

PSYCHOLOGY OF ZEN I . II

Edited by YOSHIHARU AKISHIGE

Published by Komazawa University, Tokyo, Japan

Distributed by Maruzen Co., Ltd., Tokyo, Japan

6 1/2 x 9 1/2

CONTENTS OF VOLUME I

I. Yoshiharu AKISHIGE: A Historical Survey of the Psychological Studies on Zen	1
II. Yoshiko KOGA and Yoshiharu AKISHIGE: Psychological Study on Zen and Counseling	57
III. Keiko KAWASHIMA and Yoshiharu AKISHIGE: Psychological Studies on Faith and Practice	77
IV. Tomijiro HARADA: Psychological Study on the Mind-Body Relation	91
V. Ryutaro IKEGAMI: Psychological Study of Zen Posture	105
VI. Sachio NAKAMIZO: Psycho-physiological Studies on Respiratory Pattern	135
VII. Hiromoto MATSUMOTO: A Psychological Study of the Relation between Respiratory Function and Emotion	167
VIII. Daikazu MIIKE: Psychological Study on the Individual Differences of Electroencephalography	207
IX. Tetsuo YAMAOKA: Psychological Study of Mental Self-Control	225
Glossary	271

280 pp. US\$ 18.00

CONTENTS OF VOLUME II

I. Yoshiharu AKISHIGE: The Principles of Psychology of Zen	1
II. Koichi ONO: Psychological Study on Attitude of Belief	64
III. Eiju SHINOHARA: A Psychological Study on Lotus-Posture and Zen Meditation	79
IV. Tamotsu NAKAMURA: A Psychological Study on the Body Regulation in Zen	110
V. Hiroyuki TOMURA: A Psychological Study on 'Kimhin' in Zen	138
VI. Chosetsu NAGASHIMA, Yukio IKAWA, and Yoshiharu Akishige: Studies on 'Jāsoku'	153
VII. Chosetsu NAGASHIMA: The Physiological Considerations on the Relationship among Extracellular Fluid of Cerebral Cortex, Hyperventilation and $Paco_2$ from the Viewpoint of Zazen	156
VIII. Suehiro ANDO: A Psychological Study on the Effects of Breath Regulation to Mental Self-Control	160
IX. Shinichi TAKEDA: A Psychological Study on 'Zenjō' and Breath Regulation	208
X. Masayuki DOI: Psychological Study of the Relation between Respiratory Function and Mental Self-Control	233
XI. Tetsuo YAMAOKA: Psychological Study of Mental Self-Control (II)	247
XII. Yasutomi TANIGUCHI: Psychological Studies on Concentration and No-Contrivance	292
XIII. Hideroshi MAJIMA: Psychological Study on 'Jōshin'	320
XIV. Nobushige SATO: Psychophysiological Study on 'Zenjō'	342
XV. Tadashi CHIHARA: Psychological Studies on Zen Meditation and Time-Experience	361
XVI. Shoji NAKAMURA: A Psychological Study of Life in a Zen Monastery	399
XVII. Kyoko AKISHIGE: Developmental-Psychological Studies on Zazen of Children	435
XVIII. Yuji SASAKI: Possibilities of Zen Therapy	457
XIX. Munekazu ZAMAMI and Masakatsu OKADA: Psychiatric Consideration on Zen Therapy	467

479 pp. US\$ 30.00