The Penguin Book of
Zen Poetry

Edited and translated by Lucien Stryk and Takashi Ikemoto
with an Introduction by Lucien Stryk
Lucien Stryk’s most recent of eight books of verse are Selected Poems (1976), The Duckpond (1978) and Zen Poems (1980). His Encounter with Zen: Writings on Poetry and Zen is forthcoming, as is a recording of Zen poems (original poems and translations) from Folkways Records. He has received awards for poetry, held a National Endowment for the Arts Poetry Fellowship and a National Translation Center Grant, along with Takashi Ikemoto, to work on Zen poetry. He is editor of World of the Buddha and the anthologies Heartland: Poets of the Midwest (I and II), and translator, with Takashi Ikemoto, of, among other volumes, Afterimages: Zen Poems of Shinkichi Takahashi and Zen Poems of China and Japan: The Crane’s Bill. In 1978 The Penguin Book of Zen Poetry received the Islands and Continents Translation Award and the Society of Midland Authors Poetry Award. He has given poetry readings and lectured throughout the United States and England and held a Fulbright Lectureship in Iran and a Fulbright Travel/Research grant and two visiting lectureships in Japan. He teaches Oriental literature and poetry at Northern Illinois University.

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Penguin Books
To the memory of my cousin Stephen Ullmann
   – Lucien Stryk

To the memory of my beloved brother Yukio
   – Takashi Ikemoto
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The temple, reached by a narrow mountain path five miles from the bus stop, was in one of the most beautiful districts of Japan. Surrounded by blazing maples, it appeared to have been rooted there for centuries. To its right was a kiln with a batch of fresh-fired pots, to its left a large vegetable garden where a priest bent giving full attention to a radish patch. He greeted me warmly and at once asked me to stay the night. Talk would wait till evening, after his meeting with parishioners - farmers, woodsmen - to discuss a coming festival. Each, I noticed, brought an offering - fruit, eggs, chestnuts. That time I came with nothing. Twenty years later I brought a book of Zen poems, one of a number translated since that first inspiring meeting.

Poetry had always been part of my life, and my interest in Zen poetry began as the result of that visit. Moved by a show of ceramics, calligraphy and haiku poems in Niigata, while teaching there, I asked a friend to take me to the artist. The evening of my visit I discovered that the priest’s life was devoted equally to parish, ceramics and poetry. He spoke with love of haiku poets, Basho, Issa, and mentioned great Zen masters who excelled in poetry - Dogen, Bunan, Hakuin, names unfamiliar to me.

I was intrigued when he compared their work to certain Western poets (he especially admired the passage from Whitman in the Introduction), and I resolved to learn something of Zen poetry. He was wonderfully impressive then, and I found him even more so now, this priest-artist content with earth, pots and poems, seeking no praise of the world, his deepest care the people around him. I have owed him all
these years a debt of gratitude, both for my feelings about Zen and for the lesson that one should make the most of the earth under one’s feet, whether Japan or midland America, which have stemmed in large measure from our meeting.

My second lectureship in Japan, some years after, was in Yamaguchi, the ‘Kyoto of the West’. There, at the Joei Temple, where the great painter Sesshu had served as priest in the fifteenth century, came another meeting which would leave its mark. Takashi Ikemoto, a colleague at the university, and I were interviewing the master of the temple for what later became our first volume of translation from Zen literature. I said things about the rock garden behind the temple, laid down by Sesshu – surely one of the finest in Japan – which struck the master as shallow. He patiently explained that in order to grasp the meaning of so great a work of Zen, I would have to meditate, experience the garden with my being. I was intrigued and humbled: familiar, through translating the literature, with the ways of Zen masters, I accepted his reproval as challenge. Thus I began a sequence of poems on Sesshu’s garden, a discovering of things which made possible not only a leap into a truer poetry of my own but also more effective rendering of Zen poems.

Years and Zen books since, I still think of those encounters as phases of rebirth. Now, after meetings with Zen masters, poets and artists, comes this volume, the poems translated in homage to those Zennists who insist that awakened life is not a birthright but something to be won through, along a way beyond the self. My experiences, however ordinary and lacking drama they may be, I give here because they are the kind which have always been important to Zen – leading to awareness of possibilities for art and life which, as the poems reveal, are limitless.

LUCIEN STRYK
INTRODUCTION

I

The Golden Age of China, T'ang through Sung dynasties (AD 618-1279), began not long after the Western Roman Empire came to an end and lasted well beyond the First Crusade. One of the most cultivated eras in the history of man, its religious, philosophical and social ground had been prepared centuries before Christianity, and men perfected their lives and arts certain that they gave meaning to something higher than themselves. To artists of the time, numerous and skilled, poetry and painting were Ways — two among many, to be sure, but glorious Ways — to realization of Truth, whose unfolding made possible not only fulfilled life but calm acceptance of its limitations. They saw in the world a process of becoming, yet each of its particulars, at any moment of existence, partook of the absolute. This meant that no distinction was drawn between the details of a landscape — cliffs, slopes, estuaries, waterfalls — shaped by the artist’s emotions. Foreground, background, each was part of the process, in poetry as in painting, the spirit discovering itself among the things of this world.

On the rocky slope, blossoming
Plums — from where?
Once he saw them, Reiun
Danced all the way to Sandai.

HOIN

The artist’s visions were held to be revelatory; painting, poem meant to put men in touch with the absolute. Judgement of art works was made principally with that in mind.
Some might delight the senses, a few exalt the spirit, whose role was taken for granted to be paramount, the greatest artists respecting its capacity to discover itself anew in their works. Over centuries the West has deduced the guiding aesthetic principle of such art to be ‘Less is More’, and a number of stories bear this out.

One concerns a painting competition in the late T’ang dynasty, a time of many such events and gifted competitors, all of whom, brought up in an intellectual and artistic meritocracy, were aware of what success might mean. Judged by master painters, most carefully arranged, each had its theme, that of our story being ‘Famous Monastery in the Mountains’. Ample time was provided for the participants to meditate before taking up brushes. More than a thousand entries of monasteries in sunlight, in shadow, under trees, at mountain-foot, on slopes, at the very peak, by water, among rocks – all seasons. Mountains of many sizes, shapes, richly various as the topography itself. Since the monastery was noted ‘famous’, monks abounded, working, praying, all ages and conditions. The competition produced works destined to be admired for centuries to come. The winning painting had no monastery at all: a monk paused, reflecting, on a misty mountain bridge. Nothing – everything – more. Evoking atmosphere, the monk knew his monastery hovered in the mist, more beautiful than hand could realize.

To define, the artist must have learnt from the Taoism of Lao Tzu or the Zen of Hui-neng, is to limit.

II

Zen began its rapid growth in early T’ang China, a product of the merging of the recently introduced Buddhism of the Indian monk Bodhidharma, who reached China in 520, and
Taoism, the reigning philosophy of poets and painters for some thousand years. Providing a rigorously inspiring discipline, insisting on the primacy of meditation, its temples and monasteries were havens for seekers after truth throughout the T'ang, Sung and Mongol-shadowed Yuan dynasties. Zen masters, religious guides, often themselves poets and painters, made judgements concerning the spiritual attainments of artist-disciples on the basis of works produced. Neither before nor since has art had so important a role in community life, and there are countless instances of poems or paintings affecting the development of the philosophy itself. One such concerns the Sixth Patriarch Hui-neng, who was named as Hung-jen's successor chiefly on the strength of his famous enlightenment poem:

*The tree of Perfect Wisdom*

*Was originally no tree,*
*Nor has the bright mirror*
*Any frame. Buddha-nature*
*Forever clear and pure,*
*Where is there any dust?*

Writers of such poems did not think themselves poets. Rather they were gifted men – masters, monks, some laymen – who after momentous experiences found themselves with something to say which only a poem could express. Enlightenment, point of their meditation, brought about transformation of the spirit; a poem was expected to convey the essential experience and its effect. Such an awakening might take years of unremitting effort, to most it would never come at all:

One day Baso, disciple of Ejo, the Chinese master, was asked by the master why he spent so much time meditating. Baso: ‘To become a Buddha.’
The master lifted a brick and began rubbing it very hard. It was now Baso’s turn to ask a question: ‘Why,’ he asked, ‘do you rub that brick?’ ‘To make a mirror.’ ‘But surely,’ protested Baso, ‘no amount of polishing will change a brick into a mirror.’ ‘Just so,’ the master said: ‘no amount of cross-legged sitting will make you into a Buddha.’

Yet masters did their best to guide disciples: one device was the *koan* (problem for meditation), which they were asked to solve. As no logical solution was possible, the meditator was always at wits’ end – the intention. One of the *koans*, usually first given, was Joshu’s ‘Oak in the courtyard’, based on the master’s answer to the standard Zen question ‘What’s the meaning of Bodhidharma’s coming to China?’ These awakening poems, responses to this question of the masters, suggest the range of possibilities:

*Joshu’s ‘Oak in the courtyard’ –*

*Nobody’s grasped its roots.*

*Turned from sweet plum trees,*

*They pick sour pears on the hill.*

---

*Joshu’s ‘Oak in the courtyard’*

*Handed down, yet lost in leafy branch*

*They miss the root. Disciple Kaku shouts –*

*‘Joshu never said a thing!’*

---

Given their importance, it is not surprising to find in early Chinese enlightenment poems frequent references to *koans*. Most poems, though, deal with major aims of the
philosophy, escape from space-time bondage, for example, a hard-won precondition of awakening:

_Twenty years a pilgrim,
Footing east, west._
_Back in Seiken,
I've not moved an inch._

_SEIKEN-CHIJU_

_Earth, river, mountain:
Snowflakes melt in air.
How could I have doubted?
Where's north? south? east? west?_

_DANGAI_

Many express swift release from conventional attachments:

_Searching Him took
My strength._
_One night I bent
My pointing finger –
Never such a moon!_

_KEPPO_

Need for such release, transcending of doctrine (finger pointing at the moon, never taken for the moon itself), was the theme of Bodhidharma's historical interview with Emperor Wu of Liang, shortly after his arrival in China (by then some schools of Buddhism had been established there a few hundred years):

_Emperor Wu: From the beginning of my reign, I have built many temples, had numerous sacred books copied, and supported all the monks and nuns. What merit have I? Bodhidharma: None._
Emperor Wu: Why?
Bodhidharma: All these are inferior deeds, showing traces of worldliness, but shadows. A truly meritorious deed is full of wisdom, but mysterious, its real nature beyond grasp of human intelligence – something not found in worldly achievement.

Emperor Wu: What is the first principle of your doctrine?
Bodhidharma: Vast emptiness, nothing holy.
Emperor Wu: Who, then, stands before me?
Bodhidharma: I don’t know.

Not long after this Bodhidharma wrote his famous poem:

Transmission outside doctrine,
No dependencies on words.
Pointing directly at the mind,
Thus seeing oneself truly,
Attaining Buddhahood.

As might be expected, awakening poems were held precious in Zen communities, serving for generations as koans themselves or as subjects for teisho (sermons). Interpretation was often made in the light of the master’s life, what led to his experience. Nan-o-Myo, awakened when asked by his master to interpret ‘Not falling into the law of causation, yet not ignoring it’, wrote:

Not falling, not ignoring –
A pair of mandarin ducks
Alighting, bobbing, anywhere.

Every utterance of a worthy master was thought significant. The late Sung master Tendo-Nyojo, an example, guided Japan’s great Dogen (1200–1253) to enlightenment, which
alone made his death poem, simple as it is, glorious to the Japanese:

\[
\begin{align*}
Sixty-six \text{ years} \\
Piling sins, \\
I \text{ leap into hell} & - \\
\text{Above life and death.}
\end{align*}
\]

Zen death poems, remarkable in world literature, have a very ancient tradition. On their origin one can only speculate, but probably in early communities masters felt responsibility to disciples beyond the grave, and made such poems in the hope that they would help point the way to attainment, not only for disciples but for posterity. To some the final poem was not felt to be itself of much importance:

\[
\begin{align*}
\text{Life's as we} \\
\text{Find it – death too.} \\
\text{A parting poem?} \\
\text{Why insist?}
\end{align*}
\]

\textit{Daie-so\koh}

Many, however, considered it to be a symbolic summation, quite possibly preparing well before the inevitable moment. It would stand, every syllable pondered, and lives might well be affected by truth, absolute, whatever its message and worth as 'poetry'. Differences between death poems give a sense of the variety of temperament among Chinese masters. Fuyo-Dokai’s vital self-assurance:

\[
\begin{align*}
\text{Seventy-six: done} \\
\text{With this life} & - \\
\text{I've not sought heaven,} \\
\text{Don't fear hell.} \\
\text{I'll lay these bones} \\
\text{Beyond the Triple World,} \\
\text{Unenthralled, unperturbed.}
\end{align*}
\]
Koko’s sense of release from a harsh existence:

The word at last,
No more dependencies:
Cold moon in pond,
Smoke over the ferry.

Shozan’s astringent mockery:

‘No mind, no Buddha,’
Disciples prattle.
‘Got skin, got marrow.’
Well, goodbye to that.
Beyond, peak glows on peak!

There is no way of telling, records being scant and unreliable (there are wild variants of birth and death dates), whether all wrote death poems, but given their solemn purpose they probably did. By 1279, when China was overrun by Mongols, Zen had flourished for almost one hundred years in Japan. There from the start death poems of masters were thought to have great religious meaning. Dogen left, exulting:

Four and fifty years
I’ve hung the sky with stars.
Now I leap through –
What shattering!

III

Centuries before the introduction of Zen in the Kamakura Period (1192–1333), Japan had been virtually transformed by Chinese Buddhism. Every aspect of life, from the Nara Period (710–84) on, reflected in one way or another the Chinese world vision. Painters and poets looked to China
constantly, as did the greatest painter in the Chinese style, Sesshu, who crossed there for instruction and inspiration. Not all became Zennists like Sesshu, who was to join the priesthood, but most were guided by the philosophy, their works revealing the extent. In the earliest Zen communities enlightenment and death poems were written strictly in kanji (Chinese characters), in classical verse forms preferred by the Chinese masters – there is little to distinguish poems of the first Japanese Zennists from those written in China centuries before.

Here is the master Daito’s enlightenment poem, written when he had succeeded in solving the eighth koan of the Chinese classic Zen text Hekiganroku, which contains a reference to ‘Unmon’s barrier’:

_At last I’ve broken Unmon’s barrier!
There’s exit everywhere – east, west; north, south._
_In at morning, out at evening; neither host nor guest._
_My every step stirs up a little breeze._

And here is Fumon’s death poem:

_Magnificent! Magnificent!
No one knows the final word._
_The ocean bed’s aflame,_
_Out of the void leap wooden lambs._

The Japanese masters composed not only enlightenment and death poems in Chinese verse forms, they often wrote of important events in the history of Zen, like Bodhidharma’s interview with the Emperor Wu. Here is Shunoku’s poem on the subject. (‘Shorin’ is the temple where Bodhidharma, on discovering that the emperor lacked insight, sat in Zen for nine years. To reach the temple he had to cross the Yangtze River.)
After the spring song, 'Vast emptiness, no holiness',
Comes the song of snow-wind along the Yangtze River.
Late at night I too play the noteless flute of Shorin,
Piercing the mountains with its sound, the river.

Even in writing on general themes associated with Zen life the masters employed the purest literary Chinese. Since only few Japanese knew the language, this practice made the Zen poems elitist, leading to the feeling on the part of masters like Dogen that an indigenous verse form, *tanka* (or *waka*), should be utilized. Such works would be understood in and out of the Zen communities, and surely it was possible to be as inspiring in Japanese, which, though using *kanji*, had a syllabary and was very different from Chinese. The most important collection of early Japanese poetry, the *Manyoshu* (eighth century), contains three kinds of verse forms: *choka*, *tanka* and *sedoka*, all based on arrangements of 5-7-5 syllable lines, the most popular, *tanka*, structured as 5-7-5-7-7 syllables – strictly, without any possible variation.

In the Heian Period (794–1185), which immediately preceded the first age of Zen, *tanka* was the favourite verse form at the courts. Towards the end of Heian, *renga* (linked verse), became popular: a chain of alternating 14 and 21 syllables independently composed but associated with the verses coming before and after. By the fifteenth century, *renga* expiring of artificiality, something more vital was found, the *haikai renga*, linked verses of 17 syllables. Later came individual poems of 17 syllables, *haiku*, the earliest authentic examples by writers like Sogi (1421–1502), Sokan (1458–1546) and Moritake (1472–1549).

Basho, thought by many Japanese to be their finest *haiku* writer and greatest poet, lived from 1644 to 1694. Like
almost all noted *haiku* writers he was a Zennist, practising discipline under the master Butcho, with whom, according to Dr D. T. Suzuki, he had the following exchange:

**Butcho:** How are you getting along these days?
**Basho:** Since the recent rain moss is greener than ever.
**Butcho:** What Buddhism was there before the moss became green?

Resulting in enlightenment and the first of his best-known *haiku*:

**Basho:** Leap-splash – a frog.

Whether or not they undertook discipline, *haiku* writers thought themselves living in the spirit of Zen, their truest poems expressing its ideals. To art lovers the appeal of *haiku* is not unlike that of a *sumie* (ink-wash) scroll by Sesshu, and many *haiku* poets, like Buson, were also outstanding painters.

Zennists have always associated the two arts: ‘When a feeling reaches its highest pitch,’ says Dr Suzuki, Zen’s most distinguished historian, ‘we remain silent, even 17 syllables may be too many. Japanese artists ... influenced by the way of Zen tend to use the fewest words or strokes of brush to express their feelings. When they are too fully expressed no room for suggestion is possible, and suggestibility is the secret of the Japanese arts.’ Like a painting or rock garden, *haiku* is an object of meditation, drawing back the curtain on essential truth. It shares with other arts qualities belonging to the Zen aesthetic – simplicity, naturalness, directness, profundity – and each poem has its dominant mood: *sabi* (isolation), *wabi* (poverty), *awa*re (impermanence) or *yugen* (mystery).

*If it is true that the art of poetry consists in saying important things with the fewest possible words, then haiku has*
a just place in world literature. The limitation of syllables assures terseness and concision, and the range of association in the finest examples is at times astonishing. It has the added advantage of being accessible: a seasonal reference, direct or indirect, simplest words, chiefly names of things in dynamic relationships, familiar themes, make it understandable to most, on one level at least. The haiku lives most fully in nature, of great meaning to a people who never feel it to be outside themselves. Man is fulfilled only when unseparated from his surroundings, however hostile they may appear:

To the willow –
all hatred, and desire
of your heart.

BASHO

White lotus –
the monk
draws back his blade.

BUSON

Under cherry trees
there are
no strangers.

ISSA

In the West, perhaps as a result of fascination with the haiku (its association with the development of modern poetry at one extreme, its universal appeal in schools at the other), it arouses as much suspicion as admiration. It looks so easy, something anyone can do. A most unfortunate view, for haiku is a quintessential form, much like the sonnet in Elizabethan England, being precisely suited to (as it is the product of) Japanese sensibility, conditioned by
Zen. For Basho, Buson, Issa, *haiku* permitted the widest possible field of discovery and experimentation.

The Zen experience is centripetal, the artist's contemplation of subject sometimes referred to as 'mind-pointing'. The disciple in an early stage of discipline is asked to point the mind at (meditate upon) an object, say a bowl of water. At first he is quite naturally inclined to metaphorize, expand, rise imaginatively from water to lake, sea, clouds, rain. Natural perhaps, but just the kind of 'mentalization' Zen masters caution against. The disciple is instructed to continue until it is possible to remain strictly with the object, penetrating more deeply, no longer looking at it but, as the Sixth Patriarch Hui-neng maintained essential, as it. Only then will he attain the state of *muga*, so close an identification with object that the unstable mentalizing self disappears. The profoundest *haiku* give a very strong sense of the process:

*Dew of the bramble,*
*thorns*
*sharp white.*

*BUSON*

*Arid fields,*
*the only life—*
*necks of cranes.*

*SHIKO*

To give an idea of the way *haiku* work, without making an odious cultural comparison, here is Ezra Pound's 'In a Station of the Metro', perhaps the most admired (and for good reason) *haiku*-like poem in English:

*The apparition of these faces in the crowd;*
*Petals on a wet, black bough.*
A simile, the poem startles as *haiku* often do, but much of what is said would, to a *haiku* poet, be implied. Incorporating the title (*haiku* are never titled), he might make the poem read:

*Faces in the metro –*
*petals*
*on a wet black bough.*

If asked why, he might answer: the first few words, ‘The apparition of these’, though sonorous enough, add nothing. Nor does the reference to ‘crowd’, metro ‘stations’ usually being crowded – besides, the ‘petals’ of the simile would make that clear. His revision, he might claim, transforms the piece into an acceptable *haiku*, one rather like, perhaps less effective than, Onitsura’s:

*Autumn wind –*
*across the fields,*
*faces.*

Without using simile, Onitsura stuns with an immediacy of vision – those faces whipped by a cold wind.

For centuries *haiku* has been extremely popular, and there are established schools with widely differing views. Typical is the Tenro, truly traditional, working with the 5-7-5 syllabic pattern, clear seasonal reference, and possessing a creed – *Shasei*, on-the-spot composition with the subject ‘traced to its origin’. There are around two thousand members all over Japan, and it is usual for groups to meet at a designated spot, often a Zen temple, and write as many as one hundred *haiku* in a night, perhaps only one of which, after months of selection and revision, will be adequate. It will then be sent to one of the school’s masters
and considered for the annual anthology, representing poems of some thirty members.

Unypical by comparison is the Soun (free-verse) school, which feels no obligation to stick to the 17-syllable pattern. Short and compact, however, its poems are written in the ‘spirit of Basho’. Their creed is more general – Significance – and is very close to Zen, many of the members involved in discipline. They follow an ancient dictum, Zenshi ichimi (Poetry and Zen are one), and Kado, the Way of Poetry. As they strive for the revelatory, fewer poems are written than in the Tenro. Both schools, while opposed in principle, relate haiku to Zen, as do all other schools. Yet very few contemporary haiku could have pleased Basho, for however lofty the ideals they are generally derivative.

Kado, the Way of poetry to self-discovery, is similar in aim to other do (Ways) of Zen: Gado (painting), Shodo (calligraphy), Jindo (philosophy), Judo (force). Haiku teachers and Zen masters expect no miracles of disciples, yet maintain that with serious practice of an art, given aspirations, men perfect themselves: farmers, professors make their haiku, most egalitarian of arts. To those who find art a mystery engaged in by the chosen, the sight of a haiku-school group circling an autumn bush, lined notebooks, pens in hand, can be sharply touching. Only a cynic would think otherwise.

The few of course achieve true distinction in the skill, and are known to all who care for poetry. Usually they echo early masters, but some find that language cramping and consciously introduce the modern – factories, tractors, automobiles. They will admit, without derogating, to taking little pleasure from old haiku. They are however generous readers of each other’s work and that of certain
contemporary poets. One in whom many are interested, despite his not being a writer of haiku, is Shinkichi Takahashi, regarded throughout Japan as the greatest living Zen poet.

IV

Overlooking the sea in a fishing village on Shikoku Island, a poem is carved on a stone:

**ABSENCE**

*Just say, 'He's out' –
back in
five billion years!*

It is Shinkichi Takahashi's voice we hear. He was born in 1901, and the commemorative stone, placed by his towns- men, is one of many honours accorded him in recent years: another is the Ministry of Education's prestigious Prize for Art, awarded for *Collected Poems* (1973). In Japan poets are often honoured in this way, but rarely one as anarchical as Takahashi. He began as a Dadaist, publishing the novel *Dada* in 1924, and defied convention thereafter. Locked up in his early life a few times for 'impulsive actions', when his newly printed *Dadaist Shinkichi's Poetry* was handed to him through the bars of a police cell, he tore it into shreds.

In 1928 Takahashi began serious Zen study under the master Shizan Ashikaga at the Shogenji Rinzai Temple, known for severity of discipline. He trained for seventeen long years, doing *za-zen* (formal sitting in meditation) and studying *koans* – on which he wrote numerous poems. He attained enlightenment (*satori*) the first time on reaching the age of forty. In 1953, when fifty-two, he was...
given *inka* (his awakening testified to) by Shizan, one of six or seven disciples so honoured. In addition to some fiction and much poetry, he has written books on Zen highly regarded by Zennists, among them *Stray Notes on Zen Study* (1958), *Mumonkan* (1958), *Rinzairoku* (1959) and *A Life of Master Dogen* (1963).

Takahashi has interested fellow-poets and critics, East and West. A Japanese poet writes:

Takahashi’s poetry is piquancy itself, just as Zen, the quintessence of Buddhism, bawls out by means of its concise vocabulary a sort of piquant ontology ... Where does this enlivened feature come from? It comes from his strange disposition which enables him to sense the homogeneity of all things, including human beings. It is further due to his own method of versification: he clashes his idea of timelessness against the temporality of all phenomena to cause a fissure, through which he lets us see personally and convincingly the reality of limitless space.

The American poet Jim Harrison comments in the *American Poetry Review* on his ‘omniscience about the realities that seems to typify genius of the first order’, and goes on:

Nothing is denied entrance into these poems ... All things are in their minutely suggestive proportions, and given an energy we aren’t familiar with ... Part of the power must come from the fact that the poet has ten thousand centers as a Zennist, thus is virtually centerless.

Philosophical insight is uncommon enough, but its authentic expression in poetry is extremely rare, whether found in T. S. Eliot’s ‘Four Quartets’ or in Shinkichi Takahashi’s ‘Shell’:
Nothing, nothing at all
is born,
dies, the shell says again
and again
from the depth of hollowness.
Its body
swept off by tide – so what?
It sleeps
in sand, drying in sunlight,
bathing
in moonlight. Nothing to do
with sea
or anything else. Over
and over
it vanishes with the wave.

On one level a 'survivor' poem, inspiring in its moral grandeur, on another, surely important to the poet, expressing dramatically Zen's unfathomable emptiness. Here is the Chinese master Tao-hsin, Zen's Fourth Patriarch, in a sermon on 'Abandoning the Body':

The method of abandoning the body consists first in meditating on Emptiness ... Let the mind together with its world be quietened down to a perfect state of tranquillity; let thought be cast in the mystery of quietude, so that the mind is kept from wandering from one thing to another. When the mind is tranquillized in its deepest abode, its entanglements are cut asunder ... the mind in its absolute purity is the void itself. How almost unconcerned it appears ... Emptiness, non-striving, desirelessness, formlessness – this is true emancipation.

According to the great Taoist philosopher Chuang-tzu, his admirer, Tao-hsin said, 'Heaven and earth are one
finger.’ In the poem ‘Hand’ Takahashi writes, ‘Snap my fingers – / time’s no more.’ He concludes, ‘My hand’s the universe, / it can do anything.’ While such a poem may show indebtedness to masters like Tao-hsin, in a piece like the following, deceptively light, the poet’s grasp is equally apparent:

**AFTERNOON**

My hair’s falling fast –
this afternoon
I’m off to Asia Minor.

Always in Takahashi there is evidence of profound Zen, in itself distinguishing. His appeal, though, is by no means limited to Zennists, for his imagination has dizzying power: cosmic, surging through space and time (‘Atom of thought, ten billion years – / one breath, past, present, future’), it pulls one beyond reality. At times, among his sparrows, he resembles the T’ang master Niao-k’e (Bird’s Nest), so called because he meditated high in a tree, wise among the creatures.

Yet Takahashi is never out of this world, which for Zennists is a network of particulars, each reflecting the universal and taking reality from its relationship to all others: it has otherwise no existence. This doctrine of Interpenetration, as known in Zen and all other schools of Mahayana Buddhism, cannot be understood without being felt: to those incapable of feeling, such ideals have been thought mere ‘mysticism’. Poets and philosophers have attempted for centuries to explain interdependence. Here is the late second-century Indian philosopher Pingalalaka:

If the cloth had its own fixed, unchangeable self-essence, it could not be made from the thread ... the cloth comes
from the thread and the thread from the flax... It is just like the... burning and the burned. They are brought together under certain conditions, and thus there takes place a phenomenon called burning... each has no reality of its own. For when one is absent the other is put out of existence. It is so with all things in this world, they are all empty, without self, without absolute existence. They are like the will-o’-the-wisp.

For one who believes in the interpenetration of all living things, the world is a body, and if he is a poet like Takahashi, troubled by what the unenlightened inflict upon one another, he will write:

Why this confusion,
how restore the ravaged
body of the world?

And against this confusion he will invoke the saving force of Buddhism, the layman Vimalakirti who ‘at a word draws galaxies to the foot of his bed’, and Buddha himself, in a poem like ‘Spinning Dharma Wheel’, which ends:

Three thousand years since Buddha
found the morning star – now
sun itself is blinded by his light.

The poet once wrote, ‘We must model ourselves on Bodhidharma, who kept sitting till his buttocks grew rotten. We must have done with all words and letters, and attain truth itself.’ This echo of Lao Tzu in the Taoist classic Tao Teh Ching (‘He who knows does not speak’) is, as truth, relative: to communicate his wisdom, Lao Tzu had to speak, and Takahashi’s voice is inexhaustible. No one would question his seriousness, the near doctrinal tone
of some of his work, yet his best poems pulse with *zenki* (Zen dynamism), flowing spontaneously from the formless self and partaking of the world’s fullness:

**CAMEL**

*The camel’s humps shifted with clouds.*

*SUCH solitude beheads!*

*My arms stretch beyond mountain peaks,*

*flame in the desert.*

**V**

Such are the three major phases of Zen poetry, spanning nearly 1,500 years from the earliest examples to the present, and displaying distinctive characteristics: the Chinese master Reito would very likely have appreciated Shinkichi Takahashi, much as Takahashi values Reito. This consistency, while very special, is by no means inexplicable. The philosophy underlying the poetry is today, in every respect, precisely what it was in T’ang China: it worked then, it works now, in the face of all that would seem bent on undermining it. In Japan, where industry is king, the need for Zen intensifies, and particular care is taken to preserve its temples and art treasures, numbered among the nation’s glories.

Perhaps today Zen’s spirit shines most purely in its poetry, some of which is familiar to all, wherever they happen to live and however limited their knowledge of the philosophy. Yet consciously or not, those who care for Fuyo-Dokai, Issa, Shinkichi Takahashi, *know* Zen — as
much as those who revere Mu-ch’i and Sesshu. For to respond strongly to poetry and painting is to understand the source of their inspiration, just as to relate fully to others is to understand Zen’s interpenetration – more completely than do those who, though familiar with its terminology, are incapable of attaining its spiritual riches. Walt Whitman, a poet much admired by Zennists, wrote in ‘Song for Occupations’:

_We consider bibles and religions divine – I do not say they are not divine,_
_I say they have all grown out of you, and may grow out of you still,_
_It is not they who give the life, it is you who give the life,_
_Leaves are not more shed from the trees, or trees from the earth, than they are shed out of you._

Zen always travelled well in time and space, through denying them. Its poetry will continue to move some to heroic efforts towards light, constantly delight others – which is as it should be. ‘Zen is offering something,’ the master Taigan Takayama said, ‘and offering it directly. People just can’t seem to grasp it.’ Zen not only offers itself directly, but everywhere, and nowhere more authentically than in poems written in its name and honour, as the Chinese layman Sotoba realized 1,000 years ago when he wrote in his enlightenment:

_The mountain – Buddha’s body._
_The torrent – his preaching._
_Last night, eighty-four thousand poems._
_How, how make them understand?_
A NOTE ON THE TRANSLATION

In 1972, in my Introduction to the most recent of our co-translations of Zen poetry, I wrote: ‘It is high time for Western intellectuals to turn more attention than ever to the appreciation of Zen poetry.’ Since then the situation appears to have improved somewhat, as attested by a continuing demand for the collections of Zen poems in our rendering – above all, for Shinkichi Takahashi’s poems. Heartened by our readers’ favourable response, we set about preparing another co-translation two years ago, but my illness, critical at one time, prevented fruition of the project. Luckily enough, however, and thanks ultimately to Zen vitality in myself, this crisis has passed and we have finally succeeded in producing this book for the Western reader.

Our translation, I acknowledge, is often free, occasionally to such a degree that the reader, if he has a familiarity with the original language, may judge a good number of the pieces to be adaptations rather than translations. This may especially be felt with Takahashi. His original verse is sometimes pithy; at other times, lengthy and, one might almost say, prosaic. In the former case our rendering is verbally faithful to the originals; in the latter, some part is omitted, with the result that a number of the originals are turned into compact vignettes. This is the outcome of our policy on verse translation: translation is re-creation; and it is realized through Lucien Stryk’s poetic intuition and linguistic skill. Our co-translation is finally Stryk’s translation, as will be evident to the discerning eye of Western readers of poetry. Which leads me to say a few words on
one aspect of the translation of Japanese/Chinese Zen poetry.

At present there can be few, if any, Japanese or Westerners capable of carrying out single-handedly this particular literary work. The requirements are clear: a would-be translator must possess rich practical experience of orthodox Zen, an ability to write English poetry, and a thorough knowledge of Japanese/Chinese literature. To satisfy just one of these requirements will demand many years, or indeed a lifetime, of training. That is why, as a second best, I have adopted the joint-translation method and, most fortunately, I have found in Lucien Stryk an unsurpassable collaborator. In the United States he is often described as a Zen poet, which appellation he fully deserves. It is not that he has subjected himself to regular discipline (Zen-sitting, etc.) in a Zen temple; rather, just as D. T. Suzuki once declared that his friend Kitaro Nishida, the noted Zen philosopher, had identified himself with Zen truth via sheer philosophical speculation, so Stryk has gained a high degree of Zen-identification by means of his poetical experience. Thus my own principal contribution to this joint translation is to supply Stryk with more or less literal translations and to examine his versions of the poems.

I have already touched upon Stryk's treatment of Takahashi's work: the concise, pithy rendering, whether of short or long pieces. His poetical genius is in its own way sufficiently flexible to adapt itself to any form of verse. Even so, he often seems to be particularly drawn to the shorter pieces and it is therefore appropriate that he has recently come to be attracted by haiku, and proposed to me that we devote a section of this book to them. In my opinion the haiku included here eminently satisfy a vital criterion of all good translations - that they possess a vigorous life of their
A Note on the Translation

own. The reader may find it interesting to compare the following versions, by nine different translators, of a haiku by Basho (N.B. numbers 3 and 6 are by Japanese translators; Stryk's is number 9):

1 Ta'en ill while journeying, I dreamt I wandered o'er withered moor.

2 At midway of my journey fallen ill, To-night I fare again, In dream, across a desert plain.

3 Lying ill on journey Ah, my dreams Run about the ruin of fields.

4 Nearing my journey's end, In dreams I trudge the wild waste moor, And seek a kindly friend.

5 On a journey ta'en ill — My dream a dried-up plain, Through which I wander.

6 Taken ill on my travels, My dreams roam over withered moors.

7 On a journey, ill — and my dreams, on withered fields are wandering still.

8 Ailing on my travels, Yet my dream wandering Over withered moors.

9 Sick on a journey — over parched fields dreams wander on.
There are several ways of reading Zen verse; for instance, the reader may approach it with satori* as an object, or for critical appreciation, or simply for pleasure. In this respect, one probably should not be too rigorous; Zen verse should be accessible to all sorts of readers. But it appears to me that the days may not be very distant when English-speaking readers will find in Zen poetry a source of pure pleasure. I hope that this book will contribute to the creation of such an atmosphere.

In concluding this Note, my hearty thanks are due to the following:
Master Taigan Takayama of Yamaguchi and Master Bunpo Nakamura of Kyoto, learned young disciples of the late Abbot Zenkei Shibayama of Nanzenji Temple, Kyoto; the former furnished me with the Japanese-style readings of the Chinese Zennists' originals, frequently accompanying them with brief comments, whilst the latter enlightened me as to my questions about interpretation of some Chinese pieces, and obtained for us permission from the Daisen-in of Daitokuji Temple, Kyoto, to photograph Shinso’s painting for this book.

The Zen poet Shinkichi Takahashi, who, though he happened to be taking a complete rest, clarified for me a term in one of his poems.

The friendly cooperation of the above Zennists has richly contributed towards securing for our book precision – not formal but essential – and attractiveness, both of which, I hope, will be counted among its features.

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In a suburb of Kyoto, Japan TAKASHI IKEMOTO
November 1976

* Satori: illumination or enlightenment; the state of consciousness of the Buddha-mind.
ACKNOWLEDGEMENTS

If you study Japanese art, you see a man who is undoubtedly wise, philosophic and intelligent, who spends his time how? In studying the distance between the earth and the moon? No. In studying the policy of Bismarck? No. He studies a single blade of grass. But this blade of grass leads him to draw every plant and then the seasons, the wide aspects of the countryside, then animals, then the human figure. So he passes his life, and life is too short to do the whole.

*Vincent Van Gogh to his brother Theo – Arles, 1888*
Part One

CHINESE POEMS OF ENLIGHTENMENT AND DEATH
NOTE: Most of the following Chinese masters and laymen, sixty in all, flourished during the Southern Sung dynasty (1127–1279), but their exact dates, with some exceptions, are missing in biographical records of Chinese Zennists. Among those who can be dated, Mumon-Ekai (Rinzai sectarian and author of *Mumonkan: The Gateless Barrier*, one of the most celebrated collections of disciplinary Zen questions and answers), Tendo-Nyojo (instructor in Soto Zen of Dogen, who, returning home from the continent, founded the Japanese Soto sect) and Daie-Soko (Rinzai Zen leader with a large following) stand out as brilliant figures in Chinese Zen history.
ENLIGHTENMENT

Ox bridle tossed, vows taken,
I'm robed and shaven clean.
You ask why Bodhidharma came east —
Staff thrust out, I hum like mad.

REITO

Twenty years a pilgrim,
Footing east, west.
Back in Seiken,
I've not moved an inch.

SEIKEN-CHIJIU

Once the goal's reached,
Have a good laugh.
Shaven, you're handsomer —
Those useless eyebrows!

KISHU

The old master held up fluff
And blew from his palm,
Revealing the Source itself.
Look where clouds hide the peak.

KAIGEN
The mountain – Buddha’s body.
The torrent – his preaching.
Last night, eighty-four thousand poems.
How, how make them understand?

Layman Sotoba (1036–1101)

How long the tree’s been barren.
At its tip long ropes of cloud.
Since I smashed the mud-bull’s horns,
The stream’s flowed backwards.

Hoge

Joshu’s ‘Oak in the courtyard’ –
Nobody’s grasped its roots.
Turned from sweet plum trees,
They pick sour pears on the hill.

Eian

On the rocky slope, blossoming
Plums – from where?
Once he saw them, Reiun
Danced all the way to Sandai.

Hoin

Joshu’s ‘Oak in the courtyard’
Handed down, yet lost in leafy branch
They miss the root. Disciple Kaku shouts –
‘Joshu never said a thing!’

Monju-Shindo
No dust speck anywhere.
What's old? new?
At home on my blue mountain,
I want for nothing.

SHOFU

Over the peak spreading clouds,
At its source the river's cold.
If you would see,
Climb the mountain top.

HAKUYO

Loving old priceless things,
I've scorned those seeking
Truth outside themselves:
Here, on the tip of the nose.

LAYMAN MAKUSHO

Traceless, no more need to hide.
Now the old mirror
Reflects everything — autumn light
Moistened by faint mist.

SUIAN

No mind, no Buddhas, no live beings,
Blue peaks ring Five Phoenix Tower.
In late spring light I throw this body
Off — fox leaps into the lion's den.

CHIFU
Sailing on Men River, I heard
A call: how deep, how ordinary.
Seeking what I'd lost,
I found a host of saints.

SOAN

In serving, serve,
In fighting, kill.
Tokusan, Ganto —
A million-mile bar!

JINZU

Years keeping that in mind,
Vainly questioning masters.
A herald cries, 'He's coming!'
Liver, gall burst wide.

ANBUN

Seamless —
Touched, it glitters.
Why spread such nets
For sparrows?

GOJUSAN
Clear, clear – clearest!
I ran barefoot east and west.
Now more lucid than the moon,
The eighty-four thousand
Dharma gates!

MOAN

I set down the emerald lamp,
Take it up – exhaustless.
Once lit,
A sister is a sister.

GEKKUTSU-SEI

Not falling, not ignoring –
A pair of mandarin ducks
Alighting, bobbing, anywhere.

NAN-O-MYO

How vast karma,
Yet what's there
To cling to? Last night,
Turning, I was blinded
By a ray of light.

SEIGEN-YUIIN
A deafening peal,
A thief escaped
My body. What
Have I learnt?
The Lord of Nothingness
Has a dark face.

Layman Yakusai

A thunderbolt — eyes wide,
All living things bend low.
Mount Sumeru dances
All the way to Sandai.

Mumon-Ekai (1183–1260)

Where is the dragon’s cave?
Dozing this morn in Lord Sunyata’s
Palace, I heard the warbler.
Spring breeze shakes loose
The blossoms of the peach.

Kanzan-Shigyo

No mind, no Buddha, no being.
Bones of the Void are scattered.
Why should the golden lion
Seek out the fox’s lair?

Tekkan
Earth, river, mountain:
Snowflakes melt in air.
How could I have doubted?
Where's north? south? east? west?

DANGAI

Joshu's word — Nothingness.
In spring blossom everywhere.
Now insight's mine,
Another dust-speck in the eye!

KUCHU

Joshu exclaimed, 'Dog's no Buddha,'
All things beg for life.
Even the half-dead snake
Stuffed in the basket.
Giving to have-nots, taking from
Have-nots — never enough.

ICHIGEN

Searching Him took
My strength.
One night I bent
My pointing finger —
Never such a moon!

KE Paro
DEATH

The fiery unicorn snapped
Its golden chain, moon-hare
Flung wide the silver gate:
Welcome, over Mount Shozan,
The midnight moon.

DAICHU

Seventy-six: done
With this life —
I've not sought heaven,
Don't fear hell.
I'll lay these bones
Beyond the Triple World,
Unenthralled, unperturbed.

FUYO-DOKAI (1042–1117)

A rootless tree,
Yellow leaves scattering
Beyond the blue —
Cloudless, stainless.

SOZAN-KYONIN (9th century?)
Sixty-five years,
Fifty-seven a monk.
Disciples, why ask
Where I'm going,
Nostrils to earth?

UNPO BUN-ETSU

The word at last,
No more dependencies:
Cold moon in pond,
Smoke over the ferry.

KOKO

Sixty-six years
Piling sins,
I leap into hell –
Above life and death.

TENDO-NYOJO (1163–1228)

Sky's not high, earth not solid –
Try to see! Look,
This day, December 25th,
The Northern Dipper blazes south.

SEIHO
Way's not for the blind:
Groping, they might as well
Seek in the Dipper.
Old for Zen combat, only
The plough will comprehend:
I'll climb Mount Kongo, a pine.

TOZAN-GYOSO

'No mind, no Buddha,'
Disciples prattle.
'Got skin, got marrow.'
Well, goodbye to that.
Beyond, peak glows on peak!

SHOZAN

Nothing longed for,
Nothing cast off.
In the great Void —
A, B, C, D.
One blunder, another,
Everyone seeking
Western Paradise!

LAYMAN YOKETSU
Wino, always stumbling,
Yet in drinking
I show most discretion.
Where to wind up,
Sober, this evening?
Somewhere on the river bank
I'll find dawn's moon.

Homyo

Sky-piercing sword, gleaming cold,
Cuts Demons, Buddhas, Patriarchs,
Then moonlit, stirred by wind, sinks
In its jewelled scabbard. Iron bulls
Along the river bank plunge everywhere.

Zui-an

Talking: seven steps, eight falls.
Silent: tripping once, twice.
Zennists everywhere,
Sit, let the mind be.

Shishin-Goshin (?–1339)

High wind, cold moon,
Long stream through the sky.
Beyond the gate, no shadow—
Four sides, eight directions.

Shokaku
Today Rakan, riding an iron horse
Backwards, climbs Mount Sumeru.
Galloping through Void,
I'll leave no trace.

RAKAN-KEINAN

This fellow, perfect in men's eyes,
Utters the same thing over
And over, fifty-six years. Now
Something new - spear trees, sword kills!

IKUO-JOUN

No more head shaving,
Washing flesh.
Pile high the wood,
Set it aflame!

CHITSU

Forty-nine years -
What a din!
Eighty-seven springs -
What pleasures!
What's having? not having?
Dreaming, dreaming.
Plum trees snow-laden,
I'm ready!

UNCHO
Life's as we
Find it — death too.
A parting poem?
Why insist?

**DAIE-SOKO (1089-1163)**

Iron tree blooms,
Cock lays an egg.
Over seventy, I cut
The palanquin ropes.

**WAKUAN-SHITAI (1108-69)**

Seventy-two years I've hung
The karma mirror.
Smashing through,
I'm on the Path!

**IKUO-MYOTAN**

All things come apart.
No saintly sign
In these poor bones —
Strew their ashes
Onto Yangtze waves.
The First Principle, everywhere.

**DAISEN**
Eighty-three years — at last
No longer muzzled.
The oak’s a Buddha,
Void’s pulled down.

KYURIN-EKI

Finally out of reach —
No bondage, no dependency.
How calm the ocean,
Tower ing the Void.

TESSHO

Fifty-three years
This clumsy ox has managed,
Now barefoot stalks
The Void — what nonsense!

SEKISHITSU-SOEI

Coming, I clench my hands,
Going, spread them wide.
Once through the barrier,
A lotus stem will
Drag an elephant!

DANKYO-MYORIN (13th century)
Seventy-eight awkward years –
A clownish lot. The mud-bull
Trots the ocean floor.
In June, snowflakes.

ICHIGEN

How Zennists carry on
About the birthless!
What madness makes me toll,
At noon, the midnight bell?

GEKKO-SOJO

This body won’t pollute
The flowering slope –
Don’t turn that earth.
What need a samadhi flame?
Heaped firewood’s good enough.

SEKIOKU-SEIKYO

Mount Sumeru – my fist!
Ocean – my mouth!
Mountain crumbles, ocean dries.
Where does the jewelled hare leap,
Where reels the golden crow?

KIKO
Part Two

POEMS OF THE JAPANESE ZEN MASTERS
The Western Patriarch's doctrine is transplanted!
I fish by moonlight, till on cloudy days.
Clean, clean! Not a worldly mote falls with the snow
As, cross-legged in this mountain hut, I sit the evening through.

DOGEN (1200–1253)

Coming, going, the waterfowl
Leaves not a trace,
Nor does it need a guide.

DOGEN

The all-meaning circle:
No in, no out;
No light, no shade.
Here all saints are born.

SHOICHI (1202–80)

Clear in the blue, the moon!
Icy water to the horizon,
Defining high, low. Startled,
The dragon uncoils about the billows.

RYUZAN (1274–1358)

Invaluable is the Soto Way —
Why be discipline's slave?
Snapping the golden chain,
Step boldly towards the sunset!

GASAN (1275–1365)
Many times the mountains have turned from green to yellow —  
So much for the capricious earth!
Dust in your eyes, the triple world is narrow;  
Nothing on the mind, your chair is wide enough.

MUSO (1275-1351)

Vainly I dug for a perfect sky,  
Piling a barrier all around.  
Then one black night, lifting a heavy  
Tile, I crushed the skeletal void!

MUSO

At last I’ve broken Unmon’s barrier!  
There’s exit everywhere – east, west; north, south.  
In at morning, out at evening; neither host nor guest.  
My every step stirs up a little breeze.

DAITO (1282-1337)

To slice through Buddhas, Patriarchs  
I grip my polished sword.  
One glance at my mastery,  
The void bites its tusks!

DAITO

I moved across the Dharma-nature,  
The earth was buoyant, marvellous.  
That very night, whipping its iron horse,  
The void galloped into Cloud Street.

GETSUDO (1285-1361)
Thoughts arise endlessly,
There’s a span to every life.
One hundred years, thirty-six thousand days:
The spring through, the butterfly dreams.

_Daichi_ (1290–1366)

Refreshing, the wind against the waterfall
As the moon hangs, a lantern, on the peak
And the bamboo window glows. In old age mountains
Are more beautiful than ever. My resolve:
That these bones be purified by rocks.

_Jakushitsu_ (1290–1367)

He’s part of all, yet all’s transcended;
Solely for convenience he’s known as master.
Who dares say he’s found him?
In this rackety town I train disciples.

_Chikusen_ (1292–1348)

All night long I think of life’s labyrinth –
Impossible to visit the tenants of Hades.
The authoritarian attempt to palm a horse off as deer
Was laughable. As was the thrust at
The charmed life of the dragon. Contemptible!
It’s in the dark that eyes probe earth and heaven,
In dream that the tormented seek present, past.
Enough! The mountain moon fills the window.
The lonely fall through, the garden rang with cricket song.

_Betsugen_ (1294–1364)
Beyond the snatch of time, my daily life.  
I scorn the State, unhitch the universe.  
Denying cause and effect, like the noon sky,  
My up-down career: Buddhas nor Patriarchs can convey it.  

Juo (1296–1380)  

Magnificent! Magnificent!  
No one knows the final word.  
The ocean bed's aflame,  
Out of the void leap wooden lambs.  

Fumon (1302–69)  

For all these years, my certain Zen:  
Neither I nor the world exist.  
The sutras neat within the box,  
My cane hooked upon the wall,  
I lie at peace in moonlight  
Or, hearing water plashing on the rock,  
Sit up: none can purchase pleasure such as this:  
Spangled across the step-moss, a million coins!  

Shutaku (1308–88)
Mind set free in the Dharma-realms,
I sit at the moon-filled window
Watching the mountains with my ears,
Hearing the stream with open eyes.
Each molecule preaches perfect law,
Each moment chants true sutra:
The most fleeting thought is timeless,
A single hair's enough to stir the sea.

SHUTAKU

Why bother with the world?
Let others go grey, bustling east, west.
In this mountain temple, lying half-in,
Half-out, I'm removed from joy and sorrow.

RYUSHU (1308–88)

After the spring song, 'Vast emptiness, no holiness',
Comes the song of snow-wind along the Yangtze River.
Late at night I too play the noteless flute of Shorin,
Piercing the mountains with its sound, the river.

SHUNOKU (1311–88)

How heal the phantom body of its phantom ill,
Which started in the womb?
Unless you pluck a medicine from the Bodhi-tree,
The sense of karma will destroy you.

TESSHU (14th century)
Not a mote in the light above,
Soul itself cannot offer such a view.
Though dawn's not come, the cock is calling:
The phoenix, flower in beak, welcomes spring.

TSUGEN (1322-91)

Men without rank, excrement spatulas,
Come together, perfuming earth and heaven.
How well they get along in temple calm
As, minds empty, they reach for light.

GUCHU (1323-1409)

Life: a cloud crossing the peak.
Death: the moon sailing.
Oh just once admit the truth
Of noumenon, phenomenon,
And you're a donkey-tying pole!

MUMON (1323-90)

INSCRIPTION OVER HIS DOOR

He who holds that nothingness
Is formless, flowers are visions,
Let him enter boldly!

GIDO (1325-88)
Riding backwards this wooden horse,
I’m about to gallop through the void.
Would you seek to trace me?
Ha! Try catching the tempest in a net.

KUKOKU (1328–1407)

The void has collapsed upon the earth,
Stars, burning, shoot across Iron Mountain.
Turning a somersault, I brush past.

ZEKKAI (1336–1405)

The myriad differences resolved by sitting, all doors opened.
In this still place I follow my nature, be what it may.
From the one hundred flowers I wander freely,
The soaring cliff – my hall of meditation
(With the moon emerged, my mind is motionless).
Sitting on this frosty seat, no further dream of fame.
The forest, the mountain follow their ancient ways,
And through the long spring day, not even the shadow of a bird.

REIZAN (?–1411)

Defying the power of speech, the Law Commission on Mount Vulture!
Kasyapa’s smile told the beyond-telling.
What’s there to reveal in that perfect all-suchness?
Look up! the moon-mind glows unsmirched.

MYOYU (1333–93)
My eyes eavesdrop on their lashes!
I'm finished with the ordinary!
What use has halter, bridle
To one who's shaken off contrivance?

EICHU (1340-1416)

Last year in a lovely temple in Hirosawa,
This year among the rocks of Nikko,
All's the same to me:
Clapping hands, the peaks roar at the blue!

HAKUGAI (1343-1414)

Splitting the void in half,
Making smithereens of earth,
I watch inching towards
The river, the cloud-drawn moon.

NANEI (1363-1438)

Serving the Shogun in the capital,
Stained by worldly dust, I found no peace.
Now, straw hat pulled down, I follow the river:
How fresh the sight of gulls across the sand!

KODO (1370-1433)

For seventy-two years
I've kept the ox well under.
Today, the plum in bloom again,
I let him wander in the snow.

BOKUO (1384-1455)
After ten years in the red-light district,
How solitary a spell in the mountains.
I can see clouds a thousand miles away,
Hear ancient music in the pines.

IKKYU (1394-1481)

VOID IN FORM

When, just as they are,
White dewdrops gather
On scarlet maple leaves,
Regard the scarlet beads!

IKKYU

FORM IN VOID

The tree is stripped,
All colour, fragrance gone,
Yet already on the bough,
Uncaring spring!

IKKYU

Taking hold, one’s astray in nothingness;
Letting go, the Origin’s regained.
Since the music stopped, no shadow’s touched
My door: again the village moon’s above the river.

KOKAI (1403-69)
Only genuine awakening results in that.
Only fools seek sainthood for reward.
Lifting a hand, the stone lantern announces daybreak.
Smiling, the void nods its enormous head.

NENSHO (1409–82)

Unaware of illusion or enlightenment,
From this stone I watch the mountains, hear the stream.
A three-day rain has cleansed the earth,
A roar of thunder split the sky.
Ever serene are linked phenomena,
And though the mind’s alert, it’s but an ash heap.
Chilly, bleak as the dusk I move through,
I return, a basket brimmed with peaches on my arm.

GENKO (?–1505)

ON JOSHU’S NOTHINGNESS

Earth, mountains, rivers — hidden in this nothingness.
In this nothingness — earth, mountains, rivers revealed.
Spring flowers, winter snows:
There’s no being nor non-being, nor denial itself.

SAISHO (?–1506)

Why, it’s but the motion of eyes and brows!
And here I’ve been seeking it far and wide.
Awakened at last, I find the moon
Above the pines, the river surging high.

YUIISHUN (?–1544)
Though night after night
The moon is stream-reflected,
Try to find where it has touched,
Point even to a shadow.

TAKUAN (1573–1645)

It's not nature that upholds utility.
Look! even the rootless tree is swelled
With bloom, not red nor white, but lovely all the same.
How many can boast so fine a springtide?

GUDO (1579–1661)

Whirled by the three passions, one's eyes go blind;
Closed to the world of things, they see again.
In this way I live; straw-hatted, staff in hand,
I move illimitably, through earth, through heaven.

UNGO (1580–1659)

Here none think of wealth or fame,
All talk of right and wrong is quelled:
In autumn I rake the leaf-banked stream,
In spring attend the nightingale.

DAIGU (1584–1669)

Who dares approach the lion's
Mountain cave? Cold, robust,
A Zen-man through and through,
I let the spring breeze enter at the gate.

DAIGU
Unfettered at last, a travelling monk,
I pass the old Zen barrier.
Mine is a traceless stream-and-cloud life.
Of those mountains, which shall be my home?

**MANAN (1591–1654)**

Only the Zen-man knows tranquillity:
The world-consuming flame can't reach this valley.
Under a breezy limb, the windows of
The flesh shut firm, I dream, wake, dream.

**FUGAI (17th century)**

The moon's the same old moon,
The flowers exactly as they were,
Yet I've become the thingness
Of all the things I see!

**BUNAN (1602–76)**

When you're both alive and dead,
Thoroughly dead to yourself,
How superb
The smallest pleasure!

**BUNAN**

Beware of gnawing the ideogram of nothingness:
Your teeth will crack. Swallow it whole, and you've a treasure
Beyond the hope of Buddha and the Mind. The east breeze
Fondles the horse's ears: how sweet the smell of plum.

**KARASUMARU-MITSUHIRO (1579–1638)**
Content with chipped bowl and tattered robe,
My life moves on serenely.
The single task: allaying hunger, thirst,
Indifferent to the murmurous world.

**Tosui (1657–1683)**

The seven seas sucked up together,
The dragon god’s exposed.
Backwards flows the stream of Soto Zen:
Enlightened at last, I breathe!

**Gesshu (1618–96)**

ON ENTERING HIS COFFIN

Never giving thought to fame,
One troublesome span of life behind,
Cross-legged in the coffin,
I’m about to slough the flesh.

**Baiho (1633–1707)**

One minute of sitting, one inch of Buddha.
Like lightning all thoughts come and pass.
Just once look into your mind-depths:
Nothing else has ever been.

**Manzan (1635–1714)**
The town's aflame with summer heat,  
But Mount Koma is steeped in snow.  
Such is a Zen-man's daily life –  
The lotus survives all earthly fire.  

TOKUO (1649–1709)

Past, present, future: unattainable,  
Yet clear as the moteless sky:  
Late at night the stool’s cold as iron,  
But the moonlit window smells of plum.  

HAKUIN (1685–1768)

Priceless is one's incantation,  
Turning a red-hot iron ball to butter oil.  
Heaven? Purgatory? Hell?  
Snowflakes fallen on the hearth fire.  

HAKUIN

How lacking in permanence the minds of the sentient –  
They are the consummate nirvana of all Buddhas.  
A wooden hen, egg in mouth, straddles the coffin.  
An earthenware horse breaks like wind for satori-land.  

HAKUIN
You no sooner attain the great void
Than body and mind are lost together.
Heaven and Hell — a straw.
The Buddha-realm, Pandemonium — shambles.
Listen: a nightingale strains her voice, serenading the snow.
Look: a tortoise wearing a sword climbs the lampstand.
Should you desire the great tranquillity,
Prepare to sweat white beads.

HAKUIN

ON BASHO’S ‘FROG’

Under the cloudy cliff, near the temple door,
Between dusky spring plants on the pond,
A frog jumps in the water, plop!
Startled, the poet drops his brush.

SENGAI (1750–1837)

Without a jot of ambition left
I let my nature flow where it will.
There are ten days of rice in my bag
And, by the hearth, a bundle of firewood.
Who prattles of illusion or nirvana?
Forgetting the equal dusts of name and fortune,
Listening to the night rain on the roof of my hut,
I sit at ease, both legs stretched out.

RYOKAN (1757–1831)
My hands released at last, the cliff soars
Ten thousand metres, the ploughshare sparks,
All's consumed with my body. Born again,
The lanes run straight, the rice well in the ear.

KANEMITSU-KOGUN (19th century)

A blind horse trotting up an icy ledge —
Such is the poet. Once disburdened
Of those frog-in-the-well illusions,
The sutra-store's a lamp against the sun.

KOSEN (1808–93)

Madness, the way they gallop off to foreign shores!
Turning to the One Mind, I find my Buddhahood,
Above self and others, beyond coming and going.
This will remain when all else is gone.

TANZAN (1819–92)

It's as if our heads were on fire, the way
We apply ourselves to perfection of That.
The future but a twinkle, beat yourself,
Persist: the greatest effort's not enough.

KANDO (1825–1904)
ON NEW YEAR'S DAY

Fresh in their new wraps, earth and heaven,
And today I greet my eighty-first spring.
Ambition burning still, I grip my nandin staff.
Cutting through all, I spin the Wheel of Law.

NANTEMBO (1839–1925)

The question clear, the answer deep,
Each particle, each instant a reality,
A bird call shrills through mountain dawn:
Look where the old master sits, a rock, in Zen.

SODO (1841–1920)

ON CLIMBING THE MOUNTAIN WHERE BUDDHA TRAINED

However difficult the cliff,
It's only after climbing one's aware.
Leisurely I followed Tathagata’s footsteps.
Roaring below, a tiger chilled the day.

MOKUSEN (1847–1920)

Calm, activity – each has its use. At times
This worldly dust piles mountain-high.
Now the neighbour's asleep, I chant a sutra.
The incense burnt away, I sing before the moon.

SOEN (1859–1919)
Master Joshu and the dog—
Truly exorbitant, their foolishness.
Being and non-being at last
Annihilated, speak the final word!

SOEN

ON VISITING SHORIN TEMPLE,
WHERE BODHIDHARMA ONCE LIVED

The steep slope hangs above
The temple calm. An autumn voyager,
I go by ways neither old nor new,
Finding east, west the mind the same.

SOEN

ON VISITING SOKEI, WHERE THE SIXTH PATRIARCH LIVED

The holy earth is overspread with leaves,
Wind crosses a thousand miles of autumn fields.
The moon that brushes Mount Sokei silvers,
This very instant, far Japan.

TESSHU (1879–1939)
To the willow—
all hatred, and desire
of your heart.

BASHO (1644–94)

Temple bell,  
a cloud of cherry flowers—  
Ueno? Asakusa?

BASHO

Cormorant fishing:
how stirring,  
how saddening.

BASHO

Year’s end—
still in straw hat
and sandals.

BASHO

Come, let’s go
snow-viewing
till we’re buried.

BASHO

Come, see
real flowers
of this painful world.

BASHO
Skylark
sings all day,
and day not long enough.

BASHO

Smell of autumn –
heart longs
for the four-mat room.

BASHO

June rain,
hollyhocks turning
where sun should be.

BASHO

Melon
in morning dew –
mud-fresh.

BASHO

Doling on horseback,
smoke from tea-fires
drifts to the moon.

BASHO

Crow's
abandoned nest,
a plum tree.

BASHO
Wintry day,
on my horse
a frozen shadow.

BASHO

Withered grass,
under piling
heat waves.

BASHO

Shrieking plovers,
calling darkness
around Hoshi-zaki Cape.

BASHO

Journey’s end –
still alive,
this autumn evening.

BASHO

Cedar umbrella,
off to Mount Yoshino
for the cherry blossoms.

BASHO

Autumn moon,
tide foams
to the very gate.

BASHO
Autumn—
even the birds
and clouds look old.

BASHO

Year’s end,
all corners
of this floating world, swept.

BASHO

Buddha’s death-day—
old hands
clicking rosaries.

BASHO

To the capital—
snow-clouds forming,
half the sky to go.

BASHO

Old pond,
leap-splash—
a frog.

BASHO

Girl cat,
so thin
on barley and love.

BASHO
Fish shop —
how cold the lips
of the salted bream.

BASHO

Moor:
point my horse
where birds sing.

BASHO

Sick on a journey —
over parched fields
dreams wander on.

BASHO

Autumn wind,
blasting the stones
of Mount Asama.

BASHO

Tomb, bend
to autumn wind —
my sobbing.

BASHO

Summer grasses,
all that remains
of soldiers’ dreams.

BASHO
Evening bridge,  
a thousand hands  
cool on the rail.

KIKAKU  

Sprinkle water wide –  
for the sparrow,  
the cicada.

KIKAKU  

Sacred night,  
through masks  
white breath of dancers.

KIKAKU  

Cicada chirp –  
fan peddler  
vaults a tree.

KIKAKU  

Above the boat,  
bellies  
of wild geese.

KIKAKU  

Full autumn moon –  
on the straw mat,  
pine shadow.

KIKAKU (1661–1707)
May he who brings
flowers tonight,
have moonlight.

KIKAKU

Summer airing —
trying on a quilt,
strutting around.

KIKAKU

Leaf
of the yam —
raindrop’s world.

KIKAKU

Shrine gate
through morning mist —
a sound of waves.

KIKAKU

A sudden chill —
in our room my dead wife’s
comb, underfoot.

BUSON (1715–83)

Dew on the bramble,
thorns
sharp white.

BUSON
Through snow,
lights of homes
that slammed their gates on me.

BUSON

Ten holy nights —
even tea
chants Namu Amida Butsu.

BUSON

My village —
dragonflies,
worn white walls.

BUSON

In sudden flare
of the mosquito wick,
hers flushed face.

BUSON

Happy traveller:
mosquito wick,
moonlit grasses.

BUSON
Wind in the west,
fallen leaves
gathering in the east.

BUSON

On the iris,
kite's
soft droppings.

BUSON

Short nap —
waking,

spring was gone.

BUSON

Miles of frost —

on the lake
the moon's my own.

BUSON

Over water,
sharp sickles

of reed gatherers.

BUSON

Mountains of Yoshino —
shedding petals,
swallowing clouds.

BUSON
Deer in rain—
three cries,
then heard no more.

BUSON

Swallows,
in eaves of mansions,
of hovels.

BUSON

Dewy morn—
these saucepans
are beautiful.

BUSON

Plum-viewing:
in the gay quarter
sashes are chosen.

BUSON

White lotus—
the monk
draws back his blade.

BUSON

Plum scent
haloing
the moon.

BUSON
Such a moon —
the thief
pauses to sing.

BUSON

In the melon-patch
thief, fox,
meet head-on.

TAIGI (1709–72)

Beyond serenity,
grey kites
in twilight.

TAIGI

Barley’s season —
dust mutes
the midday bell.

TAIGI

Temple in
deep winter grove,
a bonfire’s glow.

TAIGI

Zazen:
fat mosquitoes
everywhere.

TAIGI
In the boat,  
crescent moon's light  
in my lap.

TAIGI

Fallen leaves –  
raking,  
yet not raking.

TAIGI

Thunder –  
voices of drowned  
in sunken ships.

TAIGI

Swellfish eaten,  
he chants nembutsu  
in his sleep.

TAIGI

Cherry blossoms?  
In these parts  
grass also blooms.

ISSA (1763–1827)

Over paddies  
at its foot,  
smoke of Mount Asama.

ISSA
Japanese Haiku

Changing clothes,
but not
the wanderer’s lice.

ISSA

Owls are calling,
‘Come, come,’
to the fireflies.

ISSA

Tonight you too
are rushed,
autumn moon.

ISSA

Just by being,
I’m here —
in snow-fall.

ISSA

Autumn wind,
the beggar looks
me over, sizing up.

ISSA

Lost in bamboo,
but when moon lights —
my house.

ISSA
Buddha Law, shining in leaf dew.

A good world, dew-drops fall by ones, by twos.

Listen, all creeping things – the bell of transience.

Don’t weep, insects – lovers, stars themselves, must part.

Cuckoo sings to me, to the mountain, in turn.

Flies swarming – what do they want of these wrinkled hands?
Where there are humans
you'll find flies, 
and Buddhas.

ISSA

One bath
after another —
how stupid.

ISSA

Farmer,
pointing the way
with a radish.

ISSA

Winter lull —
no talents,
thus no sins.

ISSA

Short night —
scarlet flower
at vine's tip.

ISSA

Let's take
the duckweed way
to clouds.

ISSA
Buddha's Nirvana,
beyond flowers,
and money.

First cicada:
life is
cruel, cruel, cruel.

Autumn evening –
knees in arms,
like a saint.

At prayer,
bead-swinging
at mosquitoes.

When plum
blooms –
a freeze in hell.

Don’t fly off, nightingale –
though your song’s poor,
you’re mine.
Five yen each:
a cup of tea,
the nightingale.

What a world,
where lotus flowers
are ploughed into a field.

Fireflies
entering my house,
don't despise it.

I'm leaving –
now you can make love,
my flies.

Nightingale's song
this morning,
soaked with rain.

Kites shriek
together –
departure of the gods.
Children,
don’t harm the flea,
with children.

ISSA

Borrowing my house
from insects,
I slept.

ISSA

Clouds of mosquitoes —
it would be bare
without them.

ISSA

About the field
crow moves
as if he’s tilling.

ISSA

Autumn wind —
mountain’s shadow
wavers.

ISSA

Watch it — you’ll bump
your heads
on that stone, fireflies.

ISSA
My hut,
thatched
with morning glories.

Skylarks singing –
the farmer
makes a pillow of his hoe.

Never forget:
we walk on hell,
gazing at flowers.

Outliving
them all, all –
how cold.

In this world
even butterflies
must earn their keep.

As we grow old,
what triumph
burning mosquitoes.
Cuckoo’s crying —  
nothing special to do,  
nor has the burweed.

From the bough  
floating down river,  
insect song.

Closer, closer  
to paradise —  
how cold.

Worldly sky —  
from now on  
every year’s a bonus.

First firefly,  
why turn away —  
it’s Issa.

Under cherry trees  
there are  
no strangers.
Be respectful,
sparrows,
of our old bedding.

Mokuboji Temple –
fireflies come even
to the barking dog.

Dew spread,
the seeds of hell
are sown.

In my house
mice and fireflies
get along.

Cries of wild geese,
rumours
spread about me.

Shush, cicada –
old Whiskers
is about.
Geese, fresh greens
wait for you
in that field.

ISSA

Treated shabbily
by fleas, by flies,
day quits.

ISSA

From burweed,
such a butterfly
was born?

ISSA

When I go,
guard my tomb well,
grasshopper.

ISSA

Reflected
in the dragonfly's eye –
mountains.

ISSA

A poor quarter:
flies, fleas, mosquitoes
live forever.

ISSA
No need to cling
to things —
floating frog.

Josō (1662–1704)

About the grave
waves of spring mist —
I barely live.

Josō

These branches
were the first to bud —
falling blossoms.

Josō

Gruel heaped
in a perfect bowl —
sunlight of New Year’s Day.

Josō

How green —
flowering slopes
reflect each other.

Josō

Writing,
rubbing it out —
face of poppy.

Hokushi (1665–1718)
My house gutted—
well, the cherry flowers
had fallen.

HOKUSHI

Sailboats in line,
island
lost in mist.

HOKUSHI

Woman—
how hot the skin
she covers.

LADY SUTE-JO (1633–98)

Are there
short-cuts in the sky,
summer moon?

LADY SUTE-JO

Contending—
temple bell,
winter wind.

KITO (1740–89)

Nightingale,
rarely seen,
came twice today.

KITO
Barley-reaping song,  
smith’s hammer,  
mingling.

KITO

Seaweed  
between rocks —  
forgotten tides.

KITO

How cool,  
forehead touched  
to green straw-mat.

LADY SONO-JO (1649-1723)

Shameful  
these clothes —  
not one stitch mine.

LADY SONO-JO

After dream,  
how real  
the iris.

SHUSHIKI (1669-1725)

Frost of separation —  
father, child  
under one quilt.

SHUSHIKI
Even in my town
now, I sleep
like a traveller.

KYORAI (1651–1704)

After the green storm,
true colour
of the rice-paddy.

KYORAI

Melon –
how well
it keeps itself.

RANSETSU (1654–1707)

Each morn
from the straw raincoat
put out to dry – fireflies.

RANSETSU

Travelling
old armour,
a glistening slug.

RANSETSU

Five rice dumplings
in bamboo leaves –
no message, no name.

RANSETSU
Fly, dare take
the rice grain
on my chin.

_RANSETSU_

Autumn wind —
across the fields,
faces.

_ONITSURA (1660–1738)_

Plum blossoms —
one’s nose,
one’s heart.

_ONITSURA_

Summer airing —
on one pole,
a shroud.

_KYOROKU (1655–1715)_

Even the dumplings
are smaller —
autumn wind.

_KYOROKU_

Night snow,
neighbour’s cock
sounds miles away.

_SHIKO (1665–1731)_
Arid fields,
the only life—
necks of cranes.

SHIKO

Small fish-boats,
after what
as snow covers my hat?

SHIKO

First snow—
head clear,
I wash my face.

ETSUJIN (1656–1739)

Nightingale—
my clogs
stick in the mud.

BONCHO (?–1714)

Piled for burning,
brushwood
starts to bud.

BONCHO

Late spring:
paling rose,
bitter rhubarb.

SODO (1641–1716)
Sudden shower,
cooling lava
of Mount Asama.

Morning frost,
Mount Fuji
brushed lightly.

On the rock
waves can't reach,
fresh snow.

Quivering together —
ears of barley,
butterfly.

One sneeze —
skylark's
out of sight.

Transplanting rice,
he pisses
in a crony's field.
Whales
bellowing dawn,
in icy waters.

GYODAI (1732–93)

Inching
from dark to dark –
seaslug.

GYODAI

Slowly
over cedars,
sunshine, showers.

GYODAI

Forty years –
how sharp
the insect’s cry.

SHIRAO (1735–92)

Mountain mist –
torches dropped
as clouds redden.

SHIRAO

Moonlit night –
by melon flowers,
fox sneezes.

SHIRAO
Were it not for
cries in snow,
would the herons be?

**Lady Chiyo-Jo (1701-75)**

*In the well-bucket,*
*a morning glory —*
*I borrow water.*

**Lady Chiyo-Jo**

Pure brush-clover —
basket of flowers,
basket of dew.

**Ryota (1707-87)**

*On rainy leaves*
glow
*of the village lights.*

**Ryota**

*Tea-kettle,*
*hooked mid-air*
towards heaven.

**Hakuin (1685-1768)**

*Cherry blossoms —*
*so many,*
*I’m bent over.*

**Sobaku (1728-92)**
Mirrored by stream,
swallow darts –
a fish.

Saimaro (1656–1737)

Green, green, green –
herbs splash
the snow-field.

Raizan (1654–1716)

Cloud above lotus –
it too
becomes a Buddha.

Boryu (18th century)

Night frost –
pulsing wings
of mandarin ducks.

Sogi (1421–1502)

Cherry blossoms
dizzying –
my painful neck.

Soin (1604–82)

Cold, yes,
but don’t test
the fire, snow Buddha.

Sokan (1458–1546)
Nameless,
weed quickening
by the stream.

**CHIUN (15th century)**

Buddha:
cherry flowers
in moonlight.

**HOITSU (1760–1828)**

Moving
deep into mist,
chrysanthemums.

**SAMPY (1647–1732)**

Morning glory,
so pure
the dew’s unseen.

**KAKEI (1648–1716)**

Chirping –
grasshopper
in the scarecrow’s sleeve.

**LADY CHIGETSU (17th century)**

Spring plain,
gulped
by the pheasant’s throat.

**YAMEI (18th century)**
Long summer rains –
barley’s tasteless
as the sky.

Mokusetsu (17th century)

Cry of the deer –
where at its depths
are antlers?

Otsuyu (1674–1739)

Skylark
soaring – her young
will starve.

Sora (1649–1710)

Wild geese –
fellow travellers,
all the way to Ise.

Lady Chine-Jo (17th century)

Returning
by an unused path –
violets.

Bakusui (1720–83)

My old thighs –
how thin
by firelight.

Shiseki (1676–1759)
Shameful —
dead grass
in the insect's cage.

SHOHA (?–1771)

Guest gone,
I stroke the brazier,
talk to myself.

SHOZAN (1717–1800)

When bird passes on —
like moon,
a friend to water.

MASAHIDE (1657–1723)

Barn's burnt down —
now
I can see the moon.

MASAHIDE

Imagine —
the monk took off
before the moon shone.

SHIKI (1867–1902)

Thing long forgotten —
pot where a flower blooms,
this spring day.

SHIKI
Storm — chestnuts
race along
the bamboo porch.

SHIKI

Dew, clinging
to potato field,
the Milky Way.

SHIKI

Stone
on summer plain —
world’s seat.

SHIKI

Autumn wind:
gods, Buddha —
lies, lies, lies.

SHIKI

Wicker chair
in pinetree’s shade;
forsaken.

SHIKI

Aged nightingale —
how sweet
the cuckoo’s cry.

SHIKI
Summer sky
clear after rain –
ants on parade.
SHIKI

Heath grass –
sandals
still fragrant.
SHIKI

Among Saga’s
tall weeds,
tombs of fair women.
SHIKI

Evening bell:
persimmons pelt
the temple garden.
SHIKI

Autumn come –
cicada husk,
crackling.
SHIKI

Indian summer:
dragonfly shadows seldom
brush the window.
SHIKI
Midnight sound –
leap up:
a fallen moonflower.

\textsc{shiki}

Sudden rain –
rows of horses,
twitching rumps.

\textsc{shiki}

White butterfly
darting among pinks –
whose spirit?

\textsc{shiki}

Such silence:
snow tracing wings
of mandarin ducks.

\textsc{shiki}
SHINKICHI TAKAHASHI (b. 1901), CONTEMPORARY JAPANESE MASTER
SHELL

Nothing, nothing at all
    is born,
dies, the shell says again
    and again
from the depth of hollowness.
    Its body
swept off by tide – so what?
    It sleeps
in sand, drying in sunlight,
    bathing
in moonlight. Nothing to do
    with sea
or anything else. Over
    and over
it vanishes with the wave.

MUSHROOM

I blow tobacco smoke
into her frozen ear.
A swallow darts above.

Pleasures are like mushrooms,
rootless, flowerless,
shoot up anywhere.

A metal ring hangs
from her ear, mildew
glowing in the dark.
FLIGHT OF THE SPARROW

Sparrow dives from roof to ground,
a long journey – a rocket soars
to the moon, umpteen globes collapse.

Slow motion: twenty feet down, ten billion
years. Light-headed, sparrow does not think,
philosophize, yet all's beneath his wings.

What's Zen? 'Thought,' say masters,
'makes a fool.' How free the brainless
sparrow. Chirrup – before the first 'chi',
a billion years. He winks, another. Head left,
mankind's done. Right, man's born again.
So easy, there's no end to time.

One gulp, swallow the universe. Flutter
on limb or roof – war, peace, care banished.
Nothing remains – not a speck.

'Time's laid out in the eavestrough,'
sparrow sings,
    pecks now and then.

SKY

Climbing the wax tree
to the thundering sky,
I stick my tongue out –
what a downpour!
Sparrow in Withered Field

Feet pulled in, sparrow dead
under a pall of snow.
'Sparrow's a red-black bird,'
someone says, then—
'sun's a white-winged bird.'

If the bird sleeps, so will man:
things melt in air, there's only breathing.
You're visible, nose to feet,
and while an ant guard rams a 2-by-4
genitals saunter down the road.

Budge them, they'll roll over—
pour oil on them, light up.

Atom of thought, ten billion years—
one breath, past, present, future.

Wood's so quiet. I cover my ears—
how slowly the universe crumbles.

Snow in withered field, nothing to touch.
Sparrow's head clear as sky.

Afternoon

My hair's falling fast—
this afternoon
I'm off to Asia Minor.
HAND

I stretch my hand –
everything disappears.

I saw in the snake-head
my dead mother’s face,
in ragged clouds

grief of my dead father.

Snap my fingers –
time’s no more.

My hand’s the universe,
it can do anything.

SWEET POTATO

Of all things living
I’d be a sweet potato,
fresh dug up.

CAMEL

The camel’s humps
shifted with clouds.

Such solitude beheads!
My arms stretch

beyond mountain peaks,
flame in the desert.
RAW FISH AND VEGETABLES

When unborn, my mother minced
time with her rusty knife—
rain-soft, grained like cod-roe.
When ready, I burst from her womb.

Nothing better to do, I try
to relive that first house:
no one else there, however I
kicked touching nothing in
darkness—mite in a whale.

Posterity aeons hence, listen:
time's a white radish, pickled,
yellowing. My father swam that
vinegar's raw fish and vegetables.

DOWNY HAIR

Charmed by a girl's soft ears,
I piled up leaves and burnt them.

How innocent her face
in rising smoke—I longed
to roam the spiral of those ears,
but she clung stiffly
to the tramcar strap, downy
hair fragrant with leafsmoke.
TOAD

‘The instant he boarded the plane
Toad was in London’ – wrong.

Toad’s unaware of distance,
between his belly and man’s,
between himself, the crushing wheel.

‘Shrinking utterly, he’s nowhere’ – right.

London, Tokyo flattened by webbed feet
all at once. In the marsh – no distance, sound –
a scaly back is overgrown with moonflowers.

DRIZZLE

Cat runs the dripping fence,
melts into green shade
hollow as thought lost.

Earth in a claw of dead cat,
guts strewn on pavement –
time, those needle eyes.

In the garret three kittens lap.
An old woman, like a crumpled bill,
tries to recall cat’s name.
SEA OF OBLIVION

Future, past, the sea
of oblivion,
with present capsized.

Sun splits the sea
in two —
one half's already bottled.

Legs spread on the beach,
a woman feels
the crab of memory
crawl up her thigh.
Somewhere
her lover drowns.

Sand-smeared, bathing
in dreams,
the young leap against each other.

CLOUD

I'm cheerful, whatever happens;
a puff in sky —
what splendour exists, I'm there.
MOTHER AND I

While boats list in port
sunset ripens
the forest of Hakone.

Men fall like raindrops:
I perch on
a chair, open my umbrella.

Cloud-burst. Smiling, mother
sits up in
her coffin. Ages ago.

Tomorrow Columbus will reach
(was it?)
Venezuela, this hand

will embrace or kill – takes
but a finger.
Under white sail, the universe.
SHEEP

Awaking on grass, sheep, goat
stay put – how fine doing nothing.
Crow points from dead branch.

Sheep could care less – life, death,
all one where she lies
soft warm wool. Goat bleats,
horns sun-tipped. What’s better
than warmth? sheep muses, sharing
her wonder with goat, with crow.

ETERNITY

Ice on eaves, sparrow melts in my head,
cracked shapeless, no hint of brain.

Sparrow’s long journey. Now road flowers,
young girls breasting wheat.

(Once fry shot upstream towards clouds.)

Sparrow blinked: drifting on the moonlit sea,
a woman, legs octopus arms, waves biting
to black eyes. No need to grasp, no rim,
depth, shallowness – sun’s steering
round the navel, galaxies whirl the spine.
Snow’s hip-high, thighs stiff with frost.
(Sweet as fish, how fresh death’s breeze.)
SPARROW AND BIRD-NET BUILDING

Sparrow's always sleeping —
meanwhile
a building surrounds him.

Snoop, shoot up the
elevator,
quite alone: the building's
a pinch of dust. No day,
night,
so light strikes from

his throat, under a wing
glow
sun, moon, stars. No one's here,

no one's expected for a billion
years.
Sparrow dreams, sparrow knows.
CLAY IMAGE

Near the shrine, humped back,
bird on pole – eyes, warm
as folded wings, reflect
the penumbra of the universe.

On the horizon,
a cylindrical building,
one bird, now mud and stone.

Birth's a crack in the
ground plan. Since universe
is no bigger than its head,
where's the bird to fly?

Who says bird's eyelashes
are short? A lump,
time rolled from nostril.

Cooling the bird's hot tongue,
the unglazed red clay image.

Its eyes dark, and in their
cavities –
minute vibrations, earthquakes.
GODS

Gods are everywhere:
war between Koshi and Izumo tribes still rages.
The all of All, the One
ends distinctions.
The three thousand worlds
are in that plum blossom.
The smell is God.

Braggart Duck

Duck lives forever,
daily. Waking, he finds
he's slept a billion years.
The very centre of the
universe, he has no use
for eyes, ears, feet.
What need for one
who knows his world
of satellite stations?
Freed from time,
changeless. Duck's not
sharp as dog shooting
through space, a rocket.
Besides he's
been there already.
STONE WALL

Flower bursts from stone,
in rain and wind
dog sniffs and aims a leak.
Butterfly-trace through haze
where child splashes.

Over the paper screen,
a woman's legs, white, fast.
No more desire, I'm content.

Later I saw her, hands
behind her back —
repulsing nothing really,
welcoming sun
between her thighs.

Near the stone wall,
a golden branch.
Gale: tiles, roofs whirling, disappearing at once.

Rocks rumble, mountains swallow villages, yet insects, birds chirp by the shattered bridge.

Men shoot through space, race sound. On TV nations maul each other, endlessly.

Why this confusion, how restore the ravaged body of the world?
MOON AND HARE

Things exist alone.
Up on the moon
I spot Hare
in a crater
pounding rice to cakes.
I ask for one.

'What shape?' says Hare.
'One like a rocket.'
'Here – take off!'

Up and out,
pass everything
at once,

free at last –
unaware of
where I'm heading.
LAP DOG

Lap dog in a cloth-wrapped box, moist eyes, nose, I tote you in place of your evaporated mistress.
I'd like to brew down, devour, ten thousand mini-skirted legs.
Body torn, yet spirit's whole, no knife can reach it. Dawn breaks from her buttocks.
Runaway tramcar thunders by, sun-flash! Fling the lap dog down a manhole.
Ha! Sun-blade's in her back.

MOON

Moon shines while billions of corpses rot beneath earth's crust. I who rise from them, soon to join them — all. Where does moon float? On the waves of my brain.
VIMALAKIRTI

Vimalakirti, Vaishali
millionaire, sutra hero,
in bed in his small space —
while you're sick,
I'll lie here.
Revive, I'm whole.

Illness, a notion,
for him body is sod, water —
moves, a fire, a wind.

Vimalakirti, layman hero,
at a word draws galaxies
to the foot of his bed.

SNOWY SKY

The blackbird swooped,
eyes shadowing earth, dead leaves,
feathers tipped with snow.

One finds beaches anywhere,
airports, skies of snow.

Perched on the ticket counter,
blackbird watches
the four-engined plane land,
propellers stilled.

Dead leaves flutter from the sky.
NEAR SHINOBAZU POND

A bream swam by the tramcar window,
the five-tiered pagoda bright in rain.

On the telephone wire, sparrow —
amused, in secret dialogue.

Voiceless, rock glimmers with
a hundred million years.

Day before yesterday, the dead sparrow
hopped on the fish-tank

where froth-eyed salamander
and a tropic fish curled fins.

The sparrow, spot of rose among
the lotus leaves, stirs evening air.
LET'S LIVE CHEERFULLY

Dead man steps over sweaty sleepers
on the platform, in quest of peace.

Thunderously dawn lights earth.

Smashed by the train, head spattered
on the track – not a smudge of brain.

Nothing left: thought – smoke.
A moment – a billion years.

Don't curl like orange peel, don't ape
a mummified past. Uncage eternity.

When self's let go, universe is all –
O for speed to get past time!

ROCKS

Because the stake was driven
in that rice paddy,
world was buried in mud.

Rocks dropped like birds
from the crater:
being is mildew spread on non-being.

Rocks that were women stand,
wooden stakes, everywhere,
give birth to stones.

No-minds – whirling, flying off, birds.
URN

Autumn blast – wild boar
limps, one leg dead grass.
Bird sings, feathers tattered,
eyes stiff twigs.
Boar gives his own.

As those bronze cavities
decay, he fuses into rock,
sets it and bird to flame,
and meteors to the sky.

Boar flashes on the sun,
red tail severed, scorching:
urn, inlaid with gold
and silver, holds the image.

Through night, glittering
with millet seeds,
boar shoots, a comet.
Spring

Spring one hundred years ago
was very warm: it's in my
palm, such life, such gaiety.

Future is a bird streaking
aimlessly, past is dregs –
everything's here, now.

Thought sparking thought
sparking thought: headlands
pocked by time, the ram of tides.

Rock rising, rock sinking.
No space, what was is nowhere –
a hundred years hence,

spring will be as warm.
PEACH BLOSSOM AND PIGEON
(painting by Kiso)

Pink petals of peach blossom,
blue|green pigeon's head,
eyes bamboo slits, rainbow
wings fold in all history.

Black tail down, you fly to
future's end, beyond the sun.

To clear the air, make sweetest
scent, you bulge your breast.

Branch in your coffee-coloured claws,
wait till phantom bubbles burst around.

SPINNING DHARMA WHEEL

A stone relief I never tire of:
life-sized Buddha, broken nose,
hair spiralling, eyes serene moons,
chipped mudra-fingers at the breast,
legs crossed in lotus. Under each arm
a red line streams - warm blood.
Around the halo, angels among flowers,
on either side, beasts, open-mouthed,
on guard. He turns the treasure wheel.
Three thousand years since Buddha
found the morning star - now
sun itself is blinded by his light.
FOUR DIVINE ANIMALS

Snake swam across the blue stream.
You've seen its slough – your own?

Tiger in the white bamboo, eyes hard:
learn from this – to see death
is to see another, never oneself.

I'm char the bamboo grove,
the vermilion sparrow has flown
into a fossil – just like that.

Tortoise moves, a slow fire,
down hill, flushed in sunset –
claws death to shreds, red, brown.

Tiger’s soft tongue laps a dragon
from the sea. Sparrow, riding
a shell-tank, makes for its belly.

What’s this? My body’s shaking with laughter.
A LITTLE SUNLIGHT

Trees in the wood lifeless,
leaves pall the earth.
On a large drift the red-sweatered
woman waits. There's just
a blink of sun, a leaf blows
on her face. The man comes up
quietly, lies down beside her.
Soon she takes off alone,
toting her case. He prays

(I hear him now) all may go well
with her. A plane roars above,
he snuffs his cigarette.

Two dead leaves blow apart.
EXPLOSION

I’m an unthinking dog,
a good-for-nothing cat,
a fog over gutter,
a blossom-swiping rain.

I close my eyes, breathe –
radioactive air! A billion years
and I’ll be shrunk to half,
pollution strikes my marrow.

So what – I’ll whoop at what
remains. Yet scant blood left,
reduced to emptiness by nuclear
fission, I’m running very fast.
RAILROAD STATION

A railroad station, a few
passengers getting on, off,
a closed stall on the platform.

Is it there or in my head,
floating on the creases
of my brain? No need to stay

or leave, a place so quiet:
ticket window, wicket, employees —
none. But there's a samurai

committing suicide. Station
master cocks the camera's eye,
proof of his diligence.

Train skims rails of my brain,
what's hanging to that strap
is briefcase, camera, no man.

ABSENCE

Just say, 'He's out' —
back in
five billion years!
The Penguin Book of Zen Poetry, jointly translated by a Japanese scholar and an American poet, is the largest and most comprehensive collection of its kind to appear in English. It spans 1,500 years—from the early Tang dynasty to the present day—and offers Zen poetry in all its diversity: Chinese poems of enlightenment and haikus, poems of the Japanese masters and many haiku, the quintessential Zen art. Japan's greatest contemporary Zen poet, Shinkichi Takahashi, is also well represented and the volume contains many poems never before rendered into English, as well as numerous examples of Zen painting.

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The cover shows 'Daruma' by Hokusai (1763-1849) © Shirley Gray Ltd.

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