} The tien-chu:senior verger was in charge of the main shrine hall, and the ching-t'ou:sanitation steward was in charge of the latrine.

- 12. The Master said, "If I had to describe what we're doing here, I would say it's like farming. If you till the soil deeply and plant in season, your harvest will be great, and there will be more than enough left over after paying the authorities their taxes. It's all due to making an effort. If you don't till deeply or you plant out of season, your harvest will be poor, and there won't even be enough to pay the taxes. It's all due to being lazy. And yet how many people ignore the defect of their own laziness and criticize the diligence of others? Such people are pathetic. When I speak, what am I trying to do? I'm not trying to beat the grass. I'm trying to chase the snakes."
- 13. After thanking the senior verger and the sanitation steward, I the Master said, "If one person is pure, other persons are pure. If one world is pure, other worlds are pure. Where does the smell in the latrine or the dust in the shrine hall come from?" Holding his nose, he said, "There it is again."

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14.1 The three-month summer retreat began on the fifteenth day of the fourth month, or two days after Stonehouse arrived at Fuyuan. 14.2 Kuan-yin, whose name means "Seer of Sounds," was enlightened when she saw sound, that is, when all of her senses merged into one. Thus, for her, fried bread became steamed buns.

15.1 The Sprout Law, formally introduced by Wang An-shih in the Sung dynasty, was a controversial measure designed to provide farmers with sufficient capital to farm — but at 20 percent interest payable after the harvest. Apparently the temple was distributing its own verson of the government's "largesse," probably with donated sprouts and intended for farmers too poor to pay the government interest. 15.2 The first two lines are from the *Taoteching:* 39.15.3 Here the *sage* refers to the emperor. 15.4 East Lake was just beyond Fuyuan Temple and the wall that surrounded the town of Pinghu.

14. The Master said, "A month of our three-month retreat is gone / the gardens and groves are dark with shade / the sound of frogs is in the pond / I wonder if you monks understand.

"The true teaching of this place is the perfect clarity we hear in sound. Kuan-yin² bought fried bread, but it turned out to be steamed buns instead."

The Master then snapped his whisk and said, "To make dough you can use wheat from other places. But to sing a song you need someone from your own hometown."

15. At the Rice Sprout Assembly, I the Master said, "When Heaven becomes one, it's clear. When Earth becomes one, it's still. When the sage becomes one, peace prevails throughout the land. When poor monks become one, they have everything they need."

Grabbing his staff, the Master said, "When this staff becomes one, I don't care what happens. At dusk I stroll along the shore of East Lake⁴ and laugh at the rice sprouts all the same green."

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 $_{16.1}$ Kuei-shan and his disciple Yang-shan both lived in the ninth century and are the patriarchs of the Yang-Kuei Zen sect. This exchange appears in *Chuantenglu*: 11.

^{17.1} Because its life is limited to summer, the cricket is said to know nothing of winter. 17.2 Release, or pravarana in Sanskrit, refers to the last day of retreat. 17.3 The Thirty-third Heaven of Indra is at the top of Mount Sumeru, and Mount Sumeru is surrounded by a perfumed sea.

16. The Master recalled the time Kuei-shan^I was clearing a field, and Yang-shan said, "How come this part is low and that part is high?" Kuei-shan said, "Water can level anything. Let's let water take care of it." Yang-shan said, "Water is unreliable. All it does is level the high places and level the low places." Kuei-shan nodded in agreement.

The Master said, "High places low places all of them are fields / Kuei-shan and Yang-shan both of them were partial / here at Fuyuan we don't touch the mud / we wait to see if this harvest beats last year's."

17. At an informal talk at the end of retreat, the Master said, "Without knowing what's coming, the cricket sings beside the golden well. Shining for no reason, the moon before the shrine hall announces early autumn. If you can unite limitless worlds into a single speck of dust and let every speck of dust be a great sea of enlightenment, if you can combine ten lifetimes into a single thought and let every thought be the day of release, then leave here like this, without taking roads, much less a staff or bindle or tightly woven shoes, and without leaving your footprints throughout the four quarters a thousand miles from home.

"If you think practicing Zen means traveling across rivers and mountains in search of a teacher or the Tao, you're just running around like lost fools. Even if you jump as high as the Thirty-third Heaven³ in the blink of an eye or circle Mount Sumeru and its perfumed sea a million times ..."

Grabbing his staff and raising it, the Master said, "You still can't leave here."

18.1 This woven bamboo screen was hung across the doorway of the meditation hall during summer retreat to ensure privacy while allowing at least some air to enter. 18.2 *Clouds* refers to wandering monks, who traditionally visit other temples in search of instruction following their three-month summer retreat.

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19.1 Mid-Autumn Festival is celebrated on the eighth full moon and is second only to New Year in terms of family gatherings. 19.2 The ts'ang-chu:librarian was in charge of the sacred texts that were usually kept on the second floor of the shrine hall. 19.3 The second line of the poem refers to the world's more mundane view of the fifteenth day of the month as another month half gone rather than the occasion of another full moon. 19.4 The magic pearl is the mind. 19.5 The Tathagata Treasury refers to the collection of sutras under the care of the librarian and also to the storehouse of the mind that contains the seeds of all things. 19.6 Beryl, or aquamarine, is chief among the gemstones of paradise. 19.7 Master Pindola is the first of the sixteen (sometimes eighteen) arhats whose statues often line the shrine halls or galleries of Buddhist temples. He is also known as the Old Man of the Mountains. 19.8 The cassia flowers are on the moon, where their fragrance confers immortality. 19.9 The monks have ended summer retreat and have gone off on pilgrimage. Hence, Stonehouse finds himself relatively alone during a festival normally marked by family gatherings.

20.1 Bodhidharma spent nine years meditating in a cave on Shaoshih Peak near Shaolin Temple before he finally broke his silence and transmitted his understanding of Zen to Hui-k'o. 20.2 Shu-shan was a ninth-century Zen master and disciple of Tung-shan who spent many years visiting different masters. When someone asked what kind of Zen he taught, Shu-shan said, "One and a half feet of cloth." Asked to explain what this meant, he said, "You can't find it inside a circle" (Chuantenglu: 17). 20.3 While Theravada monks refrain from farming out of fear they'll kill insects or worms, Zen monks live by the rule: no work, no food.

18.At the end of retreat, the Master said, "On the fifteenth day of the seventh month / a breeze blows open the bamboo screen I / on distant peaks are scattered clouds I / moving one way then the other / lightly drifting slowly floating / they try to part but can't / they try to merge but can't / this old monk waves to the clouds / white clouds white clouds why not stop / your search for a mountain home never ends / wandering across Heaven and down every road. Hey!"

19. On Mid-Autumn Festival, ^I after thanking the librarian² the Master said, "The moon in the sky is perfectly round / the moon in the world is exactly half³ / afraid you don't understand / I strike the drum and convene the assembly.

"We call it the magic pearl⁴ in the Tathagata Treasury,⁵ the beryl bowl⁶ in the hands of Master Pindola.⁷ Incomparable and indescribable. A heavenly wind scatters dew and drenches the cassia flowers.⁸ Their perfume permeates the clouds and fills the desolate shrine hall."⁹

20. The Master said, "When Bodhidharma^I lived at Shaolin, he faced the rocks for nine years. But the walls and moats were not impregnable. When Shu-shan² sold cloth, he traveled thousands of miles to pay someone a visit. But the roads were confusing.

"Here at Fuyuan, the walls and moats are impregnable, and the roads are straight and smooth. Whenever you walk, walk in the middle of the road. Whenever you stop, stop where it's safe. And if you encounter a piece of farm land in between, why shouldn't you set foot on it?" 3

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21.1 The dharmakaya (kaya:body) is the ultimate undifferentiated body of a buddha. While the samb-hogakaya is the body a buddha experiences by himself, and the nırmanakaya is the body a buddha manifests to others, the dharmakaya is beyond the dualistic labels of self and other.

22.1 Lapa is a winter festival held on the eighth day of the last lunar month to commemorate Shakyamuni Buddha's Enlightenment. It is marked in Chinese Buddhist temples by the eating of rice porridge containing a variety of dried fruits and nuts. 22.2 According to the account of Shakyamuni's life in the Lahtavistara Sutra, his Enlightenment occurred when he beheld Venus on the western horizon.

23.1 This was a favorite expression of the ninth-century monk Yueh-shan, who often used it to elicit a response from his listeners. However, he met his match one day when he said, "I have something to say that I have never told anyone," and Tao-wu stepped forward and said, "Here it comes" (Chuantenglu: 14).

21. The Master recalled the time a monk asked an eminent priest, "What is the pure dharma body like." And the priest said, "A home without servants isn't fit for a lord."

The Master said, "My fellow Zen monks, this is the same as saying a slave is a free man. If somebody suddenly asked me what the pure dharma body was like, I would tell him, 'A home doesn't have two owners."

- 22. On Lapa Festival, I the Master said, "When I was in the mountains everything was fine / somehow I entered this noisy cage / where virtue and self-control are rare / and a tiny star² becomes a seed of trouble."
- 23. The Master said, "I have something to say." But if I tell you, I'm afraid you will curse me. And if I don't tell you, I'm afraid you won't believe me. Now, should I tell you or not?"The Master brushed off his knees and said, "Who knows me wrongs me. To him I have nothing to say."

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24.1 It was customary at the end of the summer retreat to undertake pilgrimages to sacred sites and to visit other Zen masters. 24.2 Kuei-shan was a disciple of Pai-chang and lived on a mountain of the same name near the western border of Hunan province. The sect that he and his disciple Yang-shan founded in the ninth century was second only to that of Lin-chi in the history of Zen. The verbal and nonverbal exchanges that he and Yang-shan used to demonstrate their understanding of Zen were characterized by their biographers as "swordplay."

25.1 The traditional Chinese week had ten days. 25.2 Three rafters was the equivalent of three feet and was the width of the space allotted to each monk inside the meditation hall for meditation and sleep. 25.3 The straw is from worn-out meditation cushions. 25.4 The abbot's staff stands for the Dharma. 25.5 The black dragon refers to the rain as well as the new moon, which the Chinese New Year celebrates. The black dragon also represnts our karma, which keeps us from finding the pearl of wisdom.

26.1 Ching-ch'ing lived in the tenth century, and Ming-chiao was an eminent eleventh-century monk. Once Hsuan-sha asked Ching-ch'ing, "I have heard it said that the bodhisattvas and mahasattvas were wrong not to see a single thing. What was the thing they didn't see?" Ching-ch'ing pointed to the pillar and said, "Is this not the thing they didn't see?" (Chuantenglu: 18) 26.2 Chao-chou was a ninth-century monk and a disciple of Nan-ch'uan. Although I am not familiar with Chao-chou's connection with the calabash, to hang a calabash on the eastern wall means to leave with nothing. The phrase comes from Li Pai's poem To the Former King of Wu and recalls the story of the impoverished hermit Hsu Yu who was once given a calabash to use for drinking water. He took one drink with it and left it behind, preferring not to be burdened by such a possession.

- 24. At the conclusion of retreat, ^I the Master said, "For ninety days you have been deprived / your freedom returns this morning / the evening rain in a wayside temple / the west wind at an old stone bridge / a solitary patched-robe monk / a thousand miles with a light armbag / if you reach Kuei-shan's abode / beware of the knife inside his smile."
- 25. At an informal talk on New Year's Eve, the Master said, "The year is ending / the month is ending / thirty-six weeks are about to end / they're over when the dawn bell rings / but ending means changing and changing means beginning / the moon lights the window the same as before / only the plum blossoms are different / my fellow three-rafter² students of Zen / your bags are empty / your bowls are empty / beneath your straw-covered³ worn-out robes / your unaware bodies reside in solitude / here at Fuyuan only this staff⁴ / is free of the workings of yin and yang / of spring and summer and autumn and winter / today as in the past / it holds up the sky and supports the earth / it joins you when you walk or sit / it sings to the moon and wind / but who cares / the Yangtze rolls on / the sun and moon don't slow their pace / and all you do is sit on your beds / while a black dragon⁵ lurks in the clouds."
- 26. On New Year's Day, the Master said, "Ching-ch'ing said, 'At the beginning of the year the Dharma exists.' And Ming-chiao said, 'At the beginning of the year the Dharma doesn't exist.' What we say exists doesn't really exist / what we say doesn't exist doesn't really not exist / when Mister Chang drinks wine Mister Lee gets drunk / Chao-chou² hung his calabash on the eastern wall."

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27.1 The bamboo screen is hung over the doorway to the meditation hall. 27.2 In the Western Paradise of Amida, the flowers preach: "All is suffering, all is empty, all is impermanent, all is selfless."

28.1 Lantern Festival is celebrated on the first full moon, or fifteen days after New Year's Eve. 28.2 The residents of a monastery were divided into two groups, each with its own set of duties and ranks. In general, the eastern ranks were in charge of administration and took care of the shrine halls, while the western ranks were in charge of instruction and took care of the meditation and guest halls. 28.3 The honey locust, or Gleditsia sinensis, is a large tree grown for its shade and large brown pods, which are used in Chinese medicine as an expectorant. 28.4 The true man of no rank is one's original face, and the cushion of red flesh is the body. Lin-chi says, "On your meditation cushion of red flesh is the true man of no rank who goes in and out of your faces" (The Recorded Words of Lin-chi: 3). 28.5 The diamond fist refers to the full moon.

27. The Master said, "Spring wind lifts the bamboo screen." Night rain moistens the hearts of flowers. One by one they work their peerless magic and reveal to all the supreme truth. Why are you still blind?"

After a long silence, he said, "Don't blame this mountain monk if you have too much to do or if time is like an arrow or if darkness is pressing in."

28. On Lantern Festival, ^I the Master thanked the chief monks of the eastern and western ranks² and said, "We proceed according to rules and retire according to rules. We share the same root as Heaven and Earth and the same essence as all other creatures. Overripe ginger, old locust pods,³ worn-out sieves, and broken ladles: in the east they're priced low, in the west they're priced high. Whether or not there's a profit depends on the market.

"Tonight, the true man of no rank⁴ will raise his diamond fist⁵ and summon his dragon steed. Racing through the four quarters, he will enjoy the Lantern Festival together with all the monks of the realm inside the eye of a mite. And when the dawn breaks, he will be back on his meditation cushion of red flesh the same as before." Raising his staff, the Master said, "When I see the lantern light, it reminds me of the Buddha's radiance."

29.1 Following his Enlightenment at the age of thirty-five, Shakyamuni preached for forty-nine years, until his Nirvana at the age of eighty-five. I have amended the text, which has seventy-nine years instead of forty-nine. 29.2 The Buddha's funeral pyre refused to ignite until Kashyapa, the first patriarch of the Zen lineage in India, arrived from the capital of Rajghir. Following the division of relics and the recording of the Buddha's sermons, Kashyapa then traveled to southwest China, where he disappeared into a rock cliff near the summit of Chitzushan, or Chickenfoot Mountain. 29.3 Mara, king of the realm of desire, tried in vain to distract Shakyamuni from his quest for Enlightenment.

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30.1 These remarks were apparently made soon after the preceding talk on the anniversary of the Buddha's Nirvana. 30.2 Hsueh-tou was an eleventh-century monk and the author of the one hundred verses that form the basis of the koan collection known as the *Blue Cliff Record*. Zen masters often liken the mind to an ox, whose nose the student must pierce in order to control the unruly beast with the rope of discipline.

31.1 Small statues of the infant Shakyamuni pointing to the sky and earth are bathed in Buddhist temples on his birthday, which falls on the eighth day of the fourth lunar month. 31.2 The fragrant blooms of the loquat, *Eriobotrya japonica*, appear on the hillsides of South China in November and its fruit in June. Here, however, we have flower and fruit appearing simultaneously, mimicing the infant Shakyamuni's behavior.

29. Celebrating the Buddha's Nirvana, the Master said, "For forty-nine years, he sold everyone on liberation and emptiness. Then, on the fifteenth day of the second month, the monks gathered around. Even though they managed to cover up his body, they couldn't keep his feet from sticking out. Before a million gods and men, before billowing clouds and flowing streams, his six-foot golden body was consumed by smoke and flames. But only after Kashyapa² retired to Chickenfoot Mountain was Mara's³ jealous heart finally quenched.

"Good monks, if you want to see Old Shakyamuni ..." Lifting up his staff, the Master said, "The spring wind covers the land with the petals of peach and plum flowers. The pink ones are pink. The white ones are white."

30. The Master said, "Knowledge that contains knowledge is the root of delusion. Knowledge that contains no knowledge is nirvana. I Spring mountains are mounds of green / spring lakes are ripples of blue / how vast are Heaven and Earth / standing alone which way do you face?"

Grabbing his staff, the Master said, "Let old Shakyamuni go." Lifting up his staff, he said, "Pierce the nose of Master Hsueh-tou." 2

Finally, after a long silence he said, "The sword is removed from its jeweled scabbard because of injustice. The pill is taken out of its golden bottle to cure illness."

31. While bathing I the Buddha, the Master recalled when the World-Honored One was born, he pointed to the ground with one hand and to the sky with the other, walked in a circle for seven steps, looked in the four directions and said, "In Heaven above and on Earth below, I alone deserve praise."

The Master said, "Pointing to the earth and sky he babbled / if no one was there such boasts were vain / adding bravado on top of bravado / a grove of perfumed dew-drenched loquats."²

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^{32.1} Langya was the name of the mountain south of Chienyang where Stonehouse studied with Chian. It was also the name of the temple on Langyashan's West Peak. 32.2 Yun-men was a disciple of Hsueh-feng and one of the great Zen masters of the tenth century. His biography and recorded talks appear in the Chuantenglu. 19, and a number of his koans are recorded in the Blue Chiff Record.

32. The Master said, "Tomorrow we begin summer retreat, and tonight we are holding an informal talk. Fuyuan isn't Langya. I Pointing out the faults of others or talking in the meditation hall are both infractions. During the ninety days of summer none of you will be allowed to make a single false move. And during the twelve periods of the day, none of you will be allowed to think a single false thought. But by not thinking a single thought, you will become aware of the uncreated. And by not making a single move, you will travel through countless worlds. If you continue to practice like this, every day will be a retreat. And if you are able to enjoy yourselves among forests and streams, why should anyone care if you sit away your months and years? What difference does it make?

"Do you recall when Yun-men² said, 'Can you travel through the whole world and all of creation and not find the slightest thing wrong?' If you don't see anything in his words, you're only halfway there. You still need to know what it's like when you're all the way there."

Lifting up his staff, the Master said, "I love summer days because they're long. Everyone else complains about the heat."

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^{33.1} All of these mountains are centers of religious pilgrimage.

^{34.1} The fifteenth day of the fourth month, or the beginning of summer retreat, is meant.

33. At the beginning of summer retreat, the Master said, "Before we begin retreat, if any of you want to go to Tientai or Nanyueh or Omei or Wutai, I then go. If you want to stay, then stay. Once retreat begins, you won't need your hat or your bag or your sandals or your staff. In fact, everything you own will be in the hands of this mountain monk!"

34. The Master said, "Before the fifteenth day of the month, I the nights are short, and you don't get enough sleep. After the fifteenth, the days are long, and you don't get enough to eat. But today is exactly the fifteenth, and the rice is as white as snow, and the fans are as round as the moon. Wave your fans and eat your rice and avoid talking about the heat.

"Old Shakyamuni said that people who know contentment can live in the dirt and still be happy, while people who don't know contentment can live in paradise and still complain. He also said that even after a hundred thousand kalpas the karma we create doesn't disappear. When conditions come together, we suffer the fires of retribution. If good and evil had no reward, yin and yang would pursue their own interests."

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35.1 During the fifth century, the Pallavas controlled southeast India from their capital at Kanchipurum. 35.2 Prajnatara was Bodhidharma's teacher. 35.3 Stonehouse is referring to the middle, or dharma, eye, which perceives the true nature of things.

36.1 Chienyangshan is the name of the mountain where Stonehouse first studied Zen with Chi-an. 36.2 Frankincense, sandalwood, and aloe were among the major trade goods imported to China from India via the Silk Road. 36.3 Family matters refers to the transmission of understanding that takes place in a Zen lineage.

37.1 Huang-mei was the name of the Fifth Zen Patriarch. 37.2 Lu was the family name of the Sixth Patriarch, who hulled rice at the monastery where Huang-mei served as abbot. For more on their relationship, see The Sutra of the Sixth Patriarch: 1. 37.3 Shih-t'ou was the First Patriarch of the Shihtou (Japanese: Soto) Zen sect. 37.4 Yueh-shan was the sect's Second Patriarch, who revealed his understanding of Zen by "doing nothing at all," for which see Chuantenglu. 14. 37.5 The six-foot briarwood staff is one of an abbot's symbols of authority, the other being his whisk. 37.6 Eravana trees are known for their noxious blooms. 37.7 The philodendron is also known as the cork tree.

35. The Master recalled the time the Pallava^I king of Eastern India invited Prajnatara² to a feast and asked, "All the other monks read sutras. Why doesn't the Master read them?" Prajnatara replied, "When I exhale, I don't become involved in the external world. When I inhale, I don't dwell in the inner realm. This is the kind of sutra I read. It's millions of volumes long. Why should I settle for a few books?"

The Master said, "My Zen brethren, Prajnatara's answer can cure ailments of the eyes and eliminate wounds of the heart. If someone asked me why all the other monks read sutras and this abbot doesn't, I would tell him: 'When sunlight streams in through the window or the moon shines high in the sky, if I feel like reading, I read. If I feel like resting, I rest.' Tell me, is this better than Prajnatara's answer or not? To find out, you'll need at least one eye." 3

36. Commemorating the death of Chi-an, the Master held up a stick of incense and said, "It has a beginning but nothing to grab / at West Peak Temple on Mount Chienyang^I / I found it on my zazen mat / it has no eyes or ears / it has no head or tail / I call it a stick of frankincense² / smell it but it has no smell / family matters³ shouldn't be broadcast / those who know shouldn't act dumb."

37. The Master said, "Huang-mei^I chided Old Lu² for hulling rice. Shih-t'ou³ laughed at Yueh-shan⁴ because he didn't. A six-foot briarwood staff⁵ can direct the winds of the eight directions. Without a three-foot whip, you can't control a thousand-mile horse. Sandalwood doesn't grow in an eravana grove. What sort of fruit do you find on a philodendron tree?" 7

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^{39.1} The monastic day begins an hour or so before dawn.

^{40.1} Birds are embarrassed by the glory of spring.

^{41.1} Apparently the end of summer retreat is at hand, and the temple's monks are preparing to go off on their separate pilgrimages.

- 38. The Master said, "It's as fleeting as a cloud / it's as still as a valley / it's the salt in water / it's the dye in color / it's the mist that soaks your clothes unseen / it's the flower that falls to earth unheard."
- 39. The Master said, "The spiritual light that never fades / noble deeds that shine forever / seek them in yourself / don't search for them outside / the reason for raising chickens has to do with the dawn." I
- 40. The Master said, "What I hear can't be heard / what I see can't be seen / last night the wind before dawn / scattered petals everywhere / turning green moss into a peach pink sky / birds don't come when spring is in its glory." I
- 41. The Master said, "I'm just a stupid mountain priest / merely here to be with you monks / despite our desire to be together / what desire was ever satisfied / enough is enough is enough / green mist and red clouds a tapestry of peaks / west wind and yellow leaves a sky full of autumn." I

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42.1 One day Ch'ang-o drank an elixir given to her husband by the Queen Mother of the West. Unprepared for its effects, she floated up to the moon. And she has been there ever since, kept alive by the white hare that also lives on the moon and that provides her with more elixir.

43.1 The full moon of the eighth month is celebrated as the harvest festival in China. 43.2 There once was a wild fox that memorized the sutras it heard a monk chanting and convinced all the animals in the forest to proclaim it their king. The fox then proceeded to the palace of Brahma to find a suitable wife but was stopped in its tracks when it heard a lion roar. 43.3 Brahma is the lord of creation. 43.4 Dogs refers to those who memorize the sutras without having any idea what they mean. 43.5 The sauvastika ⅔ is an ancient Indian symbol for the infinite as it appears to us from This Shore, while its reverse, the svastika ⅙, represents the vision of the infinite from the Other Shore. 43.6 The Buddhist Canon, or Tripitika, included 1440 titles in Stonehouse's day. 43.7 Prajapati was Shakyamuni's nurse and the first nun admitted into the Buddhist Order. After agreeing to her admission, Shakyamuni said the flourishing of the Dharma would henceforth be reduced by five hundred years. Thus, Stonehouse attributes to her the shorter form of the Canon, which he, however, welcomes.

44.1 The middle of the fourth month is when the three-month summer retreat begins. 44.2 Vairochana is the Sun Buddha and represents the *dharmakaya*, or essential body of the Buddha. 44.3 The *bubble* refers to our transient, corporeal selves.

- 42. The Master said, "The moon rises east through the ocean's door / gold waves light the horizon / rounder than round it's perfectly full / brighter than bright it's lovely / here's a message to the old white hare / tell Ch'ang-o^I for me / don't delay hiding your splendor / conceal your light while there's time / don't wait until dark clouds gather / and the whole sky loses its glory / only a monk's mind here in this world / since time began still shines."
- 43. Thanking the chief librarian, the Master said, "Today is the eighth month the fifteenth day" / barren trees falling leaves autumn wind and dew / foxes² are living inside Brahma's³ palace / dogs⁴ are writing sauvastikas⁵ with their tails / where are the Great and Small Canons⁶ from?"

Grabbing his staff, the Master continued, "They all come flowing out of here / it's simply that old Prajapati⁷ / cut out the useless pronouncements of the past."

44. The Master said, "One day another day and still one more / two three four five eight nine ten / count until red fades and green grows dark / the first day of the fourth month is back again / we think all day and think all night / and filling our eyes is Vairochana's Sea / which we exchange for a bubble / enough is enough / to cultivate the mind without the ground of no-mind / is to follow a hundred thousand streams."

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46.1 Mudras are hand gestures that summarize the oral teachings of various Hindu and Buddhist sects. 46.2 Mu-chou was the head monk at Huang-po's congregation and encouraged Lin-chi to ask Huangpo for instruction in the Dharma. Three times Lin-chi asked Huang-po, and three times Huang-po struck him with his staff. Lin-chi eventually founded his own congregation and a Zen lineage that still exists in both China and Japan. This story is reported in Chuantenglu: 11. 46.3 The text reads sixty, which I have read as an error for "six-foot." 46.4 Lin-chi used gestures as words and words as gestures and didn't let himself be bound by either in instructing others in Zen. 46.5 Celestial flowers are bestowed on bodhisattvas by various heavenly beings. But, as Vimilakirti makes clear, their recipient must be careful not to let them cling to his body lest another round of attachment result.

45. The Master said, "You eat to satisfy your hunger and drink to quench your thirst. You wear clothes to keep warm and go home to be with your families. You cultivate the Tao to reach the place even the buddhas can't describe. And you practice Zen to find the place even the patriarchs can't enter. But if you rely on the doors and walls of others and you listen to their instruction and accept their drivel, you'll never stand on your own. I put it like this: Good medicine tastes bitter. True words sound harsh."

46. On the arrival of Mudra^I Master K'ung-yen, the Master said, "Mu-chou² provoked Lin-chi into asking Huang-po the meaning of the Dharma. And Huang-po struck Lin-chi three times with his six-foot³ staff. The mouth⁴ is a door that invites trouble. Is there anyone who can avoid this mistake?" After a long silence, the Master said, "On the venerable K'ung-yen, Heaven rains down celestial flowers." 5

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47.1 During the Yuan dynasty, taxes were collected in the summer as well as in the fall. Summer taxes

were usually paid in money or cloth, while fall taxes were almost always paid in grain.

^{48.1} The five horses refers to the five senses and the ox to the sixth sense, namely the mind.

47. The Master said, "Two months now the sky hasn't rained / farmers haul water from dawn to dusk / their backs are burned their feet are sore / they're dizzy and exhausted and depressed / now officials come demanding summer taxes / they want silk and travel money too / barley and wheat they take it all / there isn't enough left for daily meals / then there are those like you without a home / strangers to what lies before you / making no progress on the Way / indulging yourselves in the east and the west / sitting in groups of four or five / opening your mouths to criticize / then retiring to unlit rooms / unfaithful ungrateful there's nothing you won't do / don't think you're destined for a better state / next life you'll all be planting fields / suffering the suffering I've described / then is never better than today / the ancient worthies and teachers had a saying / they quoted before men and gods / who does no work in a monastery field / suffers endless tortures in an iron hell."

48. The Master said, "The Dharma isn't spoken. Nor can wisdom comprehend it. Speaking isn't it. This sect of ours doesn't have any words, nor does it have a teaching to give to others. Not speaking isn't it either. When the five horses don't neigh, the ox drinks water. Neither speaking nor not speaking are it. The kind who see it call it kindness. The wise who see it call it wisdom."

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49.1 Pai-chang established the basic rules for Zen monasteries, which he summarized as "no work, no food." 49.2 The buddha-eye is the eye of enlightenment, and moksha is Sanskrit for "liberation." 49.3 Tz'u-ming had to meet with Yang-ch'i repeatedly late at night to help him understand Zen. Thus Tz'u-ming was not free, 49.4 And Chao-chou had to make an effort to teach Yen-yang to let go. Thus Chao-chou did not succeed in letting go.

50.1 The nostrils, the clam, and the eyebrows all obstruct the light, and hence represent the delusion of duality.

51.1 Although I have not found any information on him, I assume T'iao-hsi was an eighth or ninthcentury monk. 51.2 Ts'ao-shan Pen-chi was a ninth-century Zen master and disciple of Tung-shan Liang-chieh. 51.3 The Chinese prepare herbal decoctions inside an earthenware pot they use exclusively for the purpose and that they heat on the same small portable stove they use to boil water for tea. Stonehouse's point is that medicine can't cure the disease he's talking about, which is also the subject of the Vimilakirti Sutra.

49. The Master said, "Pai-chang^I told people to weed fields and get dirty. Thus the buddha-eye² enables monks to work and still cover the ground with *moksha*. Yang-ch'i³ made Tz'u-ming stay up late. Thus a perfect person isn't free. Chao-chou⁴ told Yen-yang to let go. Thus a free person isn't perfect. I put it like this: If you didn't meddle in other people's affairs, you wouldn't still be in the dark."

50. The Master said, "Are you sages or fools? Entering the door, I see a Persian's nostrils. Opening my eyes, I see a clam's insides. Opening my mouth, I see everyone's eyebrows hanging across their faces. Why don't you see them? In front of clear-eyed people is three feet of darkness." I

51. When he was ill, the Master recalled the time T'iao-hsi¹ told the assembly, "I have a terrible sickness which no one in the world can cure." Later, a monk asked Ts'ao-shan,² "What kind of sickness did T'iao-hsi have?" Ts'ao-shan said, "The sickness of dissolution." The monk asked, "Do all beings suffer this sickness?" Ts'ao-shan said, "This old monk hasn't been able to find out where it begins."

The Master said, "I'm sick, too. And no matter where I look, I see that it doesn't spare even the tip of a hair. If Ts'ao-shan didn't know where it begins, how can others? I've composed another gatha to explain this to the assembly: Our bones suffer then they dissolve / first they're hot then they're cold / we look in vain for where it begins / knock over the stove and the medicine pot." 3

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^{52.1} Stonehouse is apparently referring not to the ninth-century Zen master Tung-shan Liang-chieh, but to Tung-shan Shou-ch'u, a tenth-century Zen master famous for his spontaneous responses to all manner of questions. § 2.2 The line refers to the addition of an unbroken yang line to the five broken yin lines that represent the end of winter. This is what appears in the hexagram Fu: Return. 51.3 I am unfamiliar with the references in this and the next three lines and can see why Stonehouse asked his audience if they understood or not. 51.4 Cold Food Day occurs at the beginning of the third lunar month, one hundred and five days after the winter solstice. The day after Cold Food Day is the day when people clear the weeds from their family tombs and pay their respects to their ancestors.

^{53.1} Rheum officinale, or medicinal rhubarb, puts forth new leaves during the first week of the new year. 53.2 Drinking tea at night suggests late night meditation.

52. At an informal talk on winter solstice, the Master said, "Tung-shan¹ succeeded in withdrawing, but he never stopped responding. Even a jade spring can't wash pants clean. Stubborn habits are hard to break. Today at Fuyuan Temple everything is different. When the plum unveils its lone flag, a familiar fragrance drifts unseen. And winter shadows finally add a line.² Once again we have fine weather for spring. The lanterns are covered.³ There's a flute below the water. The pillars wear robes. And the clouds dance. Are you monks clear about all this? In another one hundred and five days comes Grave Sweeping Day. Grave Sweeping Day follows Cold Food Day."⁴

53. The Master recalled the time someone asked an old monk, "Why does winter come?" And the old monk said, "So rheum can appear in the capital."

The Master said, "Someone asked why winter comes / so rheum can appear at court / late at night a stove is lit / when the tea² is done the pot smells sweet."

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- 54..1 The tu-chien:provost was in charge of overseeing a temple's business affairs. 54.2 Ghandharva is a legendary land north of India where the inhabitants communicate by means of smell, while Jambudvipa is the continent south of Mount Sumeru inhabited by mankind. Purvavideha is the continent east of Mount Sumeru, and Aparagodaniya is the continent to the west. 54.3 During the Yuan dynasty, Yichou was the name for Chengtu, the capital of Szechuan province, and Huaichou was the adjacent prefecture to the northeast. If there's a story here, and I assume there is, I don't know what it might be. 54.4 Jade is a euphemism for fine food, although Taoists actually included it in their elixirs.
- 55.1 Stonehouse was enlightened while staying with Chi-an at Chienyangshan's West Peak Temple.
- 56.1 The bell tower is usually to the right of a temple's main gate, while the drum tower is to the left. 56.2 The shang-tso:rector is in charge of a temple's daily affairs. 56.3 The Chinese add another year to their ages on New Year's Day rather than on their birthdays. Hence the wishes for the emperor's continued longevity.

- 54. After thanking the provost^I and the meditation master at the winter solstice banquet, the Master said, "Each and every thing includes all things. All things include each and every thing. In Gandharva,² they use fragrant rice to transmit the Dharma. In Jambudvipa, we use our voices. In Purvavideha, they beat hammers. And in Aparagodaniya, it's communal work. When a water buffalo eats rice sprouts in Huaichou,³ a horse's stomach swells in Yichou. Simple food fills you up faster. Chewing longer keeps away hunger. Perhaps this isn't made of jade.⁴ But if it was, it would be a great surprise."
- 55. On the day commemorating the death of Chi-an, I the Master held up some incense and said, "The incomparable place we met / West Peak and Mount Chienyang / all the unsettled events / are in this incense burner."
- 56. On New Year's Day, the Master said, "Sing praises from the bell tower. Plant vegetable seeds under your bed. Rector² Sheng says there's a ferocious tiger sitting in the road. Here at Fuyuan, the gatekeeper greets the year with song. And inside the shrine hall, the sounds of Long live the Emperor'³ and the chanting of sutras never seems to stop. Some hear. Some don't. Can you tell them apart? Hey!"

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- 57.1 Lantern Festival is celebrated on the first full moon of the year. 57.2 In Buddhist geography, Jambudvipa is equivalent to Asia. 57.3 Fuyuan Temple was just outside Pinghu's South Gate, and Hsilin Temple was just outside its West Gate. 57.4 No doubt the name of Amida Buddha, the buddha of the Western Paradise, is meant. 57.5 Parrot Lake is another name for East Lake, whose shore wraps around the east and south gates of Pinghu. 57.6 "One is all, and all is one" is from Seng-ts' an's Believing in Mind. 57.7 Winter melons, or Benincasa cerifera, grow as large as three or four watermelons combined and are kept fresh by immersion in cold water.
- 58.1 The Buddha's Nirvana is normally celebrated on the fifteenth, or full moon, of the second month. 58.2 The body, the mouth, and the mind are the three sources of karma. 58.3 The perfect circle refers to the full moon. 58.4 In the last line, Stonehouse pokes fun at excessive and impossible desires.
- 59.1 Toghon Timur ascended the throne in 1333 at the age of thirteen as Emperor Shun-ti and was the last emperor of the Yuan dynasty. He died in 1370 in the Steppes after being driven from the dynasty's capital in 1368 by the founders of the succeeding Ming dynasty. 59.2 The peach tree of immortality grows in the garden of the Queen Mother of the West and blooms every three thousand years. 59.3 The expectation of the birth of a sage every five hundred years goes back to Mencius, who noted that the lapse of time between China's earliest sages, namely Yao, Shun, T'ang, Wen, and Confucius, was more or less five hundred years (Mencius: 7B.38).

57. On Lantern Festival, ^I the Master said, "In Jambudvipa,2 we use the voice to transmit the Dharma. When drums sound throughout the ten directions, everyone in the ten realms hears the sound at the same time. When we conduct services here at Fuyuan, everyone at Hsilin Temple³ hears us. When they chant the name of the Buddha⁴ at Hsilin, all of us here at Fuyuan hear them. Those who praise others receive a certain amount of merit. Those who slander others receive the same amount of merit. One is all, and all is one. ⁵

"When we celebrate the Lantern Festival here in the city of Parrot Lake, 6 why do those to the east light their lanterns, while those to the west sit in darkness? You don't understand, and I don't understand. When you drop a winter melon in a tub of cold water, 7 everyone gets soaked."

58. On the Buddha's Nirvana, ^I the Master said, "When a person's body, mouth, and mind² become pure, we say a buddha appears in the world. When his body, mouth, and mind become impure, we say a buddha enters nirvana. Human desires can't be satisfied. It's hard to find a perfect circle³ in the world. The days are long, and the nights are short. The falls are hot, and the winters are cold. And I can't reach the willow catkins hanging in the mist at my jade balcony."⁴

59. On the emperor's birthday, the Master said, "The peach tree of immortality blooms every three thousand years. A sage appears every five hundred years." Grabbing his staff, he said, "The peach tree of immortality is in bloom." Lifting his staff, he said, "The sage has appeared." Leaning on his staff, he said, "Peace prevails throughout the realm."

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60.1 The Parajika comprises the first section of the Vinaya, or rules of the Buddhist Order, and lists the offenses that demand expulsion. 60.2 The three-month summer retreat ends on the seventh full moon.

60. At the beginning of retreat, the Master said, "Today at Fuyuan we begin retreat, and I have to go over the rules with you. First, from dawn to dusk, whenever you lift your feet or put your feet down, you may not step on permanent ground. Anyone who steps on permanent ground is guilty of a Parajika offense. Second, during the twelve periods of the day, you may not exhale through your nose. Anyone who exhales through his nose is guilty of a Parajika offense. Third, you may not talk about anything, anything at all. It won't be long before the fifteenth day of the seventh month² arrives. Have you ever seen turtles crawling inside a pot?"

61. The Master said, "Every day in the east the sun rises / every day in the west the sun sets / how many times does it rise and set / the fifth month is here again/ alas for those outside the gate / they can't be pulled inside / I come back alone dragging my staff / the gate is open and my sighs are in vain."

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62.1 Han-shan, or Cold Mountain, was a Buddhist poet-recluse of the late eighth century. 62.2 As a sign of devotion some Buddhists tie strings around one or more fingers to cut off the circulation. Eventually, the finger dries up and is burnt as an offering to the Buddha. One of the most famous Buddhist poets of the Ch'ing dynasty was a monk who used the pen name Eight Fingers. 62.3 During Buddhist ceremonies of initiation, monks and nuns often burn cones of incense — one for the Dharma, one for the Buddha, and one for the Order — on top of their shaved heads. Lay members do the same on their forearms. 62.4 A communal sleeping platform is used in the meditation hall and also in the visiting monks' hall.

62. Before the assembly, the Master said, "An ancient worthy once asked, 'At the beginning of summer retreat, when the moon is full, and the sun goes down, what does the water buffalo do?' And someone else asked, 'At the beginning of summer retreat, when the moon is full, and the sun goes down, what does Han-shan^I do? Well, I ask, 'At the beginning of summer retreat, when the moon is full, and the sun goes down, what do you do?'

"Do you get up in the morning and wash your face; and after you wash your face, you eat porridge; and after you eat porridge, you eat rice; and after you eat rice, you meditate; and after you meditate, you sleep? Is this what you do?

"Do you stir up talk about right and wrong in the east and west wings, in your rooms, and at the front gate? Is this what you do?

"Do you read all the works of the ancient sages and philosophers and rant and rave about them as if no one else existed? Is this what you do?

"Do you analyze sutras and Zen talks and say you understand when you don't and say you see when you don't? Is this what you do?

"Do you worship a few buddhas and read a few sutras, burn off a few fingers² and light a few cones of incense on your head,³ and deceive the common people to gain their favor and support? Is this what you do?

"Do you sit on the communal bed⁴ with your eyes closed and waste your time in slumber and obliviousness? Is this what you do?

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62.5 Tathagata is another name for the Buddha and means "he who truly comes." 62.6 Yama is the Judge of the Dead.

63.1 Uttarakuru is the continent north of Mount Sumeru, while Jambudvipa is the continent to the south. Here, they represent the world. 63.2 Feng-kan was a monk and a friend of the eighth-century recluse Han-shan, or Cold Mountain. One day Feng-kan said to Han-shan, "If you'll go to Wutaishan with me, you'll be my equal. If you don't go with me, you won't be my equal." Han-shan replied, "I won't go." Feng-kan said, "Then you aren't my equal." Han-shan asked, "What are you going to do on Wutaishan?" Feng-kan said, "Pay my respects to Manjushri." Han-shan said, "Then you're not my equal." 63.3 Wutaishan is the residence of Manjushri, the Bodhisattva of Wisdom, and is located in North China. It is customary at the end of summer retreat to make pilgrimages to such sacred sites.

"If so, then you aren't the equal of even the commonest farmer in the poorest village. Hoeing and planting, at least he supports himself and doesn't do anything wrong. But you monks and sons of Shakyamuni take advantage of the Tathagata's shelter. You eat food without ploughing and wear clothes without raising silkworms. You live in great halls and immense temples, your fingers never touch the mud, and you aren't bothered with everyday concerns. Everything is taken care of, and everything is placed before you. But because it's all taken care of and placed before you, you indulge in laziness and greed. You don't act like monks, and you don't observe the precepts. You don't understand cause and effect, and you don't fear retribution. You pile up countless debts and sow the seeds of Hell.

"OldYama⁶ has no sympathy and no constraint. He registers every good deed and every bad deed. And when you leave this life, he adds them up. Every leek and grain of rice, every drop of water and inch of silk must be repaid. This is my advice to you: The reason you're still in the dark is because you meddle in other people's

affairs."

63. The Master said, "A speck of dust rises and the earth receives it / in the middle of the fourth month / you put your bags away / a leaf falls and the world enters autumn / in the middle of the seventh month / you take out your bags again.

"But the moment you end retreat, how will you act and how will you practice? Will Uttarakuru^I be beneath your shoes and Jambudvipa be below your staffs? Will you spend endless days and nights detached and free? And if Old Feng-kan² suddenly appears and says, 'Let's go to Wutaishan³ and pay our respects to Manjushri,' what will you do?" Waving his hand, he said, "You're not my equals."

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64.1 Toad palace refers to the moon, which is inhabited by a three-legged toad. 64.2 A huge cassia tree also grows on the moon and confers immortality on those who breathe the fragrance of its blossoms. 64.3 In the fourth century BC, King Chao of the state of Yen built a golden terrace to welcome men of talent from all over China to his government. The remains of his capital have recently been unearthed outside the town of Yihsien southwest of Peking.

65.1 The Three Vehicles are those of the sravaka, whose goal is freedom from passion, the pratyekabuddha, whose goal is enlightenment for himself, and the bodhisattva, whose goal is liberation for all beings. The three cases cited by Stonehouse are examples of the limitations of each of these vehicles. 65.2 Ko Hung was a fourth-century recluse and the author of several seminal Taoist works, including the first detailed account of the quest for immortality through alchemical and dietic means. His former hermitage and the site of his cauldron can still be visited on Lofushan, one hundred kilometers east of Kuangchou.

66.1 Yao and Shun were two rulers of China's pre-historic period famous for their sagacity and humility. 66.2 Ch'eng and K'ang were two kings of the Chou dynasty known for their leniency and virtue. 66.3 The Queen Mother of the West dwells in the mountains of Central Asia and bestows her peaches of immortality on virtuous rulers. Here, however, the allusion is to the mother of the emperor. 66.4 Seas and Mountains (Hai-shan) was the name of Emperor Wu-tsung, the father of Emperor Wen-ti, whose birthday is being celebrated here, as it was he who rebuilt Fuyuan Temple. He died in 1332, the year after Stonehouse took over as abbot. The birthday of the reigning emperor, Shun-ti, was celebrated after the Buddha's Nirvana and before the start of the summer retreat. Here, however, the time must be in the ninth month.

64. On Mid-Autumn Festival, the Master said, "It's hard to see the dark of the moon. It's easy to see the light. But before you distinguish the light and the dark, what your eyes see doesn't compare with what your mind sees. Thus we say when you see seeing, seeing is not seeing. Seeing exists apart from seeing and can't be reached by seeing."

Lifting his staff, the Master said, "Last night in toad palace^I the cassias² bloomed / a favorable wind blew down their perfume / King Chao's³ bones still lie below weeds / nobody sweeps his golden terrace."

65. The Master said, "Why do those who completely still their minds remain imprisoned by the Three Vehicles? Why do those who recognize what appears around them remain blind to their own divine light? And why do those who find themselves on open ground walk into a forest of thorns where the bottoms of their feet feel as if they had been given thirty lashes? How can you reach Ko Hung's abode if you don't follow woodcutter trails?"

66. On the emperor's birthday, "The Master said, "The undying light spreads forth / peace prevails on Earth and in Heaven / the wind doesn't howl / and the rain doesn't flood / his rule is the rule of Yao and Shun^I / his ways are the ways of Ch'eng and K'ang² / the Queen Mother³ waves her banner of clouds / in the fourth month the Seas and Mountains produce peaches.⁴

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67.1 It was once a common practice at Zen temples to light the stoves inside the monastery on the first day of the tenth month. The stoves were kept burning until the first day of the second lunar month. 67.2 Until modern times, most windows were covered with waterproof paper, which required periodic repair, especially after storms. 67.3 The axe scars would be from chopping wood.

68.1 Pigweed, or *Chenopodium scoparia*, is a member of the goosefoot family and similar to spinach. 68.2 The sal tree, or *Shorea robusta*, is a variety of teak found in India. It was between a pair of such trees that the Buddha entered Nirvana at Kushinagar. 68.3 *Sky Lake* is Stonehouse's name for the spring next to his hut on Hsiamushan. 68.4 The flat-topped boulders at the summit of Hsiamushan were Stonehouse's favorite place to enjoy the sun and the view.

67. The Master said, "On the first day of the tenth month we light the stoves. While people elsewhere talk about the cold or the heat, here at Fuyuan everything is normal. We don't need to make special preparations. We put in a few coals and fill our stoves with dry leaves. We don't worry about having so few provisions as long as the heat lasts. We lower our layered curtains and paste over the rips in our windows. We don't care if there's heavy frost on the roof or deep snow in the courtyard, as long as our rooms are comfortable. We don't need to listen to talk about how cold it is outside. Why should we pay it any heed? You Zen monks, you true-natured mountain dwellers, at least you don't have any axe scars." 3

68. The Master said, "When thoughts don't appear, nothing is wrong. No wrongs, no things. No appearances, no thoughts. When I was living in my mountain hut, all I saw were the scenes around my hut. My door faced a thousand peaks, and my mind was focused on one scene. During the day I watched the clouds drift, and at night I listened to the spring flow. I cooked pigweed soup in my broken-legged pot and wore a ragged robe in my peaked-roof hut. I was free and unattached. The reflection of a sal tree² filled Sky Lake, 3 and the scent of peach blossoms in my yard floated up to the boulders. 4 There was no right or wrong, no fortune or fame.

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68.5 The *lake town* refers to Pinghu, which was situated on the west shore of East Lake. 68.6 The natural harbor of Tsapu was fifteen kilometers southeast of Pinghu. 68.7 The entire region south of the Yangtze saw a great increase in banditry and the power of local warlords in the 1330s, when Stonehouse was abbot of Fuyuan. Eventually, major rebellions broke out in neighboring Anhui province in the 1340s, and the Yuan dynasty came to an end in the 1360s. 68.8 *Red dust* refers to the world of sensation.

69.1 The residents of Buddhist and Taoist temples continue to serve some of the functions that were once the preserve of shamans and shamanikas. 69.2 Jambudvipa is the Buddhist equivalent of Asia. 69.3 The sounds here are those of loquacious people.

"Now that I live in a monastery, all I see are the scenes around the monastery. The gate faces a lake town, 5 and the land meets the sea. 6 I get up early and go to bed late. I welcome those who come, and I say good-bye to those who go. The whole world is in crisis, 7 but the assembly of monks is at peace. I often hear the songs of fishermen or oxherds and seldom see mountain shadows or stream light. The red dust 8 rises, and the days hurry by. Is living in a lake temple or a mountain but the same or different?"

After a long pause, he said, "Every mountain has its clouds. Wherever there's water, there's the moon."

69. Giving thanks for rain, ^I the Master said, "The fifth month last year I recall / sun scorched the fields and the sky didn't rain / everyone planted in hopes of this year / but this year alas was the same / our noble lords expressed concern / caring for the people as they do themselves / the dragon spirit answered their prayers / showering Jambudvipa² with sweet welcome rain / for three days it poured without stop / the gods and people gave thanks.

"But tell me, by whose grace did this occur?" Snapping his whisk against his meditation seat, he said, "Cackle, cackle. Chirp, chirp."³

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70.1 Ch'ien-feng was a disciple of the ninth-century Zen master Tung-shan. 70.2 Bhagavan is Sanskrit for "World-Honored One" and is one of the ten titles of a buddha. 70.3 Yun-men was another eminent ninth-century Zen master. 70.4 The Thirty-third Heaven is at the top of Mount Sumeru and is the abode of Indra, ruler of the gods. 70.5 Dragon Gate is the name of a gorge in the middle reaches of the Yellow River. Carp pass through it every year on their way to spawn further upstream. It is also where the dragon spirit that controls the rain resides. 70.6 The red clouds are from Indra's palace, and the seaweed is from the Dragon King's realm.

71.1 The chen is a legendary bird that kills its prey with the touch of its venomous feathers.
71.2 Asuras are gods that make war on other gods. 71.3 According to legend, Sutara ("Good Star") was one of Shakyamuni's three sons. Although he attained the highest state of meditation and memorized all the Buddha's sermons, his understanding was not founded on wisdom. Eventually, he followed the heterodox path of a misguided friend and fell into a bottomless hell when he slandered the Buddha.

72.1 The summer heat and humidity of the Yangtze Valley is oppressive, and the first sign of autumn is welcomed by all. Here the first cool breeze arrives just before the conclusion of summer retreat, which ends on the fifteenth day of the seventh month. 72.2 The mirror refers to the lake as well as to the mind. 72.3 An empty kalpa is the period of time between the destruction of one universe and the creation of another. What happened before the last empty kalpa refers to our original face.

70. The Master recalled the time a monk asked Ch'ien-feng, I "The bhagavans of the ten directions all take the same road to the Gate of Nirvana. Could you please tell me where this road begins?" Ch'ien-feng picked up his staff and drew a line on the ground and said, "Right here."

Another monk asked Yun-men³ to explain this. Yun-men picked up his fan and said, "This fan sails up to the Thirty-third Heaven⁴ and hits Indra in the nose. A carp in the East Sea slaps its tail, and the rain comes down in buckets."

The Master said, "Once the towering Dragon Gate⁵ opens / torrents of rain ride thunder and wind / my robe gets soaked and I return home / half of me red clouds the other half seaweed." 6

71. The Master said, "Chen I feathers might be deadly / and they might not / but they're not as deadly as the mind / summer months might be hot / and they might not / but they're not as hot as the mind / asuras love to criticize the gods / Sutara couldn't help defaming the Buddha / however great the realm of truth / the realm of lies is ten times greater / your cleverness has its limits / my stupidity knows no end."

72. At the beginning of the seventh month, the Master said, "Ten days into autumn^I/ the lake temple turns cool / streams are green with bamboo / lotuses perfume the mirror² / this mind still isn't it / drawing lines sets false limits / what happened before the last empty kalpa³ / today I bring up again."

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73.1 In the first and third lines of this gatha, Stonehouse quotes the koan given to him by his own master, Chi-an. 73.2 Langchou and Fengchou were the names of two prefectures on the west shore of Tungting Lake in the middle reaches of the Yangtze. The area was the location of a number of well-known Zen temples and the destination of many monks at the end of summer retreat. The Four Seas refers to the seacoast and the Five Lakes to Lake Taihu, which was said to be made up of five bodies of water. Such place names were shorthand for the major centers of Buddhist practice. 73.3 The shoulder bags and bamboo hats are those of monks preparing to go on pilgrimage. 73.4 The three explanations refers to seeing mountains as mountains, mountains as not mountains, and mountains as simply mountains again.

74.1 Composite things include anything made of more than one component: the world, the body, the mind.

73. At the end of summer retreat, the Master said, "Where buddhas dwell don't stop I / the moon lights the terrace when the clouds withdraw / where buddhas don't dwell hurry past / lotus leaves in the pond are ripped by the wind.

"When you meet someone a thousand miles from home, don't make any judgments. On the mountains of Langchou,² on the rivers of Fengchou, on the Four Seas and Five Lakes, in the emperor's realm, amid thousands upon thousands of shoulder bags and hats,³ everyone you talk to talks about mountains and rivers. Suddenly some unhappy person comes up and says, 'Let's call mountains mountains and rivers rivers.'

"What's wrong with this?" After a long pause, he said, "Until you completely get rid of the mind, you'll have three different explanations for everyone you meet."

74. The Master said, "You wandering monks say you're practicing Zen. You say you're cultivating the Tao. But it's as if you were sitting inside a rice bucket complaining that you're hungry. There's rice all around you. Why don't you eat? What are you doing bothering other people? Everything you do during the twelve periods of the day, every movement, every action, it all takes place on a sun-drenched, rain-washed highway. There aren't any brambles or rocks to obstruct your feet. Why don't you walk straight ahead? What are you doing bothering other people?

"Do buddhas have something that makes them better than ordinary people? Do ordinary people have something that makes them inferior to buddhas? They're men, and so are you. Why do you slight yourselves and act like servants?"

He suddenly grabbed his staff and said, "The Tathagata said, 'All composite things are not composite things." Where do you find flowering rushes on a moon-lit night? I imagine, as usual, along rivers in fall."

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75.1 Mid-Autumn Festival is celebrated on the fifteenth day, or full moon, of the eighth month. 75.2 Normally, the moon doesn't become visible until the third day of the month. 75.3 Toad palace refers to the moon.

76.1 Chao-chou was an eminent Zen master of the ninth century, and Yen-yang was his disciple. Later, when Yen-yang was the abbot of his own temple, he kept a pet snake and a pet tiger, both of which followed him everywhere and ate out of his hand. See *Chuantenglu*: 11. 76.2 As noted elsewhere, the cassias that bloom on the moon confer immortality on those fortunate enough to breathe their perfume.

75. On Mid-Autumn Festival, I the Master said, "The third² and fifteenth of the month / when it's empty it's not full / when it's full it's not empty / neither interferes with the other / the pure light shines without cease / last night toad palace³ rained down dew / a heavenly wind showered us with stardust."

76. The Master recalled the time Yen-yang^I asked Chao-chou, "What is it like when nothing appears?" Chao-chou answered, "Put it down." Yen-yang then asked, "But when nothing appears, what is there to put down?" Chao-chou said, "If you can't put it down, take it out of here."

The Master said, "The perfume of cassias² a perfect moon / rain drops on lotuses midway through autumn / outside the gate let the seasons change / wrap your ragged quilts over your heads."

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77.1 The K'un is a legendary leviathan who lives in the ocean and who appears at the very beginning of Chuangtzu. 77.2 In a Zen monastery, the space allotted to each monk's bed in the meditation hall was limited to the width between three rafters, or about three feet. The length was seven feet, with the last foot containing the monk's name board. Below the bed and in front of the name board was a lower step on which the monk sat in meditation.

77. The Master said, "What is it like to cultivate the Tao and practice Zen if you haven't yet fathomed your mind, or opened your eyes, or freed yourselves of passion, or severed your attachment to life? It's as if someone who could see entered a room that had been dark for a thousand years. Even though all manner of things might appear before him, he would have no idea which was blue or yellow, which was red or white, which was long or short, and which was square or round. He would be completely unaware and oblivious. If someone like this wears a monk's robe, he doesn't deserve the support of gods and men.

And what is it like to cultivate the Tao and practice Zen once you fathom your mind, and open your eyes, and free yourselves of passion, and sever your attachment to life? It's as if the K'un I sent the red sun shooting out of the ocean. The room that was dark for a thousand years is suddenly full of light. And everything before your eyes, the blue and the yellow, the red and the white, the long and the short, the square and the round, is clear and visible. And there you are sitting below your three rafters in front of your seven-foot bed, 2 nourishing the sacred womb, and idly passing your days. If someone like this wears a monk's robe, he alone deserves the support of gods and men.

Even so, you need to be aware that below the gate at Fuyuan there's a cast iron threshold too high to scale and too wide to measure. People outside who want to get in can't get in. And people inside who want to get out can't get out. If you want to jump across it, you'll need to summon all of your energy and all of your strength. If you stop to think about it, you'll either crack your skull or fall into an abyss. Don't say I didn't warn you."

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78.1 Lapa falls on the eighth day of the last lunar month. 78.2 The poem more or less recapitulates Shakyamuni's career, which took place in the Gangetic Plains south of the Himalayas. According to the Lalitavistara Sutra, Shakyamuni was enlightened after seeing Venus on the horizon. 78.3 It was customary for hermits to come down to their "mother temple" on Lapa, if only for provisions.

79.1 The six windows are the senses. 79.2 And the three sources of karma are the body, the mouth, and the mind. 79.3 Someone who carries a board on his back must stoop over to do so and is only able to see the ground in front of him. Hence the expression has become a cliché for people of limited vision. Here, though, the board is being carried by hand and thus blocks the view of the ground. Stonehouse's point is that those who work are liable to lose sight of the true ground while those who meditate are liable to lose sight of the true heaven. 79.4 The bamboo stream refers to a place of the same name near the foot of Taishan where the poet Li Pai and the Taoist Wu Yun built huts with four other friends around 740, resolving to spend the rest of their lives in seclusion. Their seclusion, however, did not last long. In 742, both Wu and Li accepted an opportunity to appear at court and took up posts in the prestigious Hanlin Academy.

78. On Lapa Festival, ^I the Master said, "The Himalayas are high and remote / if you can stand the snow and coarse fare / and do this for six long years / and be content with poverty / one day you will see a bright star² / and all at once you'll be enlightened / and shaking your sleeves you'll come down the mountain³ / and as soon as you're down / you'll say you're here to liberate all beings / to expose their countless attachments / but when you behold the glories of the world / how will they compare with the joys of the mountain? Forget it. Every year there's a Lapa Festival."

79. Entering the new meditation hall, the Master said, "The straight become pillars, the crooked become beams. The carpenter's trick to selecting wood is to look for the circle inside the square and the angle inside the compass. The ruler's secret to enacting laws is to trust the round and get rid of the square, to chose the long and abandon the short. Thus the pillar bases of Fuyuan's meditation hall were laid in the first month of 1336, and the axe work was finished on the ninth day of the ninth month of 1338.

"The six shining windows I all let in the same colorless light, and the ten thousand glistening roof tiles keep out the three leaks. Monks who carry boards look down without seeing the ground. Monks who cover their heads look up without seeing the sky. How could an old bamboo stream divert a lifetime of resolution? As usual, through pride.

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^{79.5} Pai-chang was an eighth-century monk who laid down the basic rules for Zen temples. 79.6 Layman P'ang was a disciple of Ma-tsu.

"The light has suddenly increased ten thousand fold in this monastery where the rules of Pai-chang⁵ prevail. May his stern gaze last a thousand years. Even though the buddhas of the ten directions have different mouths, they preach the same message. They all preach: 'The place where a buddha dwells / that place becomes his own / there he is in the middle / walking sitting lying down.'

"Layman P'ang⁶ presented his own version of this: They assemble from the ten directions / students of inactivity / this is where buddhas are tested / where graduates with empty minds return. This may be so, but why couldn't he stay quiet

and thus avoid our laughter?"

Coming out of the hall, the Master said, "All of you know how to eat the fruit of trees, but you don't understand trees, much less chairs. Those who built this hall have lost and gained. Those who live in this hall have been helped and harmed. Don't blame me for saying this. And why not? People who don't think far ahead have too many worries nearby. Choose one side over the other. Be like those monks who find their own solutions.

"And what do they say?" After a pause, he said, "When you're hungry, eat. When you're thirsty, drink. What else is there? Listen to the rain. Listen to the wind. When you have nothing else to do, sleep."

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80.1 According to custom, stoves were lit at Zen monasteries on the first day of the tenth month, and they were kept burning until the first day of the second month. See also 67 above. 80.2 Fa-ch'ang was a Vinaya master of the ninth century. Note that he took his name from the monastery of which he was the abbot. 80.3 Most Zen monasteries include the statues of sixteen (in some cases, eighteen) arhats, or worthies from India and Central Asia. 80.4 The Five Lakes refers to Lake Taihu, which was viewed as being made up of five bodies of water. And the Four Seas refers to the ocean along the central coast.

81.1 The Chinese associate the changing seasons with the hexagrams of the Yiching. The hexagram K'un: Earth, with six broken yin lines, represents the end of winter, while the hexagram Fu: Return, with five broken yin lines on top and a single solid yang line on the bottom, represents the beginning of spring. 81.2 Stonehouse's point is that yin can only become yang. 81.3 The Chinese use a cycle of sixty successive time periods to plot the movements of the heavens. 81.4 The thread refers to a peculiarity of the old Chinese solar calendar, to which stitches of red thread were added as the sun began to lengthen its arc. 81.5 Thunder, pitch pipes, flames, and bamboo shoots are all metaphors for the reappearance of yang. 81.6 These two lines are from the Lotus Sutra: 2.

80. On lighting the stoves, ^I the Master said, "Fa-ch'ang² once said, 'Today at Fachang we light the stoves, and I don't see a single homeless monk. All I see are sixteen³ masters sitting around the stove in meditation with their lips sealed.'

"I put it differently: Today at Fuyuan we light the stoves, and I don't see a single coal. All I see are Zen monks from the Five Lakes⁴ and Four Seas sitting in meditation wrapped in their blankets.

"You're either disinterested by-standers trying to avoid starting the fire, or you're patient ascetics waiting for spring to come and the plum blossoms outside to send forth their fragrance."

81. At an informal talk on winter solstice, the Master said, "You Zen monks, what day is it today? The assembled forces of yin are about to leave but haven't quite left. The first sign of yang is about to arrive but hasn't yet appeared. Yin can't become yin, and yang can't become yang. Mountains can't become mountains, and rivers can't become rivers. The sun and moon and stars and the sixty divisions of the sky are all confused. There's no way in and no way out. There's no alternative but to take out a thread and watch thunder return to the earth, pitch pipes blow ashes into the air, flames rise from glaciers, and bamboo shoots appear in cold ravines.

"Once again mountains are mountains, and rivers are rivers, and the sun and moon and stars and sixty divisions of the sky all return to their former places. Thus 'the Dharma dwells in the Dharma's place. It dwells forever in the forms of the world."

The Master then lifted up his staff and left the hall.

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82.1 See the notes to 81.

83.1 The lake is frozen over.

84.1 Ma-ku, Chang-ching, and Nan-ch'uan were all disciples of the eighth-century Zen master Matsu. This account appears in the Blue Cliff Records: 31.

- 82. On winter solstice, the Master said, "Last night yin left and yang returned I / ice began to melt on the lake this morning / the sun's shadow adds a thread in the palace / shoots appear in foreign lands and plum blossoms fall / spring leaves a scar on budding willow eyes / clouds drag their colors across Heaven's waist / clearly the events of the last empty kalpa / aren't empty talk meant to make us crazy."
- 83. On the first day of the last month, the Master said, "The water grows bones." The empty light shines on its own. It doesn't require any effort of the mind. Neither seagulls, nor winter geese, nor rush flowers leave tracks. Waiting for the sun to grow warmer and the ice to melt and the water to expand, they come flying as always and drive away the dark-blue of the dark-blue light."
- 84. The Master recalled the time Ma-ku visited Chang-ching, I Ma-ku walked around Chang-ching's meditation seat, shook his staff in the air, and stood still. And Chang-ching said, "Right." Then Ma-ku visited Nan-ch'uan and walked around Nan-ch'uan's meditation seat and shook his staff in the air and stood still, and Nan-ch'uan said, "Wrong." Ma-ku said, "Chang-ching said, 'Right.' Why do you say, 'Wrong?" Nan-ch'uan said, "Chang-ching was right. You are wrong. Whatever is exposed to the wind doesn't last long."

The Master then composed this gatha: "This is for men and gods everywhere / a ruler can measure and a scale can weigh / length and weight are thus distinguished / if all you have is two hands / how can you cover the eyes of the world."

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85.1 The Second Patriarch was the sixth-century monk Hui-k'o, who had to stand in the snow for days on end before Bodhidharma would agree to instruct him. 85.2 The Fifth Patriarch was the seventh-century monk Huang-mei. 85.3 The Sixth Patriarch was the seventh-century monk Hui-neng. 85.4 Yang-shan was a ninth-century Zen master who studied with Kuei-shan. 85.5 Hsueh-feng was a ninth-century Zen master who studied with Te-shan on the mountain of the same name. 85.6 Shushan was a ninth-century Zen master who studied with Hsiang-yen. 85.7 Ch'ang-ch'ing was a tenthcentury Zen master who studied with Hsueh-feng. 85.8 Hsiang-lin was a tenth-century Zen master and disciple of Yun-men, whose Zen talks Hsiang-lin wrote down on a paper robe. 85.9 Chang Wuchin (Chang Shang-ying) was a famous lay Buddhist and statesman of the twelfth century. Lungan Temple is in Hunan. 85.10 I'm not sure who Historian Huang was or where Mufu was located. 85.11 Prime Minister P'ei (P'ei Hsiu) visited many eminent ninth-century Zen masters, including Huangpo, whose sermons he recorded during several official postings in the Chiangnan region. 85.12 Layman P'ang Yun was enlightened while living with Ma-tsu.

85. Upon the arrival of Scholar Chiu-kao, the Master said, "The great teachings of the buddhas and the incomparable techniques of the patriarchs can't be understood by intellect or knowledge. Nor can they be comprehended by common sense or logic. There isn't a monk in the realm who can grasp them. And yet no one can find a place where they can't be grasped.

"Only someone with the determination of a truly great man can perform the deeds of a truly great man. This isn't something that the resolve of one or two lifetimes can achieve. It's only possible as a result of the accumulated effects of the pure karma of many kalpas and many lifetimes. No teaching has ever come out of lazi-

ness or negligence,

"Do you not recall how the Second Patriarch^I stood in the snow, how the Fifth Patriarch² planted pines, how the Sixth Patriarch³ hulled rice, how Yangshan⁴ tended water-buffalo, how Hsueh-feng⁵ worked as a rice steward on Teshan, how Shu-shan⁶ traveled by foot for a thousand miles to sell cloth, how Ch'angch'ing⁷ wore out seven meditation cushions, how Hsiang-lin⁸ served Yun-men for eighteen years, how Chang Wu-chin⁹ spent one night at Lungan, how Historian Huang^{IO} visited Mufu ten times, how Prime Minister P'ei^{II} was enlightened by the words of Huang-po, or how Layman P'ang^{I2} received instruction in Ma-tsu's chamber?

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85.13 Sangharama is Sanskrit for a "monastery," the place where the sangha dwells. 85.14 Yellow and black refer to yin and yang. 85.15 The four elements comprise the constituents of all matter: earth, water, fire, and air. 85.16 The dharma eye, which perceives reality, is meant. 85.17 Ying-an was a twelfth-century Zen master and member of Stonehouse's own Tiger Hill lineage. 85.18 I have read er-t'u:two paths as a mistake for tz'u-t'u:this path.

"The great Confucian scholars and virtuous monks of the past all wore themselves out trying to understand the Way. How unlike the Zen monks of today who retire to monasteries for their elegant lodgings and fine food and who treat monasteries as inns. All they do is talk about practicing Zen and cultivating the Tao. But when they finally hear someone speak about Zen, it's like the wind blowing through the trees. Such people are pathetic.

"The members of the present assembly have planted deep roots in past lives to reach this place. Here, where we live and dwell together in this pure sangharama, ¹³ you should think rare and daring thoughts. How can you study anything else? Nowadays most people are so lazy, they don't think about anything all day. They just

follow the crowd and call yellow black 14 and never stop to reflect.

"This body of ours is made up of the four elements. ¹⁵ Its hair and nails and teeth, its skin and flesh, its tendons and bones, its marrow and brains are earth. Its saliva and mucus, its pus and blood, its tears and semen, its urine and feces are water. Its warmth is fire, and its movements are wind. When the four elements separate from each other, where then is this illusory body of ours? If you reflect on this and focus on it with one eye, ¹⁶ you will see what Ying-an ¹⁷ was talking about. If you meditate on the four elements, Old Shakyamuni won't have an opening for countless kalpas. Those who don't meditate on the four elements, think a fish eye is a pearl. And those who don't take this path ¹⁸ are no different from someone who draws a loaf of bread to satisfy his hunger.

"This mountain monk thus proclaims: those whose wisdom is equal to their knowledge are able to believe and understand, while those whose wisdom is overwhelmed by doubts and regrets are lost forever."

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86.1 Su Tung-p'o lived in the eleventh century and was one of China's greatest poets and calligraphers. He was also friends with many monks, and on one occasion he stopped overnight at Lushan's Tunglin Temple in the middle reaches of the Yangtze, where he had an illuminating conversation with its abbot, Ch'ang-ts'ung Chao-chueh. 86.2 The Hanlin Academy was charged with drafting most of the documents used at court, with writing the history of the previous dynasty, and with any other projects the court deemed worthy of the highest scholarship. 86.3 The expression mountains is euphemistic and is often used in reference to a monastery, where solitude rivals that of more remote places. 86.4 Samadhi is Sanskrit for "the state attained when one's mind is focused on one thing."

86. The Master recalled the time Su Tung-p'o^I stayed overnight at Tunglin Temple, was enlightened while talking with Chao-chueh and composed this gatha: "The sound of the stream is a buddha's long, wide tongue / and how could the mountains not be his perfect body / the night inspires a million songs of praise / how will I explain this tomorrow to others."

The Master said, "My fellow monks, I have heard that many kings and nobles and ministers love the Way. But when it comes to discussing the limits of the Way, each prefers to acquiesce to others and avoid criticism. Thus Layman Tung-p'o was buried alive by Chao-chueh in a pile of sights and sounds that he still hasn't found his way out of. Scholar Chiu-kao of the Hanlin Academy² has been visiting us here in the mountains,³ and for several days now he has been talking spontaneously and writing gathas, a kind of language samadhi⁴ within which not a word touches the ground and wherein he has found a place for the ancients to appear."

Brushing off his knees, he concluded, "But a crane can't carry Chiu-kao on its wings, and an ordinary horse can't chase the wind."

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87. I Presume the Yuan dynasty capital of Tatu (Peking) in North China 1s meant. 87. 2 The Chinese burn paper money drawn on the Bank of Hell to afford their departed ancestors a modicum of happiness in the afterlife. 87.3 Stonehouse uses his Buddhist name here: Ch'ing-hung.

88.1 Taishan, in Shantung province, is China's most sacred mountain and where all departed spirits rest before passing on to the afterlife. During the previous dynasty, Taishan was actually given a rank equal to that of the emperor. 88.2 Pinghu's East Lake is meant, just outside the temple's gate.

89.1 Lantern Festival is celebrated on the first full moon of the new year. 89.2 Fuyuan Temple is located beside a laketown in the plains, hence mountain temple is euphemistically meant.

87. On New Year's Eve, the Master said, "The sacrifice in the north marks the year's end, complete with the ritual and music of the ages. The elders burn money, and bowls and plates are laid out in profusion. Meanwhile, Abbot Hung remains poor.

"Encountering a year of want, I have found it hard to compete with others for wealth. From the beginning to the end of the year, we have lived and worked together regardless of whether or not we had enough. We've never chased after reputation or used our land for flowers.

"My fellow unadorned men, in your own rooms you have measured your capacities and worked hard at your practice and have not sought anything from others. Every day from morning until night, you have managed to pull yourselves through and to avoid the abbot's reproach.

"The ancients had a saying: 'Gather wild plants and roots for dinner / chop green wood and burn leaves for heat / fathers might want and sons might suffer / but at least the children aren't spoiled."

88. On New Year's Day, the Master said, "What I say at the start of this year / isn't the same as what I said last year / what I said last year / wasn't the same as this year / snow disappears from Taishan I / ice melts on the lakeshore I / my hair turns white beginning today / the red of the flowers is from last year."

89. On Lantern Festival, ^I the Master said, "Inside our mountain temple² we sit while thoughts drift off / the seasons change and never rest / at New Year we had music and song / on Lantern Night the hanging light shines / the brambles of the mind reach up to the sky / the waves of karma keep rolling on / unless you make a plan before you die / weeds will shackle your dried up bones."

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^{91.1} Stonehouse is referring to T'ao Yuan-ming's story about the fisherman who saw peach petals floating in a stream and followed them upstream to a cleft in the rocks beyond which he found a group of refugees leading an idyllic life. 91.2 Seng Chao was a disciple of Kumarajiva and the author of several brilliant, if complex, treatises on Madhyamika philosophy. 91.3 The leaves of the loquat, Eriobotrya japonica, are used as a cough suppressant and an expectorant, and apparently to feed horses.

90. The Master said, "The conditions of retribution are empty illusions. How can you cling to transient existence? How long will you be rich or poor?

"The tranquil life of a placid lake / the company of occasional clouds / consider who this person is / lift your eyes beyond the sky."

Snapping his whisk, the Master left the hall.

91. On the first day of the second month, the Master said, "The Way may be distant, but everything we touch is real. If you go around selling homemade wine, wear a gown and act like a merchant. The sages may be distant, but we embody their spirit. Just because you see flower petals drifting down the stream doesn't mean you know what springtime is like on the other side of the cave. ^I

"If you want to understand Master Chao ..." holding up his whisk, the Master said, "Loquat leaves are a horseman's friends / to an eye without muscles the whole world is poor."

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92.1 Kashyapa became the First Patriarch of Zen when he smiled. 92.2 The World-Honored One refers to the Buddha. 92.3 Samadhi is Sanskrit for "mental or spiritual concentration." 92.4 Ananda became the Second Patriarch when he knocked down the flagpole.

94.1 Pindola is the first of the sixteen (sometimes eighteen) arhats whose statues often line the shrine halls of Buddhist temples. He is also known as the Old Man of the Mountains and here takes Shakyamuni's place. 94.2 Kaundinya was Shakyamuni's uncle and his first disciple, whom he met at Sarnath following his Enlightenment at Bodhgaya. For him and his four fellow ascetics, the Buddha first turned the Wheel of Dharma, teaching them the Four Noble Truths and the Eightfold Path.

92. The Master said, "Dawn finds us dreaming in spring / everywhere we hear singing birds / at night the sounds of wind and rain / and countless flowers falling.

"Kashyapa^I didn't understand the World-Honored One's² samadhi. ³ Ananda⁴ didn't understand Kashyapa's samadhi. And none of you understand this mountain monk's samadhi. Thus we say that nothing moves or exists and no one understands anyone else. But even though we don't understand each other, nothing is separate from anything else. Thus we turn away from happiness and sorrow, agreement and disagreement and take the Middle Way instead. Those who don't are like willow catkins blown back and forth by the wind."

Then he raised his staff and left the hall.

93. On the emperor's birthday, the Master said, "The whole earth is the property of the emperor, and there isn't a creature that doesn't enjoy his kindness. The ten directions are the sacred realm of the ancient buddhas, and not a day passes that they don't preach the Dharma. Is there anyone who doesn't know enough to repay kindness?"

Stepping down, he said, "Let us proceed to the buddha hall and begin the celebration of the emperor's birthday."

94. The Master said, "Tucking in your legs on straw cushions and practicing meditation is easy. But holding out your begging bowl and eating three meals of porridge a day is hard. The nights are short, and you don't get enough sleep. The days are long, and you don't get enough to eat. But let's not talk about this.

"Tell me, when Pindola^I walks into the meditation hall, what does he say to Kaundinya?" After a pause, he said, "Being a guest is all right. But it doesn't compare to being poor and at home."

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 $^{95.1\,\}mbox{The}$ phoenix alights only on the paulownia tree.

^{96.1} Here, sage ostensibly refers to the emperor.

95. At the beginning of retreat, the Master said, "Today is the fourth month the fifteenth day / put your wandering-monk thoughts away / let your sandals dry until fall / lean your staffs against the wall / cormorants prefer a secluded pool / a phoenix can't nest among brambles / those of you partial to lifelong ties / know each other yet don't."

96. At the conclusion of the emperor's birthday, the Master said, "There aren't two Ways in the world. Everyone within the Four Seas belongs to one family. The sage I doesn't have a divided heart. He regards the people as his only child.

"Thus it is said, when your mind is an empty universe, what appears is the empty Truth. Once you realize such emptiness, there is no right or wrong. The Truth is like the sky that covers everything and like the earth that supports everything. Its transformations are numberless, and it's too vast to itemize. Virtuous Zen monks, behold how the imperial wind blows without paying attention to borders."

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^{97.1} P'ing-shan was a fellow disciple of Chi-an and was the abbot of Ching-tzu Temple in Hangchou. 97.2 This mind is the buddha and what isn't the mind isn't the buddha were both teachings used by Ma-tsu, to whom both Stonehouse and P'ing-shan traced their dharma lineage.

^{98.1} Fu-jung Tao-k'ai was a Sung-dynasty Zen master and a disciple of Yi-ch'ing. I'm truly mystified by this exchange. 98.2 Again, P'ing-shan and Stonehouse shared the same teacher.

97. On the arrival of Master P'ing-shan, I the Master said, "It isn't 'this mind is the buddha.' And it isn't 'that which isn't the mind isn't the buddha.' And it isn't it isn't the mind, it isn't the buddha, and it isn't anything else' either. 'It's like this' isn't it. 'It's not like this' isn't it. And 'it's like this and not like this' isn't it. Looking at it carefully, I can only tell you that where you don't use your mind is where you should use your mind."

Lifting up his staff, he said, "A lotus root breaks through the mud and becomes a lotus leaf. A bamboo shoot enters a neighbor's yard and becomes a bamboo grove."

98. The Master recalled when Fu-jung^I visited Master Shih-hsing he grabbed Shih-hsing's staff with his right hand and placed it on his left side. After a moment, Shih-hsing said, "If it isn't my brother Fu-jung, then I'm truly mystified."

The Master said, "Good monks, Master Shih-hsing's reputation was lofty, yet his appearance was quite humble. Even in the case of our own kin, we don't treat each other the same. Today our Dharma Brother P'ing-shan² has returned to Fuyuan after a long absence. Although his purse and bag are empty, he couldn't help bringing us something useless."

Raising his staff, he said, "Where human sentiment is superficial, spiritual sentiment is deep. Using a clothes iron to heat water for tea isn't the same."

99.1 Stonehouse relinquished control of Fuyuan Temple in 1339, after serving as its abbot for eight years. 99.2 There isn't much for a water buffalo to do after harvest until the following spring. The harvest also marks the end of the summer-long meditation retreat. 99.3 Stonehouse's teacher was Chian, whose remains were interred in a stupa near his hut on Hsiamushan. 99.4 Nan-ch'uan was one of the greatest Zen masters of the T'ang dynasty and often likened himself to a water buffalo. In fact, just before he died, he said he would be one in his next life. Here, the wind of spring reminds Stonehouse it's time to plough the fields around his hut.

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100.1 The cangue was similar to the pillory and worn by criminals as part of their punishment. 100.2 This particular kind of spoon was used in the preparation of tea and thus refers here to meditation. 100.3 The capital of Tatu was north of the Yellow River.

101.1 The Buddha's first sermon, delivered at Sarnath, concerned the Four Noble Truths: all existence entails suffering, suffering is the result of desire, the extinction of desire results in an end of suffering, and the way to extinguish desire is by following the Eightfold Path that begins with mindfulness and blameless action and ends with concentration and wisdom.

99. Announcing his departure from the temple, I the Master said, "This old buffalo has been idle since fall² / my master's fields³ are covered with weeds / once I leave I'll be too tired to return / the plough on my shoulders in spring once more / this is something my master didn't teach / how to escape hardship and the bondage of the past / four hooves ploughing in the water / two horns pointing to the sky."

Slapping his knee, he said, "It's too bad nobody understands what this means. It's the wind that makes me think of Nan-ch'uan."4

100. Turning over control of the temple, the Master said, "I remove the iron cangue I from around my neck / I put down the wooden spoon² in my hand / I close my eyes and leap over the Yellow River³ / I jump up and fly through the heavenly vault / the lion knocks down the jade bars / the elephant breaks the gold chain / I meet white clouds wherever I go / I walk into green mountains with every step.

"Hey! Lift up your heads and look beyond the sky. Who is this person any-way?"

101. The Master addressed the assembly, "Concerning the World-Honored Buddha's Four Perfect Truths, I what he calls mindfulness becomes morality, and morality becomes the basis of meditation, and meditation becomes the basis of wisdom. But how does one become mindful? And what is morality?

不得 必不 若諸比丘 况以手拔 故 為釋子 人自 縦得妙 隱 砂 其 清淨 温漏扈 塞其 眾生。 能 此 生 石 悟 欲 露 出 非 死 耳 飯本 其 0 又道 又道 如刻 衣缽之餘 欲求其滿 云何大悲 清 皆是婬 成 0 三行已 0 淨 高 砂 飯 若不斷偷修禪定者 0 此 聲 石 又道。若不斷婬修禪定者 0 0 若諸世界六道眾生 糞 太叫 若 丘 根 成 經百千劫 0 不 故 0 0 0 0 縦經 分寸不畜 為 取 於 根 0 公諸眾 旃 若大妄語 岐 |殺修禪定者。 本成婬 汝以婬身求佛 路 檀 0 形 劫 生 不 行 祇名熱砂 血 0 0 聞 0 欲 乞食餘分 0 終無平 0 内 不 則二 譬如 求 充 踏 此等名為 香氣 響 食 生 妙 則 復 有 草 如 途 果 何 地 名 有 以 如

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既已消亡。戒定慧學

^{101.2} The six states of existence include gods, asuras, humans, beasts, hungry ghosts, and the demons of hell. 101.3 The three lower realms among the six states of existence include beasts, ghosts, and the demons of hell.

"Beings in the six states² of existence who aren't driven by sex are able to free themselves from birth and death. It's said that if you don't quit having sex, practicing meditation is like steaming gravel to make rice. Even after a hundred thousand kalpas, all you get is hot gravel. You can't make rice from gravel. And if you seek the divine fruit of enlightenment in order to have sex with someone, you may gain wonderful insights, but the root of sex only results in sex. Meanwhile, you remain in the three lower realms³ of rebirth without hope of escape.

"It's also said that if you don't quit killing, practicing meditation is like covering your ears and screaming that you can't hear or like trying to hide Mount Sumeru. When a blameless monk walks down a road, he doesn't step on the grass much less pull up plants, such is his compassion. And yet those who use the flesh and blood of other creatures to satisfy their hunger call themselves the followers of Shakyamuni.

"It's also said that if you don't quit stealing, practicing meditation is like trying to fill a leaky cup. Even after countless kalpas, it still won't be full. If you monks have spare clothes or bowls, don't store them away. And if you collect more food than you need, give it those who are hungry.

"It's also said that even if the beings of the myriad worlds in the six states of existence don't use their bodies or minds to engage in murder, theft, or sex, and even if they manage to avoid the karma of good deeds, bad deeds, and inactivity, if they deceive others with words, their meditation won't be true. It's like carving a turd to look like sandalwood. You can carve all you want, but you can't make it smell like incense.

安心 我心 入大 法 祖 到這 尚見箇甚麼道理 0 臂 道 0 初 0 0 梅 竟 般 未安。乞施安心。 達 達 如 多有樣子。 0 到 祖 Ш 何 磨 求 磨 田 淨。若太虛之雲散 小 ٥ 卓 是 日 日 亦 日 地 學道第 林 蕃 了 可 祖 0 0 0 0 覓心了不 諸 在 諸 0 0 0 於 佛最 生參 後 祖 福源不惜口 方可以 0 一樣子。大梅常 0 此 馬 法 便住此 日 悟 祖 印 祖 初 0 0 入 聞之 達 水道 即 可 H 道又作 0 Ш 得 匪從 0 0 這 是 諸 「嘴。 如大海之波 日 0 0 0 0 0 簡 令僧 常 達 佛法 為法忘 | 座生 人得 方可以 0 立 將心 0 磨 略舉數段 日 0 雪 便 去 印 日 0 0 是 馬 問 領 來 形 0 學道 0 0 0 悲泣 為 祖 H 旨 我 祖 從 澄 回 0 0 為汝 法 為汝 向 問 得 汝 日 F. 0 0 0 0 我 和 直 馬 忘 求 以 得 闘

101.4 The Second Patriarch of the Zen sect was Hui-k'o, who studied with several masters in the Loyang area in the early sixth century before finally visiting Bodhidharma at his cave on Sungshan's Lesser Peak, just above Shaolin Temple. 101.5 Fa-ch'ang, who is usually called Ta-mei after the mountain on which he lived, was an eighth-century Zen master. Ta-mei means "great plum." Ma-tsu, or Patriarch Ma, was the only Zen master after Hui-neng to receive the title of Patriarch.

"Once you free yourselves of sex, murder, theft, and deceit, your practice of morality, meditation, and wisdom will naturally be true. It will be as if the clouds vanished from the sky or the ocean's waves suddenly stilled. Once you reach this state, you are finally ready to practice Zen. You are finally ready to cultivate the Way.

"If you want to know how to practice Zen and cultivate the Tao, there have been many ways since time began. Here at Fuyuan we aren't miserly with our

words. Let me give you a few examples.

"When the Second Patriarch⁴ first arrived at Shaolin and paid his respects to Bodhidharma, he cut off his arm and stood in the snow and begged for the Dharma in tears. Bodhidharma said, 'When the ancient buddhas went in search of the Truth, they gave up their bodies for the sake of the Dharma. Anyone who cuts off his arm will find what he seeks.'

"The Second Patriarch said, 'Please tell me about the Truth that buddhas teach.' Bodhidharma said, 'The Truth that buddhas teach isn't learned by anyone.' The Second Patriarch said, 'My mind is still confused. Will the Master please clear up my mind?' Bodhidharma said, 'Give it to me, and I'll clear it up.' The Second Patriarch said, 'I've looked everywhere, but I can't find it.' Bodhidharma said, 'Then I've cleared up your mind for you.' The Second Patriarch was suddenly enlightened. This is an example of forsaking the body for the Dharma. This is the first way to practice Zen.

"When Master Fa-ch'ang⁵ visited Ma-tsu, he asked, 'What is a buddha like?' And the Patriarch said, 'This mind is the buddha.' Fa-ch'ang understood and left immediately for Tamei Mountain, where he built a hut. Later, when Ma-tsu heard of his whereabouts, he sent a monk to inquire after him. The monk asked Fa-ch'ang, 'What truth did you discover that made you move to this mountain?'

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101.6 Lin-chi was the ninth-century founder of one of the most important Zen sects, known to the West by his Japanese name: Rinzai. His records and those of his teacher, Huang-po, have been translated into English.

"Fa-ch'ang said, 'Patriarch Ma told me "this mind is the buddha," so I moved here.' The monk said, 'The Patriarch's teaching is different now.' Fa-ch'ang asked, 'How is it different?' The monk said, 'Now he teaches "that which isn't the mind isn't the buddha." Fa-ch'ang said, 'That old geezer still isn't done confusing people. He can have 'that which isn't the mind isn't the buddha.' I'll stick with 'this mind is the buddha.' When the monk returned and reported this conversation, Ma-tsu told his disciples, 'The plum is ripe.' This is an example of resolute belief and a mind impervious to doubt. This is the second way to practice Zen.

"When Lin-chi⁶ studied with Huang-po, he was simple and sincere in his actions. One day the rector asked him, 'How long have you been here?' And Lin-chi said, 'Three years.' The rector said, 'Have you asked any questions yet?' Lin-chi said, 'No, I haven't. I wouldn't know what to ask.' The rector said, 'Why don't you ask the abbot about the essential meaning of Buddhism.' So Lin-chi went to ask. But before the words were out of his mouth, Huang-po struck him. Three times Lin-chi asked, and three times he was struck.

"Lin-chi went back and told the rector, 'I appreciate your kindness encouraging me to question the abbot. But I asked three times and was struck three times. I'm afraid the weight of my karma prevents me from gaining a deeper understanding, so I've decided to leave.'

"The rector said, 'Before you go, you should say good-bye to the abbot.' The rector then went to Huang-po and said, 'This young monk is a good prospect. If he comes to say good-bye, please help him. In the future, he could grow into a great tree and provide many people with shade.'

云。 云 蘖有 樹 蘖與麼老婆 意 愚問 得 如 師黃蘗 道速道 今卻道黃蘗佛法無多子。 愚搊住云。 來 往 法 0 。濟於言下大悟云。 0 昨蒙慈旨。參大愚去來。藥云大愚有何言 與 別 祇 便 何 0 度被打 言句 為 問 0 甚 處 天下人作陰凉去在 若 濟於大愚肋下築三拳。 非干我事。 麼 老 來 這尿床鬼子。 處 向高安灘上大愚 婆心 這漢 0 糴 0 為汝得 來。 0 時 濟云。 不知某甲 來來 切 0 濟云。 方便接 0 濟辭大愚 徹 去去 某甲三 蘖問 困 元來黃蘖佛法無多子 適來道有過無過 黄 你見箇甚 有 0 0 0 他 濟 處去 更來這 過無過 蘖處來 有 度 什 去 麼 甚 問 向 卻 愚 0 辭 麼 處 佛 後 麼道 裡問 回 托 濟 0 0 去 了期 法的 「黄蘗 開 到 成 愚云 愚 蘖 來 運 有 굸 云 大 云 株大 0 過 的 愚 0 0 0 0 濟 漕 虁 汝 速 黄 如 不 無 大 黄

"The next day, when Lin-chi went to say good-bye, Huang-po said, 'Go see Ta-yu.'7 When Lin-chi reached the place where Ta-yu was living, Ta-yu asked him, 'Where have you come from?' Lin-chi said, 'From Huang-po.' Ta-yu said, 'What did Huang-po teach you?' Lin-chi said, 'I asked him three times to tell me the essential meaning of Buddhism, and each time he beat me. I don't know what I did wrong.' Ta-yu said, 'Huang-po is an old grandmother to give you such an opportunity. What are you doing here asking me if you did something wrong or not?' Suddenly Lin-chi was enlightened and said, 'So, Huang-po's Buddhism doesn't amount to much after all.'

"Ta-yu grabbed him and said, 'You bed-wetting son of a ghost, you come here wondering if you did something wrong or not, and now you're saying Huang-po's Buddhism doesn't amount to much. What do you understand all of a sudden? Tell me right now!' Lin-chi gave Ta-yu three pokes in the ribs. Ta-yu let him go and said, 'Your teacher is Huang-po. This doesn't have anything to do with me.' Lin-chi said good-bye and returned to Huang-po.

"When Huang-po saw Lin-chi return, he said, 'This fellow comes and goes. When is he going to stop?' Lin-chi said, 'It's all due to your grandmotherly kindness.' Huang-po said, 'Where have you come from?' Lin-chi said, 'After I received your kind instruction, I went to visit Ta-yu.' Huang-po said, 'And what did Ta-yu tell you?' When Lin-chi reported what had happened, Huang-po said, 'Who does Ta-yu think he is? Wait until I give him a taste of my stick.'

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101.8 Ch'ang-ch'ing was a tenth-century Zen master and a disciple of Hsueh-feng. The remark about the donkey and horse suggests Ch'ang-ch'ing was still dependent on the gradual approach to understanding and unwilling to make the intuitive leap required of Zen students.

101.9 Yang-shan was a ninth-century Zen master who, together with his teacher Kuei-shan, founded one of the five most popular sects of Zen, known as the Kuei-Yang sect.

"Lin-chi said, 'Why wait? Have a taste right now.' And he hit Huang-po. Huang-po yelled, 'This mad man is trying to grab the tiger's whiskers!' Lin-chi shouted, 'Hey!' Then Huang-po said, 'Attendants, take this mad man to the meditation hall.' This is an example of deep karma from past lives and the capacity of deep

roots. This is the third way to practice Zen and cultivate the Tao.

"Before Ch'ang-ch'ing⁸ was enlightened, he couldn't distinguish a donkey from a horse. He visited Master Hsueh-feng for thirty years and wore out seven meditation cushions. Then one day, as he was raising a bamboo blind, he was suddenly enlightened and composed this gatha: 'The Truth is a mistake a big mistake / rolling up a blind I see the whole world / if someone asks me what Zen means / I'll hit him in the mouth with my whisk.' This is an example of being unwilling to undertake anything in a hurry and waiting for the field of great repose to appear by itself. This is the fourth way to practice Zen and cultivate the Tao.

"When Yang-shan⁹ was with Pai-chang, every time he was asked a question, he gave ten different answers and couldn't do anything but mutter. Pai-chang said, "Yang and the forces."

'You'll meet your teacher in the future.'

"Later, when Yang-shan arrived at Kuei-shan's place, Kuei-shan said, 'I've heard that when you were with Pai-chang, you gave ten answers to every question. Is that true?' Yang-shan said, 'I'm afraid so.'

地獄 背 年 健 日 芝示眾日 日 也 云 道 簡 心 樣 人 簡 0 0 0 0 0 0 0 0 如箭 始 樣 地 便往 何不為眾乞食。我忍饑不暇。 我 央 子 這 下 法 0 0 便是 道 H 仰擬 此 簡 被 子 庠 0 0 得 0 保寧 岐 泐 生 不 喝 0 座 0 仰 0 0 大家 悦聞之駭然 沒 澶 得 開 雲峰悦禪 具決定志 便 為 0 0 主 П 今 行 ,勇禪 論 是 山 0 以 0 首 Ė 0 H 相 更從同 年 去 低 見仰在樹下坐禪 15 0 勇 便遇 為 0 聚喫 參 師 卻 不借別 為 0 頭 淌 發 堪 疑 禪 師 0 知 垂 便 0 任 憤 云 X 情 初 解 0 恭 無退轉心 淚 喝 參白雲端 0 0 也 大法 下山 0 八真實 便上方丈請 在 道不 人口 未泮 入天 云 0 寂子 0 0 大愚芝座 如是二 0 後 遂 0 0 八台教 通雪 先師道 喚作衣 0 0 0 生 엹 ,道得 發 為云 後參楊 參禪 0 0 雪 家 心 研種 何暇為汝説 參禪學道第 問 0 視 也 開 並 下 更 學道第 以 0 0 0 0 玄奥 趁 衣 寂 岐 誓 Ш 0 未 拄 看 教 仰三 示 0 色 澧 阃 杖 牛 我 0 不 0 0 芝 力 入 B 頓 鰛 拜 之 Ŧi 仰 點 更 擬

^{101.10} Pao-ning was an eleventh-century Zen Master. 101.11 The Tientai sect rivaled that of Zen in popularity during the T'ang and Sung dynasties. Named for the Tientai Mountains, where its first patriarchs had their center, it divided the various teachings of the Buddha into progressive stages culminating with those contained in the *Lotus* and *Nirvana* sutras. 101.12 Hsueh-tou was an eleventh-century Zen master and the author of the poems in the *Blue Cliff Records*. 101.13 Yun-feng was a ninth-century Zen master and disciple of Ta-yu. 101.14 Buddhist monks and nuns in China do not normally eat leeks, onions, or garlic, due to their power as aphrodisiacs.

"Kuei-shan said, "Tell me, what's the most important expression in Buddhism?" Just as Yang-shan was about to speak, Kuei-shan yelled, 'Hey!' Three times Kuei-shan asked, and three times Yang-shan tried to answer, and three times he was cut short with a 'Hey!' In tears, Yang-shan lowered his head and said, 'My old master told me I would meet my teacher someday. Today I've met him.' After that Yang-shan vowed to spend the next three years taking care of the temple's water buffalo.

"One day Kuei-shan saw Yang-shan sitting under a tree in meditation and tapped him once on the back with his staff. When Yang-shan turned around, Kueishan asked, 'Have you found the Tao yet?' Yang-shan said, 'I haven't found the Tao, but at least I don't steal the words of others.' Kuei-shan said, 'Then you understand.' This is an example of eliminating knowledge and truth. This is the fifth way to practice Zen and cultivate the Tao.

"Pao-ning¹⁰ first studied the Tientai¹¹ doctrine then changed his attire and visited Hsueh-tou.¹² Thinking he was worthy of the Dharma, Hsueh-tou looked at Pao-ning for a long time then yelled, 'Abbot Pao-ning!' Pao-ning turned and ran down the mountain. Then, looking back, he bowed and said to himself, 'I've wandered on foot and practiced meditation all my life, but my path ends here with Hsueh-tou. I vow never to return.'

"He then traveled to Tungshan to live out his years, but his doubts remained unresolved. Later, he visited Yang-ch'i and suddenly beheld the ground of his mind. After Yang-ch'i died, Pao-ning resumed his study of white clouds and mysteries. This is an example of unwavering resolution. This is the sixth way to practice Zen and cultivate the Tao.

"When Yun-feng^{I 3} was with Ta-yu, one day Ta-yu told the assembly, 'Everyone here eats leeks. ^{I 4} But if anyone calls them leeks, they'll go straight to Hell.' When Yun-feng heard this, he was perplexed and asked the abbot to explain.

"Ta-yu said, 'The food wheel turns before the Dharma Wheel. Why don't you youngsters use your sexual energy to collect some food for the monks? We don't have time to be hungry.

竭力。不廢寸陰。參禪學道第七箇樣子 畢。悦不措一 罷 第八箇樣子。此是微塵佛一路涅槃門。 急趨方丈。芝見來。 箍忽散。自架墮落。豁然大悦。頓見芝用處 汝。悦受之不樂。恨芝不去心。一 復上方丈請益。芝曰。堂司即目缺人。今已煩 今正雪寒。 乎 0 復過翠巖求開示。芝曰。佛法不怕爛卻 悦不敢違。未幾。芝遷翠巖。悦納疏 可為眾乞炭。悦亦奉命。 詞。 禮拜了退 笑日 0 且喜 。這簡 0 維那 日 便是 0 化炭歸 過去諸 後架桶 大事了 更有 為眾

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Do you think I have time to explain Zen to you?' Yun-feng didn't dare argue.

"Not long after that, Ta-yu moved to Tsuiyen, ¹⁵ and Yun-feng stayed behind. Later, Yun-feng passed by Tsuiyen and stopped to ask for instruction. Ta-yu said, 'Don't be in such a hurry, the Dharma won't spoil. Today the weather is ice cold. Why don't you go collect some charcoal for the monks?'Yun-feng did as he was asked. Afterwards, he asked the abbot for instruction again. Ta-yu said, 'Right now I need someone to act as meditation master. Do you mind?' Although he really wanted to leave, Yun-feng grudgingly agreed.

"One day not long afterward, Yun-feng saw a bucket hoop suddenly break. As the bucket fell apart, Yun-feng was suddenly enlightened. Realizing Ta-yu's intention, he hurried to see the abbot. When Ta-yu saw him coming, he laughed, 'I'm glad to see the meditation master has finished his task.' Without saying a word, Yun-feng bowed and left. This is an example of using your strength for the benefit of other monks and not wasting a moment. This is the seventh way to practice Zen and cultivate the Tao.

"There is also an eighth way. This is the road taken by numberless buddhas to the gate of nirvana. The tathagatas of the past created this gate. And the bodhisattvas of the present all reach perfect enlightenment by entering it. And those who practice in the future should rely on this dharma." Lifting up his staff, the Master stepped down from his seat.

102. At an informal talk at the end of retreat, the Master said, "The teaching of the patriarchs spreads across the land / their very words rend people's hearts / our support depends completely on our children / but our children have turned out bad / they run north and south in confusion /

名利 甲羽 昭然渾不懼 寂寂滯 信心檀越人家施 知慚愧 地 歸被位 佛華 外道經書勤講議 接氣 0 毛披則易。 。三塗六趣從茲墜 頭上瓦腳下磚 輕安 煮黄精煨紫芋。 0 覺伽藍恣遊戲 開 今日三 0 尋 0 0 0 0 石爛松枯竟不 聚 或遷 性 香風觸破娘生鼻 ٥ 味高 天昏 明 頭寮舍鼓是非。收足蒲 看他古之學道流 固 向冥冥墮無記 0 未成道業若為消 翁 Ĥ 。身上衣口 0 榻 四 0 0 0 縱饒挂搭在僧堂 飯 兹因結制夜小參。 因 石火交煎心 世上黄金何足 請 。袈裟失卻復再 0 死符 贋 間 果分明當等閒 知 搏 房 處 0 水 至 光 中 。百丈清 0 0 洗心 八陰盡 選佛 味 放逸總 0 。直忘 器 從前 0 0 場中 便 捫心 貴 虚 0 作 為 所 棄 由 規 0 0 皆出 直 不覺 劫空 世 暫 便 累 幾 罪 療 0 0 生

102.1 Karmic consciousness is that aspect of awareness that results from our previous actions. 102.2 The meditation signal. 102.3 The void is also a bottomless hell. 102.4 The rules followed by all Zen temples were established by Pai-chang in the ninth century. 102.5 A private room or bed was the perogative of senior monks. 102.6 The body, the mouth, and the mind are the three sources of karma. 102.7 There once was a monkey trainer who fed his charges three acorns in the morning and four in the evening. One day they complained that this wasn't enough. When the trainer changed their ration to four in the morning and three in the evening, they stopped complaining (Chuangtzu: 2). 102.8 One of the three lower states of existence: as a beast, a hungry ghost, or in one of the hells. 102.9 The kasaya is a monk's robe, which protects its wearer from the obstacles of existence. 102.10 Solomonseal, or Polygonatum cirrhifolium, ranks among the survival foods upon which all hermits depend.

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blind to the root they chase twigs / eyes full of dust they face the wind / karmic consciousness provides them no help / even when they stay in a meditation hall / and they take their seats when the clapper² sounds / they stir up discension in the hall / and sit on their cushions and doze / covering their natures with clouds of delusion / striking rocks to warm their minds / then for a moment they're still and at peace / but entering the darkness they fall into the void³ / unwilling to follow Pai-chang's pure rules 4 / they talk about the ways of other sects / cause and effect they treat the same / reward and punishment don't concern them / and if they get their own bed and room⁵ / they indulge their bodies their mouths and their minds⁶ / with tiles overhead and bricks underneath / clothes to wear and food to eat / they offer more incense than others / but it doesn't help someone in the dark / how many know to be embarrassed / with three today and four tomorrow⁷ / they waste their time and don't do a thing / "until one day old age or illness finds them / and Yama announces their time has arrived / everything they ever did is counted / and forthwith they fall into a lower state⁸ / who loses his kasaya⁹ won't get another soon / more likely a shell or feathers, fish scales or fur / consider those who practiced in the past / ignoring the world and making light of glory / living on taro and solomon-seal 10 / a bowl of rice a cup of water / keeping frail bodies healthy / rock-hard pine trees might wither / while they sat cleansing their minds / planning their future lives / they achieved peace and detachment / worldly wealth meant nothing to them / when the buddha flower blooms in the empty kalpa / its fragrance is sensed by the nose born of woman / candidates return to your buddha seats / do what you will in this temple of awareness / I have talked tonight to end this retreat / suddenly my words have turned into a gatha."





















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Stonehouse has been called "the greatest of all Zen monks who made poetry their medium of instruction." His works have rarely been available in English, but now all of the hermit monk's poetry, including the major poetic works, "Mountain Poems" and "Gathas," as well as his most illuminating instructional dharma talks, can be read in Red Pine's superb translations.

With Red Pine's personal discovery in 1991 of the site of Stonehouse's former hut, this edition provides rare firsthand understanding of the spiritual and physical realm of Stonehouse's era. *The Zen Works of Stonehouse* is one of the classic texts of Zen, essential for anyone interested in Zen practice and tradition.

"[The Zen Works of Stonehouse] drew strongly on all my senses . . . It is a splendid book."

—Jim Harrison

RED PINE is an American author, translator, and interpreter of Chinese and Sanskrit texts whose translations include *The Diamond Sutra*, *The Platform Sutra*, and *The Heart Sutra*. He spent more than twenty years in East Asia in Buddhist monasteries, visiting Zen temples and graves of poets, learning the Zen life of such hermits as Stonehouse. He lives in Port Townsend, Washington.

Cover design by Tom Christensen

Cover image: Pine Lodge amid Tall Mountains (detail) by Wu Bin (active approx. 1590–1625). hina, Ming dynasty (1368–1644). Hanging scroll, ink on paper. Asian Art Museum, Gift of the Avery Br., idage Collection Symposium Fund and the M.H. de Young Memorial Museum Trust Fund, B69D 7.



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